ELLIPTICAL TRAINERS



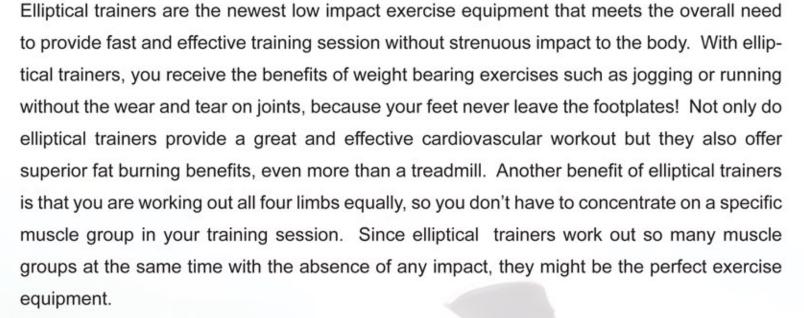
SYNCROSS V³



Research has shown that elliptical cross trainers offer the needed exercise to maintain healthy bone density and a body's general well being without strain on joints and back.

Our Syncross V3 aims for maximum stability in any training regime through our proprietary steel tunnel tubing and wishbone frame design. The KETTLER® Ergonomic System™ in the Syncross V3 creates a natural sequence of movements through an adjustable stride length, bio-mechanically optimum tread distance and flat ellipse. What this means is that the Syncross V³ offers a totally impact free workout to the most dedicated athlete down to the casual user.

In addition, the Syncross V³ features our revolutionary Dynamic Power System™ which is a motorized slope adjustment system that creates natural terrain profiles that exercises muscle groups other than the ones normally worked out with traditional cross trainers.





Training computer with chip-card reader for storing user-specific data



The adjustable stride length allows individual control of movement sequence

ERGONOMIC SYSTEM



Biomechanically optimum distance between tread surfaces



- 48 Program training computer with KETTLER® Card Reading/Storing technology with recovery
- Key pad control for adjusting resistance in manual program mode
- SIEMENS® electronic VGA and LCD high resolution display with blue backlight display and graphic load profile
- Easy Com™ reading allows the rider to just start & go or guides them through the operations step by step
- The KETTLER® eSYS™ System allows for perfect ergonomic, biomechanical and electronic adjustments for the beginner to the most demanding athlete
- KETTLER® USB interface allows downloads of interactive software and exchangeable pre-set programs from www.kettlerusa.com
- KETTLER® Induktions Brake System™ adaptable manual or programmable 25-600 watt electro-magnetic resistance range allows for variable users and 115 levels of training with no friction nor wear to brake system components
- 97 lbs Drive System offers a smooth, fluid and effortless glide that provides an ultra low impact and natural elliptical motion eliminating the bouncing up and down of most elliptical trainers
- · A 14-22 inch stride length and 400lb weight capacity comfortably accommodates users from 5' to 6'8"
- Wireless Polar® T34 heart rate transmitter included
- Console controlled adjustable incline and decline (-10/+10) allows changes to the elliptical pattern and address additional muscle groups during workout
- The 2" width spacing of the oversized foot platforms and ergonomically correct swing arms assure proper biomechanical body positioning and a comfortable total body workout
- · Full Commercial Warranty: 2 years parts, 1 year labor, lifetime frame









Free Manuals Download Website

http://myh66.com

http://usermanuals.us

http://www.somanuals.com

http://www.4manuals.cc

http://www.manual-lib.com

http://www.404manual.com

http://www.luxmanual.com

http://aubethermostatmanual.com

Golf course search by state

http://golfingnear.com

Email search by domain

http://emailbydomain.com

Auto manuals search

http://auto.somanuals.com

TV manuals search

http://tv.somanuals.com