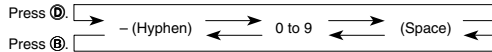


- After you select the character you want, press **C** to advance the cursor to the right.
 - Repeat steps 3 and 4 until you complete name input.
 - You can input up to 8 characters in the name area.
- After the name input is through, use **C** to move the cursor to the number area.
- While the cursor is in the number area, use **B** or **D** to input a number you want. The character changes in the following sequence. Holding down either button changes the character at high speed.



- After you select the character you want, press **C** to advance the cursor to the right.
 - Repeat steps 6 and 7 until you complete number input.
- After inputting the data you want, press **A** to store it into memory.
- The message "SORT" appears on the display for a few seconds.
- The name area shows only 5 characters, but automatically scrolls from right to left to show all of the characters that make up the text.

To scroll through File data

In the normal File Mode (when the display is not flashing), press **D** to scroll forward or **B** to scroll backward through stored data.

- The data item that is displayed when you exit the File Mode will be the first data to appear when you enter the File Mode again.

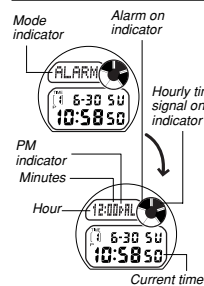
To edit File data

- In the File Mode, use **B** and **D** to scroll through the data items and display the one you want to edit.
- Hold down **A** until the flashing cursor appears on the display.
- Use **C** to move the cursor to the character you want to change.
- Use **B** or **D** to select the character you want.
 - For details, see "To input File data" (steps 3 through 4 for name input, or 6 through 7 for number).
- After editing the data, press **A** to store it.

To delete File data

- In the File Mode, use **B** and **D** to scroll through the data items and display the one you want to delete.
- Hold down **A** until the flashing cursor appears on the display.
- Press **B** and **D** at the same time to delete the data item.
- The message "CLR" (clear) appears on the display for a few seconds.
- At this time the cursor appears on the display ready for input.
- Input data or press **A** to return to the File Mode.

Alarm Mode



When the Daily Alarm is turned on, the alarm sounds for 20 seconds at the preset time each day. Press any button to stop the alarm after it starts to sound. When the Hourly Time Signal is turned on, the watch beeps every hour on the hour.

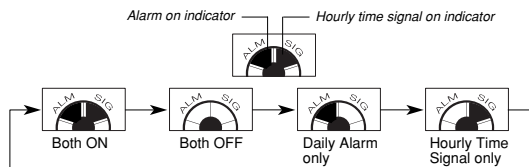
- The alarm sounds when the time selected for basic timekeeping in the Timekeeping Mode (TIME 1 or TIME 2) matches the alarm time you set.

To set the alarm time

- Hold down **A** while in the Alarm Mode. The hour digits flash on the display because they are selected. At this time the Daily Alarm is turned on automatically.
- Press **C** to change the selection in the following sequence.
- Press **D** to increase the selected digits and **B** to decrease them. Holding down either button changes the selection at high speed.
 - The format (12-hour and 24-hour) of the alarm time matches the format you select for normal timekeeping.
 - When setting the alarm time using the 12-hour format, take care to set the time correctly as morning (no indicator) or afternoon (P).
- After you set the alarm time, press **A** to return to the Alarm Mode.
- If you do not operate any button for a few minutes while a selection is flashing, the flashing stops and the watch goes back to the Alarm Mode automatically.

To switch the daily alarm and hourly time signal on and off

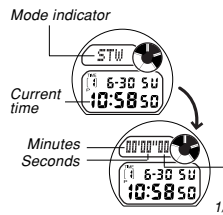
Press **D** while in the Alarm Mode to change the status of the daily alarm and hourly time signal in the following sequence.



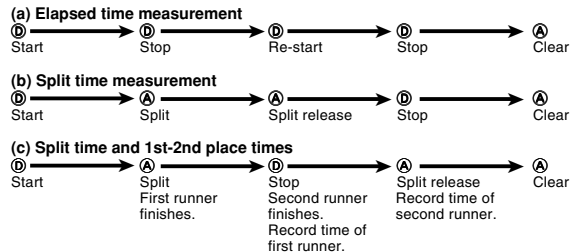
To test the alarm

Hold down **D** while in the Alarm Mode to sound the alarm.

Stopwatch Mode



The Stopwatch Mode lets you measure elapsed time, split times, and two finishes. The range of the stopwatch is 59 minutes, 59.99 seconds.



Auto Display Function

The Auto Display function of this watch continually changes the contents of the display. Note that you cannot use any of the watch's other functions while the Auto Display function is operating.

To turn the Auto Display on

Hold down **C** for about two or three seconds in any mode until the watch beeps.

To turn the Auto Display off

Hold down **C** for about two or three seconds until the watch beeps. At this time the watch is in the Timekeeping Mode.

Note

The Auto Display function cannot be performed while you are making settings (i.e. while digits or other setting are flashing on the display).

City Code Table

| City Code | City | GMT differential | City Code | City | GMT differential |
|-----------|-------------|------------------|-----------|----------------|------------------|
| ADL | ADELAIDE | +9.5 | LON | LONDON | +00 |
| ANC | ANCHORAGE | -09 | MEX | MEXICO CITY | -06 |
| BER | BERLIN | +01 | MIA | MIAMI | -05 |
| BKK | BANGKOK | +07 | MIL | MILAN | +01 |
| CAI | CAIRO | +02 | MLE | MALE | +05 |
| CCS | CARACAS | -04 | NOU | NOUMEA | +11 |
| CHI | CHICAGO | -06 | NYC | NEW YORK | -05 |
| DAC | DHAKA | +06 | PAR | PARIS | +01 |
| DEL | DELHI | +5.5 | PPG | PAGO PAGO | -11 |
| DEN | DENVER | -07 | RGN | YANGON | +6.5 |
| DXB | DUBAI | +04 | RIO | RIO DE JANEIRO | -03 |
| GUM | GUAM | +10 | ROM | ROME | +01 |
| HKG | HONG KONG | +08 | SEL | SEOUL | +09 |
| HNL | HONOLULU | -10 | SFO | SAN FRANCISCO | -08 |
| IST | ISTANBUL | +02 | SIN | SINGAPORE | +08 |
| JED | JEDDAH | +03 | SYD | SYDNEY | +10 |
| JRS | JERUSALEM | +02 | THR | TEHRAN | +3.5 |
| KBL | KABUL | +4.5 | TYO | TOKYO | +09 |
| KHI | KARACHI | +05 | WLG | WELLINGTON | +12 |
| LAX | LOS ANGELES | -08 | YVR | VANCOUVER | -08 |

*Based on data as of December 2001.

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