



955e



90 SERIES

CARDIO STAIRCLIMBERS

Step up to a full line of cardio

The 90 Series stairclimbers complete our family of cardio products and add even more depth to your offering. The technology and ergonomic design of these virtually maintenance-free, self-powered, independent-motion stairclimbers will give your facility a leg up on the competition.

Performance features

▶ SMOOTH-STEPPING EXERCISE

The IsoTrack™ climbing system with mono-roller, belt-driven design ensures a smooth, low-impact exercise experience.

▶ ERGONOMIC EXPERTISE

The ergonomically angled linear slide mechanism mimics a natural stepping motion and develops each leg independently for balanced results. Handlebars provide support and help ensure biomechanically correct posture.

▶ SELF-POWERED CONVENIENCE

You can place your stairclimbers anywhere in your facility. (Models with integrated or attachable LCD screens require external power source.)

▶ HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the ergonomically correct handlebars to provide precise heart rate monitoring, and Polar telemetry provides accurate, “hands-free” heart rate monitoring.

(See specifications on page 42 for heart rate monitoring system availability.)

▶ MOTIVATING WORKOUT VARIETY

Zone Training+™ workouts automatically adjust the resistance level to keep users in their target heart rate zone. Goal-based workouts and interval workouts keep users motivated.

HIGHLIGHTED FEATURE

▶ SUPERIOR BELT-DRIVEN SYSTEM



Exercisers get the smooth, popular independent stepping action they want, and you get the virtually maintenance-free belt-drive system you need. Only Life Fitness combines these great features in one outstanding stairclimbing machine.



□ 955e

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- E³ Integrated LCD™ System with Touch Screen Technology
- Heart Rate Monitoring: Lifepulse™ hand sensors and Polar® telemetry
- 26 workouts, including 5 ZoneTraining+™ workouts
- User can select from up to 13 different languages
- Integrated reading rack and accessory tray
- E³ Integrated LCD™ System
 - FM radio-ready
 - Up to 180 available channels



□ 955i

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- Dual-level alphanumeric LED console
- Heart Rate Monitoring: Lifepulse™ hand sensors and Polar® telemetry
- 26 workouts, including 5 ZoneTraining+™ workouts
- User can select from up to 9 different languages
- Integrated reading rack and accessory tray
- Self-powered; optional plug-in accessory
- Available with Attachable LCD with E-Z TV™ Console (95SEZ) or Attachable LCD Entertainment System

*Actual product colors may differ from printed images shown. See page 42 for complete specifications.



□ 935

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- Alphanumeric LED console
- Heart Rate Monitoring: Polar® telemetry
- 17 workouts, including 5 ZoneTraining+™ workouts
- User can select from up to 9 different languages
- Integrated reading rack and accessory tray
- Self-powered
- Available with Attachable LCD Entertainment System



□ 905

- IsoTrack™ Climbing System
- Optional ergonomically designed handlebars for support and proper upright position
- Alphanumeric LED console
- Heart Rate Monitoring: Polar® telemetry is optional in U.S.
- 8 workouts, 2 ZoneTraining+™ workouts optional in U.S.
- User can select from up to 9 different languages
- Integrated reading rack and optional accessory tray
- Self-powered
- Available with Attachable LCD Entertainment System

Stairclimbers

KEY:
 • Standard ◦ Optional – Unavailable

	95Se	95Si	93S	90S
HEART RATE MONITORING				
Polar® Telemetry (chest strap required)	•	•	•	◦
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)	•	•	–	–
WORKOUTS				
Classic Workouts: Hill, Random, Manual, Quick Start	•	•	•	•
Zone Training+™ Heart Rate Workouts	•	•	•	•
- Cardio, Fat Burn	•	•	•	•
- Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate	•	•	•	–
Interval Workouts: Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed Training	•	•	•	–
Goal Workouts	•	•	•	•
- Watts, METs	•	•	•	•
- Calories, Distance, Time in Zone	•	•	–	–
Personal Trainer Workouts: 6 Customizable Workouts	•	•	–	–
Customized Cool Down	•	•	•	–
DISPLAY READOUT				
Elapsed Time, Total Calories Burned, Workout Profile, Resistance Level, Floors Per Minute, Total Floors Climbed	•	•	•	•
Calories Burned Per Hour, Watts, METs	•	•	•	–
Heart Rate	•	•	•	•
Language Choices*	13	9	9	9
DISPLAY TYPE				
E ³ Integrated LCD™ System: For more information see LCD Solutions on page 43	•	–	–	–
LED	–	•	–	–
- Alphanumeric message center, workout profile and lower level time/level display	–	•	–	–
- Alphanumeric message center and workout profile	–	–	•	•
SPECIAL FEATURES				
IsoTrack™ Climbing System	•	•	•	•
Integrated Reading Rack	•	•	•	•
Integrated Accessory Tray	•	•	•	◦
Support Handlebars	•	•	•	◦
Oversized Non-slip Pedals	•	•	•	•
Front Wheels for Easy Mobility	•	•	•	•
Dedicated Keypad	–	•	–	–
On-the-Fly Programming	•	•	•	–
Resistance Levels	21	20	20	20
Plug-in Accessory	•	◦	–	–
Service Enhancements: Manager's Optional Settings and Service Diagnostics	•	•	•	•
Networking Capabilities: CSAFE-Ready, FitLinxx Certified	•	•	◦	–
Attachable LCD Entertainment Solutions: For more information see LCD Solutions on page 43	–	◦	◦	◦
TECHNICAL SPECIFICATIONS				
Maximum User Weight: 350 lbs (160 kg)	•	•	•	•
Power Requirements	•	◦	–	–
- AC power line, 115 volt, 15 amp (voltage may vary outside U.S.)	•	◦	–	–
- Self-Powered	–	•	•	•
- Auto Start: brings power to console when user begins pedaling	•	•	•	–
Length	50" (127 cm)			
Width	32" (81 cm)			
Height	64.5" (164 cm)			
Unit Weight	170 lbs (77 kg)	165 lbs (75 kg)	155 lbs (70 kg)	
Warranty**	•	•	•	•
- 2-year limited warranty on all mechanical and electrical components	•	•	•	•
- 1-year labor	•	•	•	–
- Attachable LCD Entertainment System option: 2-years electrical and mechanical parts; 90 days labor	–	•	•	•

*Japanese available with CCD console. **Warranties outside the U.S. may vary. Specifications subject to change.

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