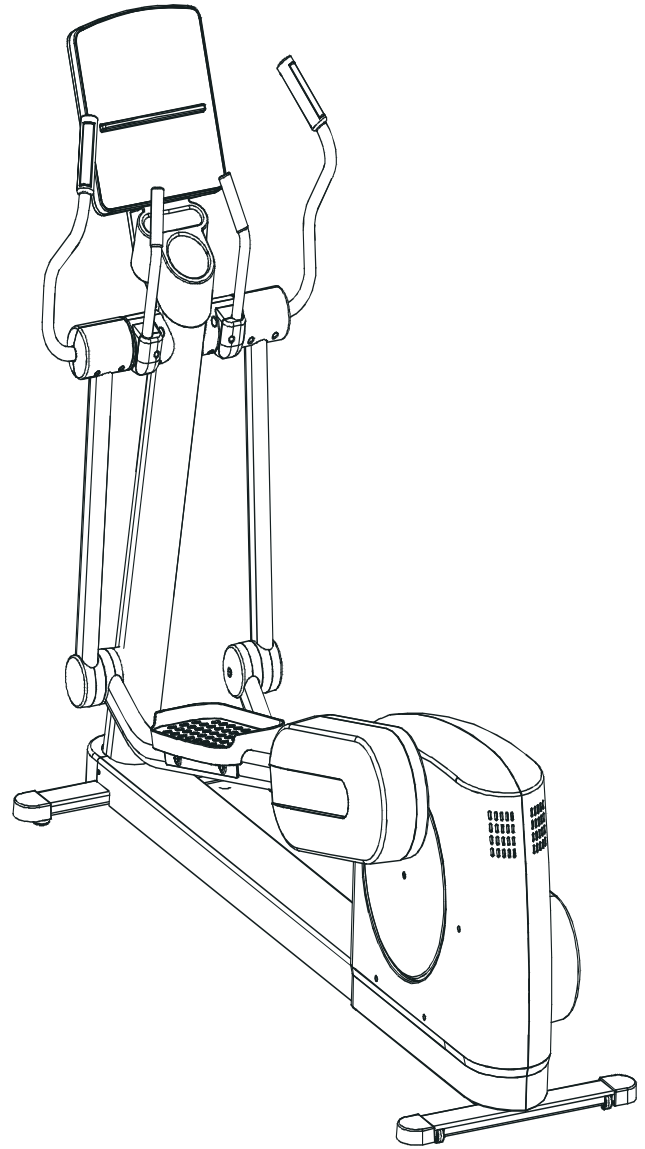
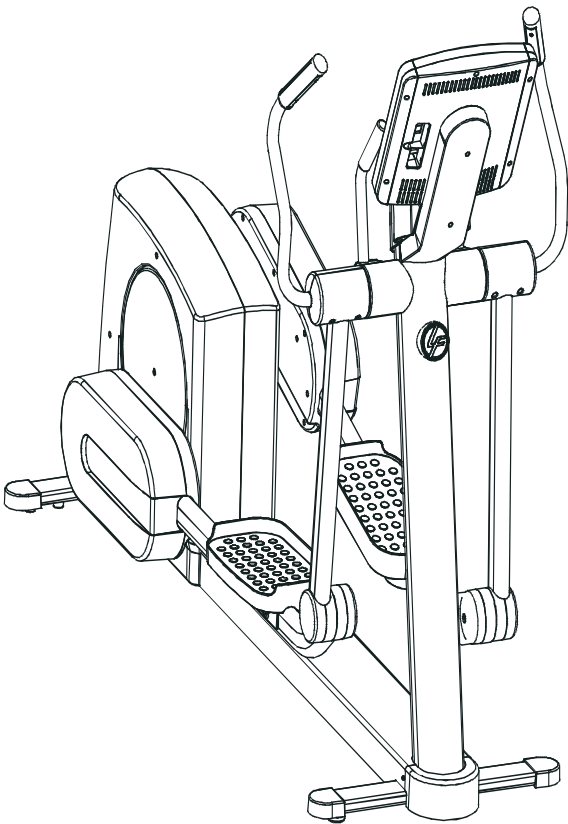


# LifeFitness

ARCTIC SILVER QUIET DRIVE  
CROSS-TRAINER 95X-0XXX-03 (MADE IN HUNGARY)



Customer Support Services  
**PARTS MANUAL** rev 14 Jun 2010

**ARCTIC SILVER QUIET DRIVE 95Xi**  
**REFERENCES**

**95X-0XXX-03**  
**S/N XHA060101183**

---

OPERATION MANUAL	M051-00K62-A107
SERVICE MANUAL	M051-00K62-A149
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	0017-00008-0204 0017-00008-0205 0017-00008-0206
HARDWARE BAG	AK62-00152-0001
PLUG IN OPTION 120/60	GK62-00002-0018
PLUG IN OPTION 240/50 UK	GK62-00002-0019
PLUG IN OPTION 240v AUS	GK62-00002-0020
PLUG IN OPTION 230/50 CONT	GK62-00002-0021

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**Note: The 95Xi comes with both Telemetry and LifePulse sensors.**

# ARCTIC SILVER QUIET DRIVE 95Xi

## Console Support & Deadshaft Covers

95X-0XXX-03

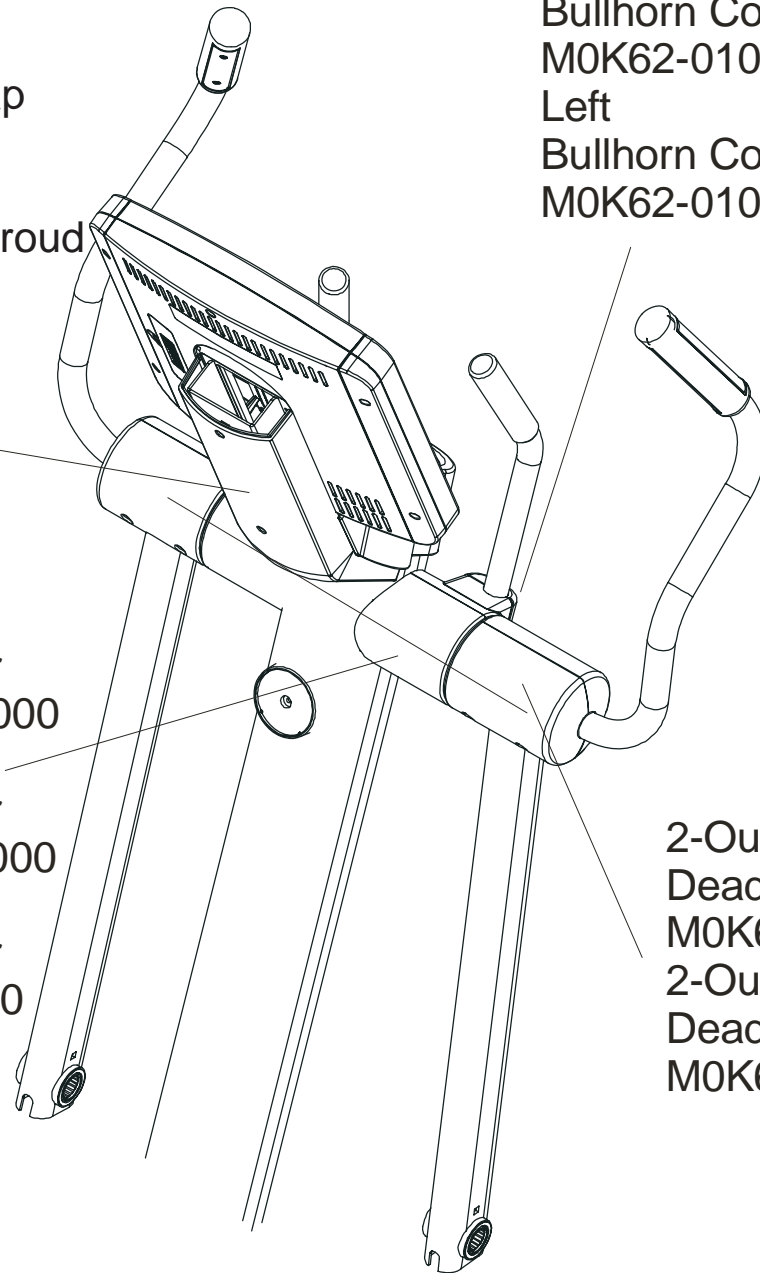
S/N XHA060101183

Console Support  
AK62-00123-0000  
Console Support Cap  
OK62-01030-0001  
(Stealth Gray)  
Console Support Shroud  
OK62-01023-0001  
(Stealth Gray)  
OK62-01031-0001  
(Stealth Gray)

Right  
Bullhorn Cover  
MOK62-01007-0001  
Left  
Bullhorn Cover  
MOK62-01008-0001

Right Inside  
Deadshaft Cover  
MOK62-01010-0000  
Left Inside  
Deadshaft Cover  
MOK62-01011-0000  
2-Front Inside  
Deadshaft Cover  
OK62-01009-0000

2-Outside Front  
Deadshaft Cover  
MOK62-01013-0000  
2-Outside Rear  
Deadshaft Cover  
MOK62-01012-0000



# ARCTIC SILVER QUIET DRIVE 95Xi

## Handlebars and Bullhorns

95X-0XXX-03

S/N XHA060101183

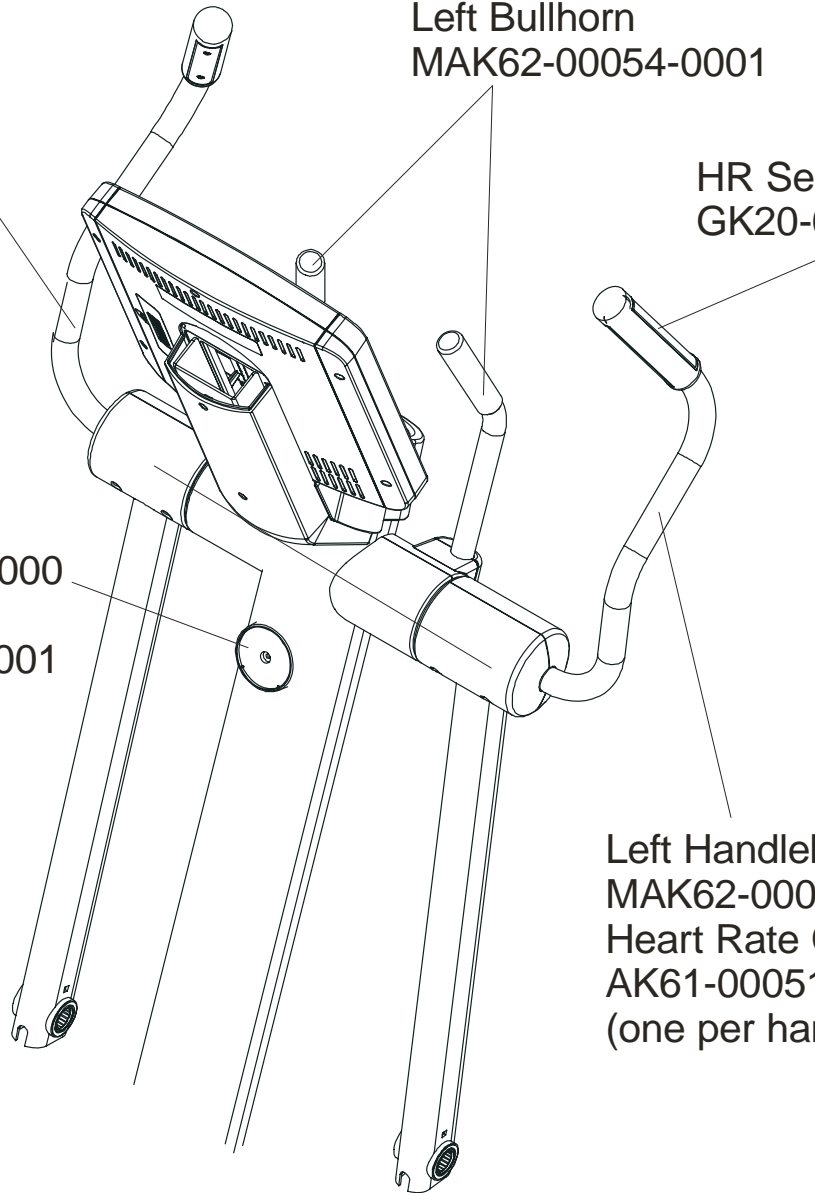
Right Handlebar  
MAK62-00086-0000

\*Right Bullhorn  
MAK62-00053-0001  
Left Bullhorn  
MAK62-00054-0001

HR Sensor Kit  
GK20-00002-0005

Medallion Bug  
AK58-00245-0000  
Bug Adaptor  
OK62-01034-0001

Left Handlebar  
MAK62-00087-0000  
Heart Rate Cable  
AK61-00051-0001  
(one per handlebar)



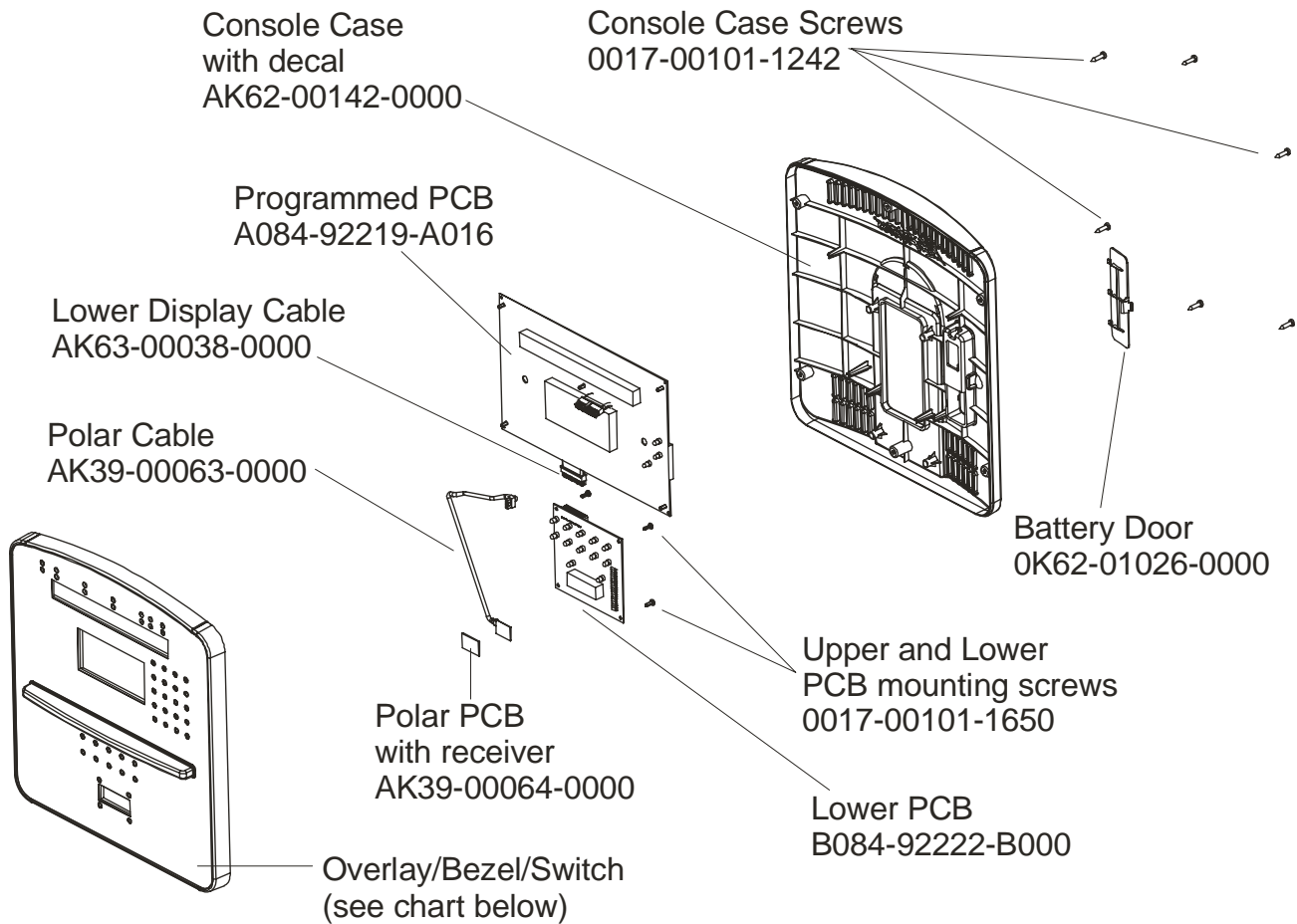
\*Right Bullhorn Assembly consists of: AK62-00057-0001 Bullhorn,  
MOK62-01136-0000 Grip and MOK62-01199-0000 Gasket  
Left Bullhorn Assembly consists of: AK62-00058-0001 Bullhorn,  
MOK62-01136-0000 Grip and MOK62-01199-0000 Gasket

# ARCTIC SILVER QUIET DRIVE 95Xi

## Console & Related components

95X-0XXX-03

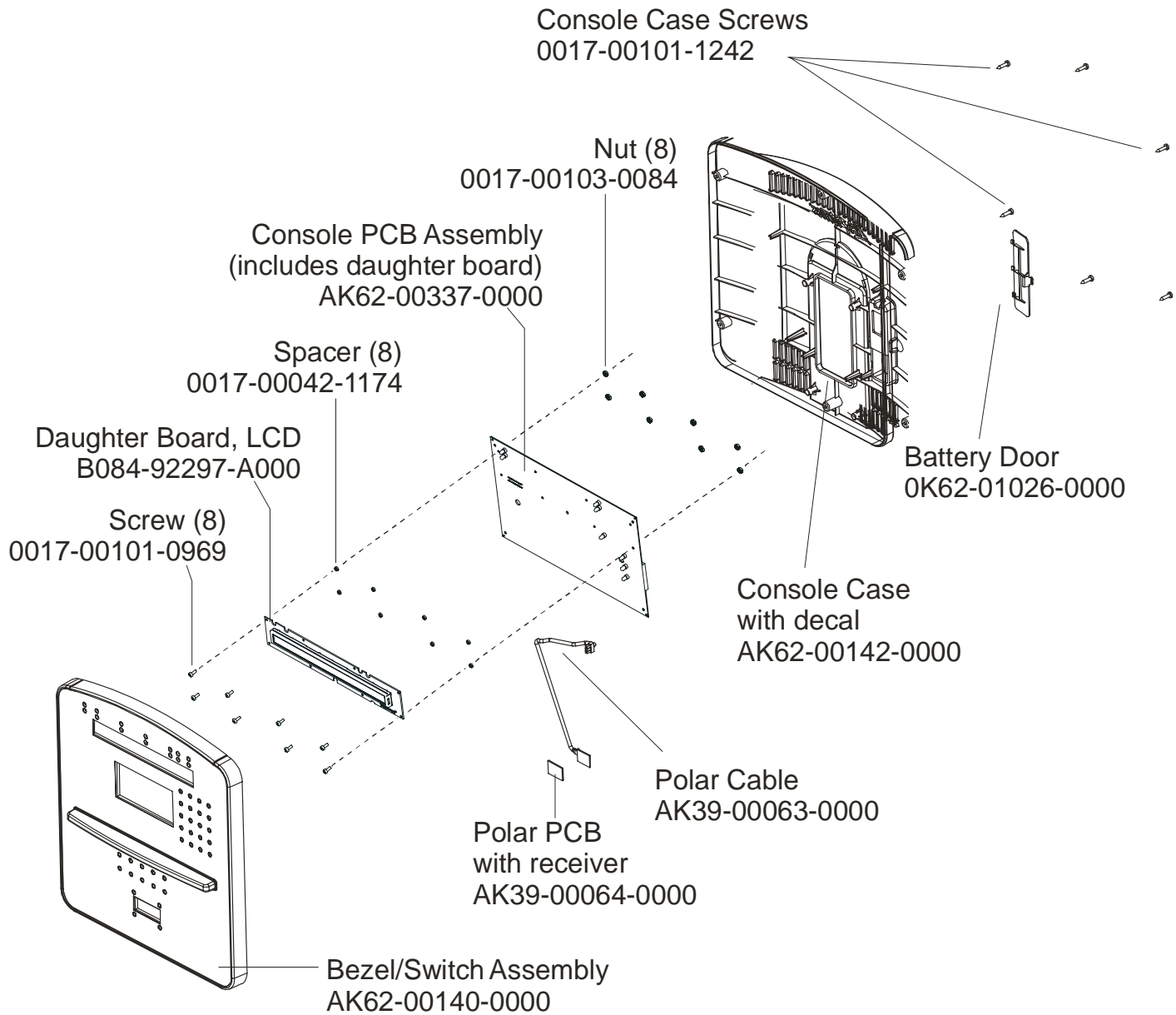
S/N XHA060101183



CONSOLE	OVERLAY/BEZEL/SWITCH	LANGUAGE
AK62-00329-0001	AK62-00191-0001	Eng + Met
AK62-00329-0003	AK62-00191-0003	Ger/Met
AK62-00329-0004	AK62-00191-0004	Spn/Met
AK62-00329-0006	AK62-00191-0006	Jap/Met
AK62-00329-0007	AK62-00191-0007	Frn/Met
AK62-00329-0008	AK62-00191-0008	Ital/Met
AK62-00329-0009	AK62-00191-0009	Dut/Met
AK62-00329-0010	AK62-00191-0010	Port/Met
AK62-00329-0014	AK62-00191-0014	Turk/Met

**ARCTIC SILVER QUIET DRIVE 95Xi**  
**NDT Console & Related components**

**95X-0XXX-03**  
**S/N XHA060101183**



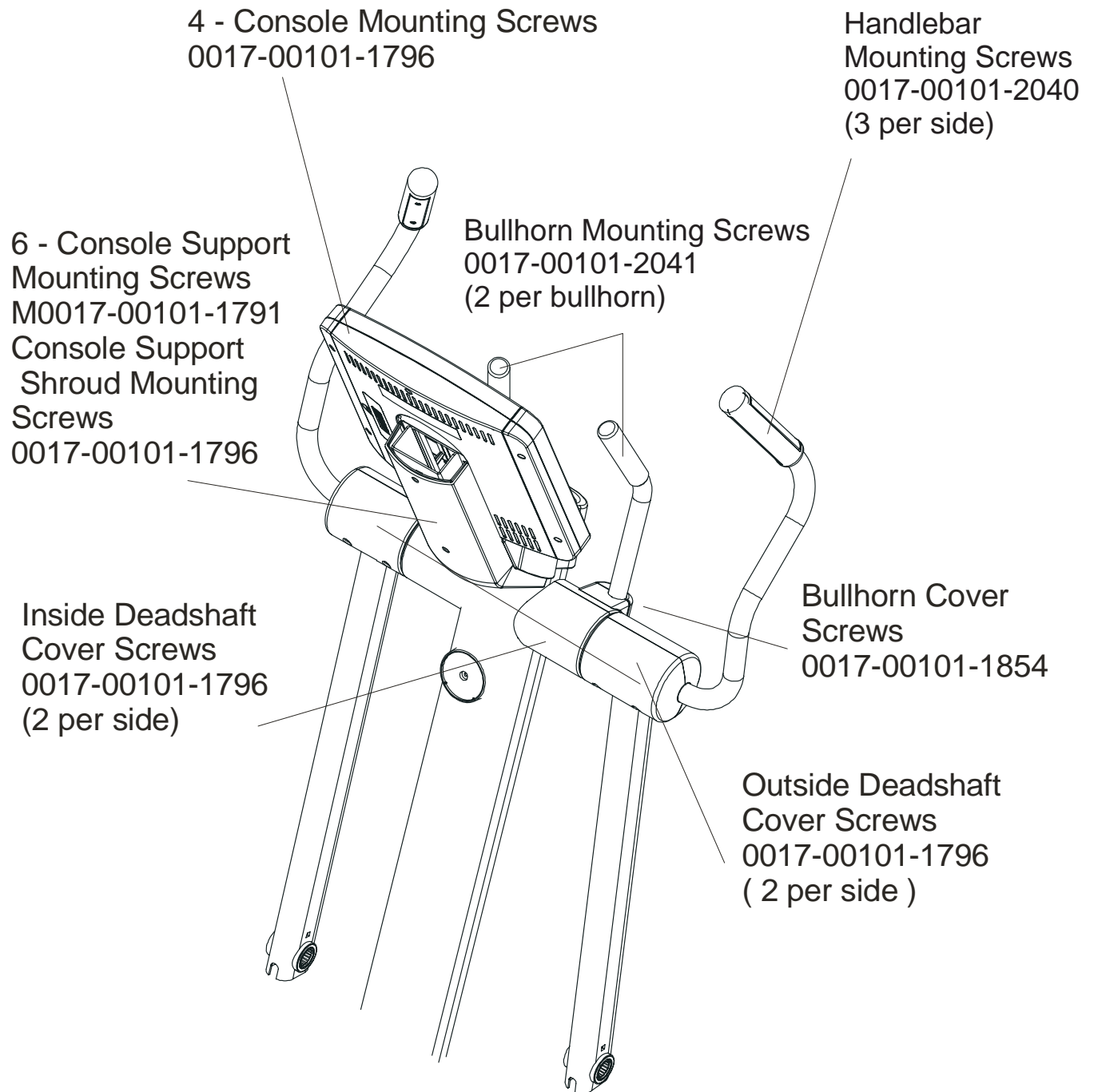
CONSOLE	OVERLAY	LANGUAGE
AK62-00329-0005	0K62-01159-0002	Jap/LCD
AK62-00329-0011	0K62-01159-0011	Chi/LCD
AK62-00329-0012	0K62-01159-0012	Kor/LCD
AK62-00329-0013	0K62-01159-0013	Rus/LCD

# ARCTIC SILVER QUIET DRIVE 95Xi

## Upper Frame Hardware

95X-0XXX-03

S/N XHA060101183



### Items Not Shown:

Accessory Tray	0K62-01022-0001 (Stealth Gray)
Mounting Screws (2)	0017-00101-1846



# ARCTIC SILVER QUIET DRIVE 95Xi

## Rocker Arms & Pedal Levers

95X-0XXX-03

S/N XHA060101183

Rocker Arms Kit  
GK62-00002-0070  
contents:

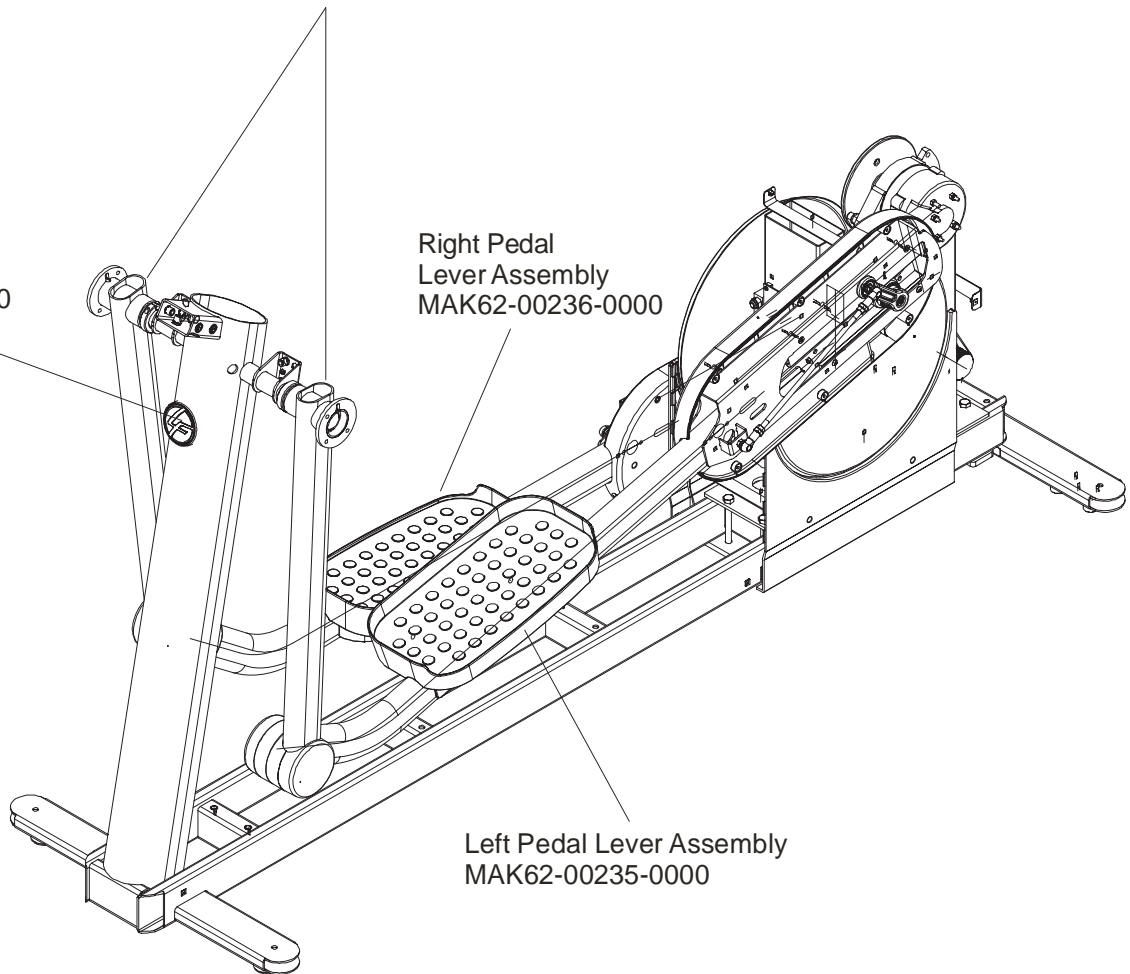
- Rocker Arms (2)
- Hardened Spacers (2)
- Oilite Washers (2)
- Retaining Rings (2)
- Loctite 620
- Alcohol pad

Rocker Arms  
AK62-00062-0001  
Shaft Collar w/Screws  
0K61-01259-0000

LF Bug  
Medallion Assy.  
AK58-00245-0000

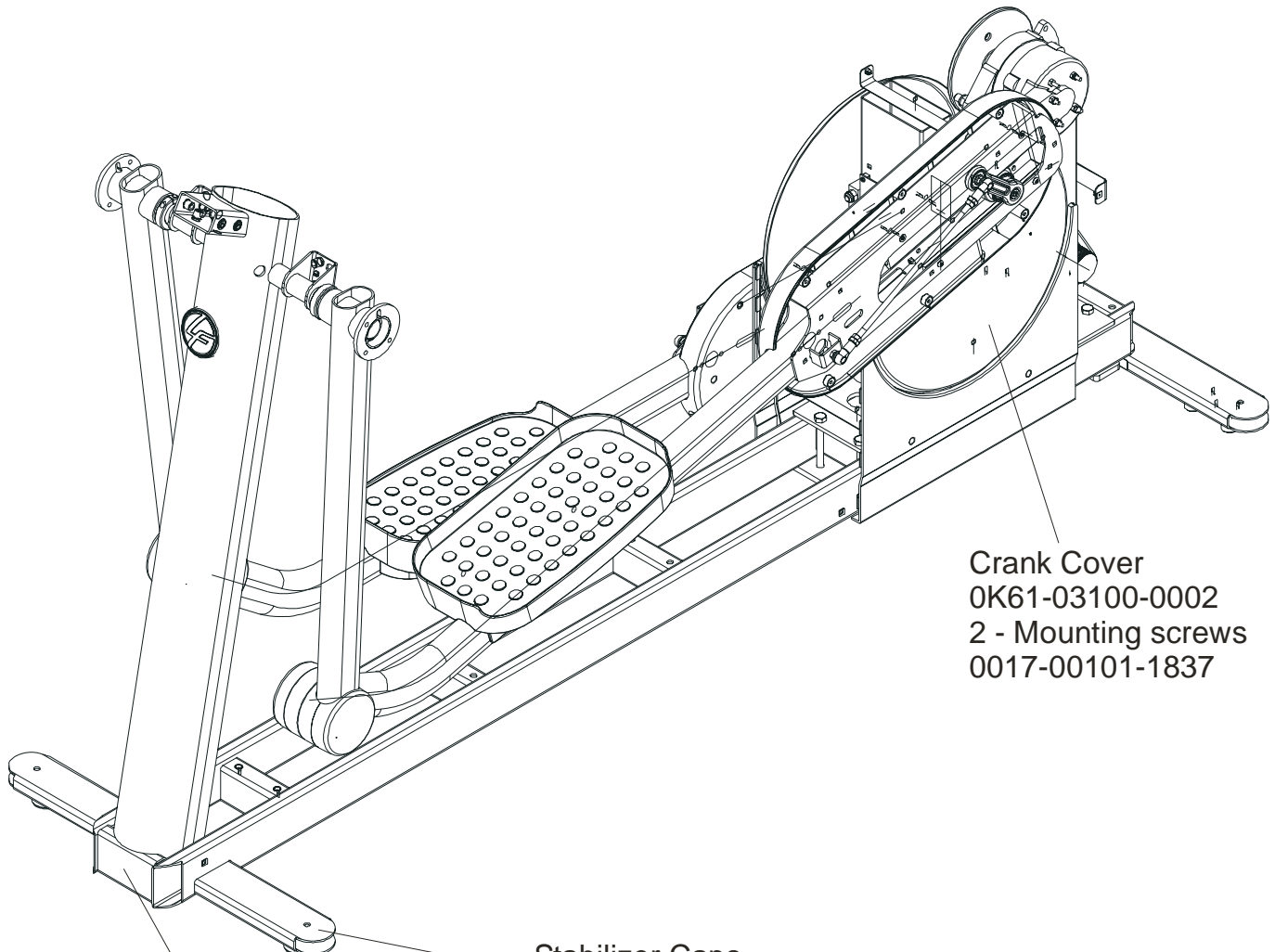
Right Pedal  
Lever Assembly  
MAK62-00236-0000

Left Pedal Lever Assembly  
MAK62-00235-0000



**ARCTIC SILVER QUIET DRIVE 95Xi**  
**Crank Cover and Lower Caps**

**95X-0XXX-03**  
**S/N XHA060101183**



Crank Cover  
0K61-03100-0002  
2 - Mounting screws  
0017-00101-1837

Stabilizer Caps  
4 - 0K62-01003-0000

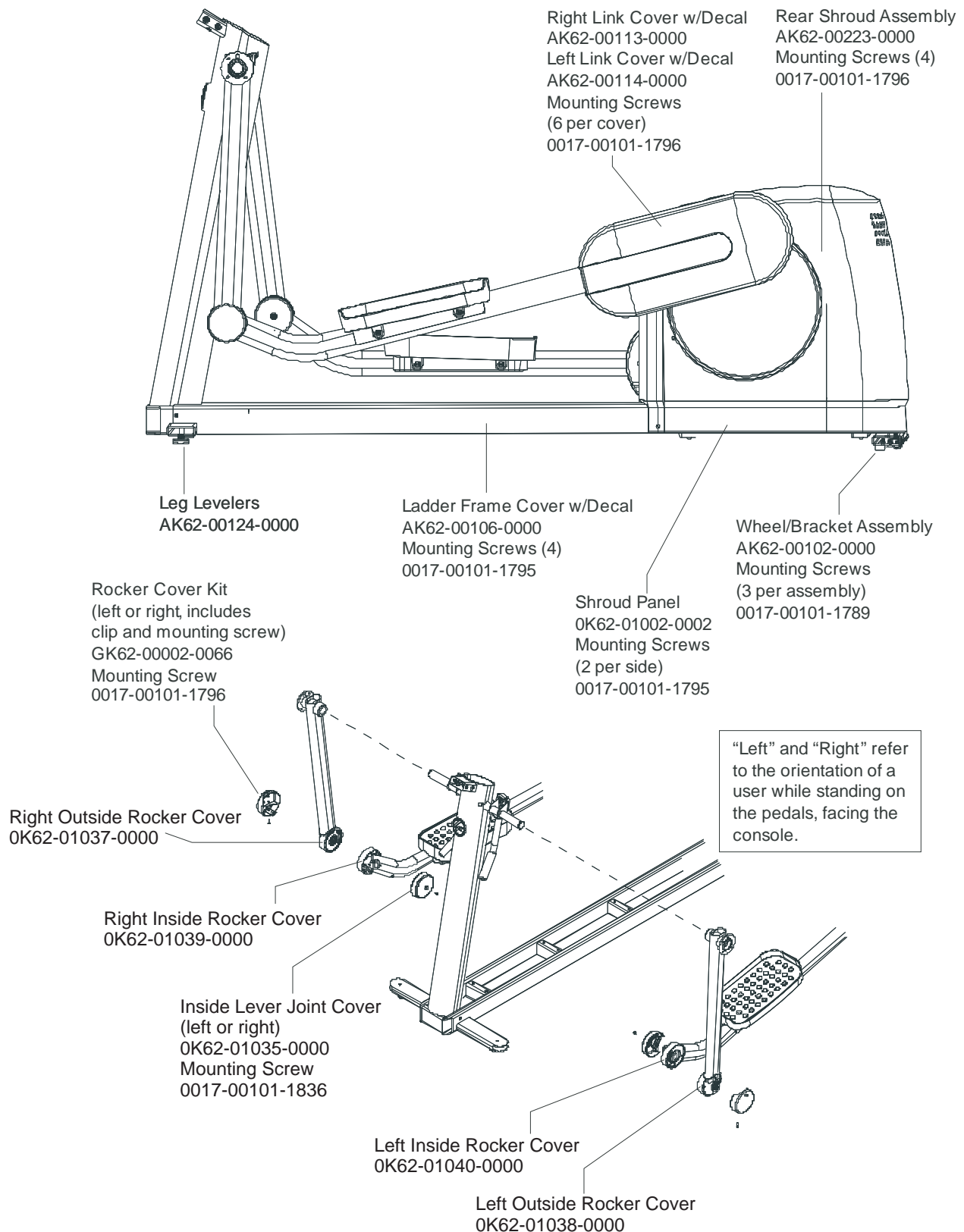
Front Frame Cap  
0K62-01004-0002  
(Stealth Gray)  
Mounting Screws  
(Located on front sides of Ladder Frame Cover)  
2- 0017-00101-1795

# ARCTIC SILVER QUIET DRIVE 95Xi

95X-0XXX-03

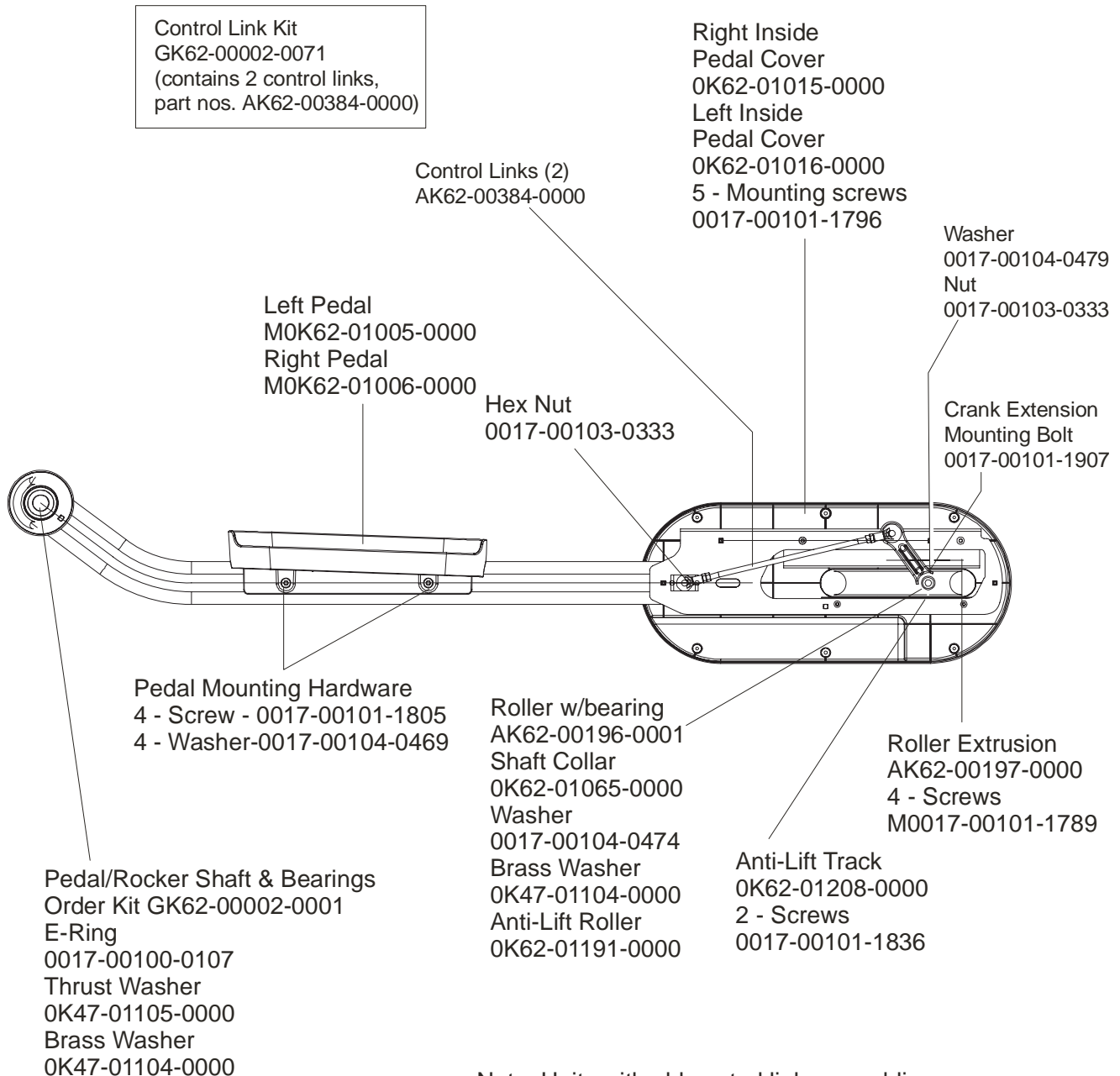
## Lower Frame Shrouds & Hardware

S/N XHA060101183



**ARCTIC SILVER QUIET DRIVE 95Xi**  
**Pedal Lever Assembly Components**

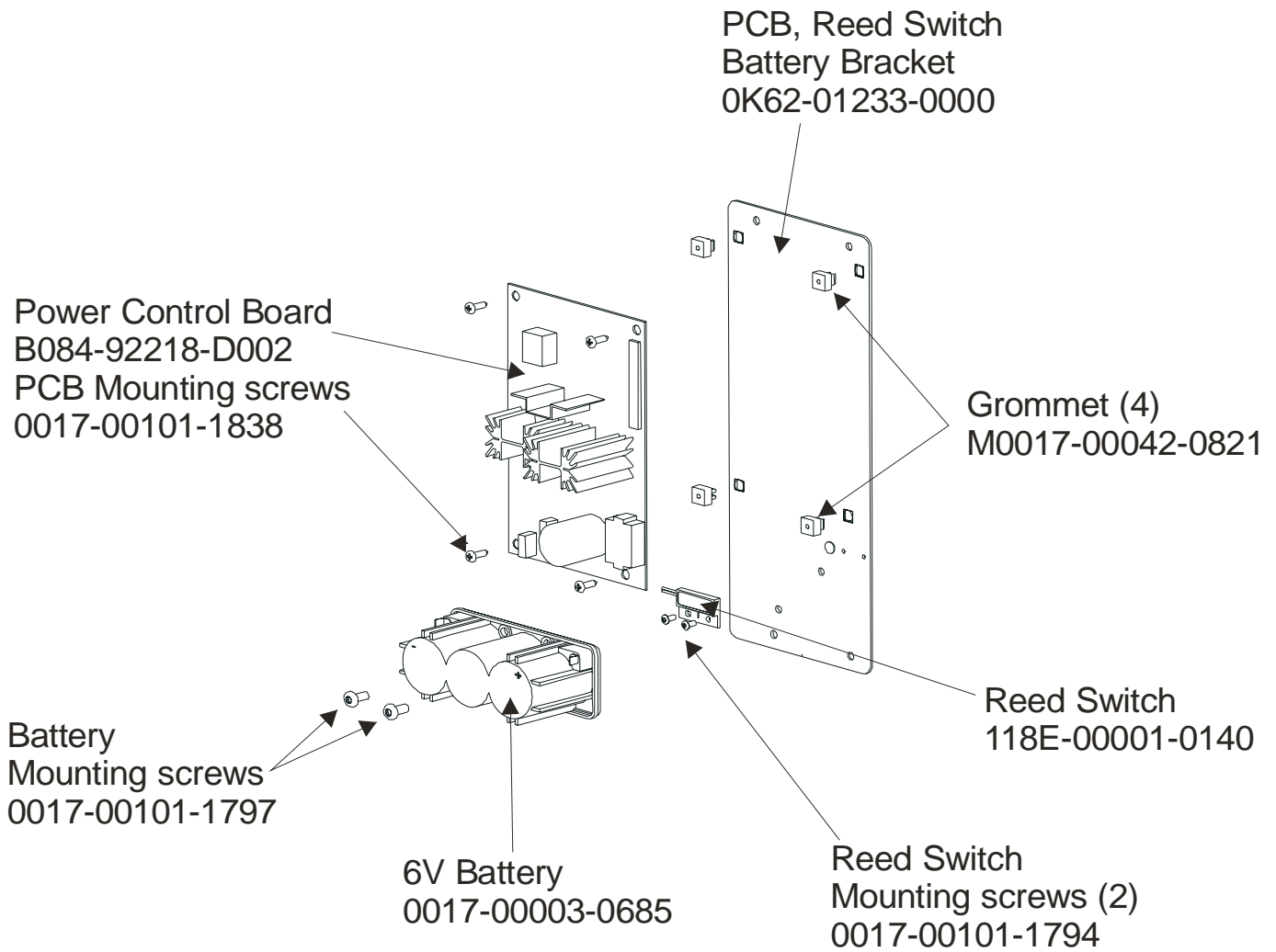
**95X-0XXX-03**  
**S/N XHA060101183**



Note: Units with old control link assemblies will require kit MGK62-00002-0015 when replacing either the tie rod assembly or the crank extension for the first time.

**ARCTIC SILVER QUIET DRIVE 95Xi**  
**PCB, Battery, Reed Switch & Bracket**

**95X-0XXX-03**  
**S/N XHA060101183**

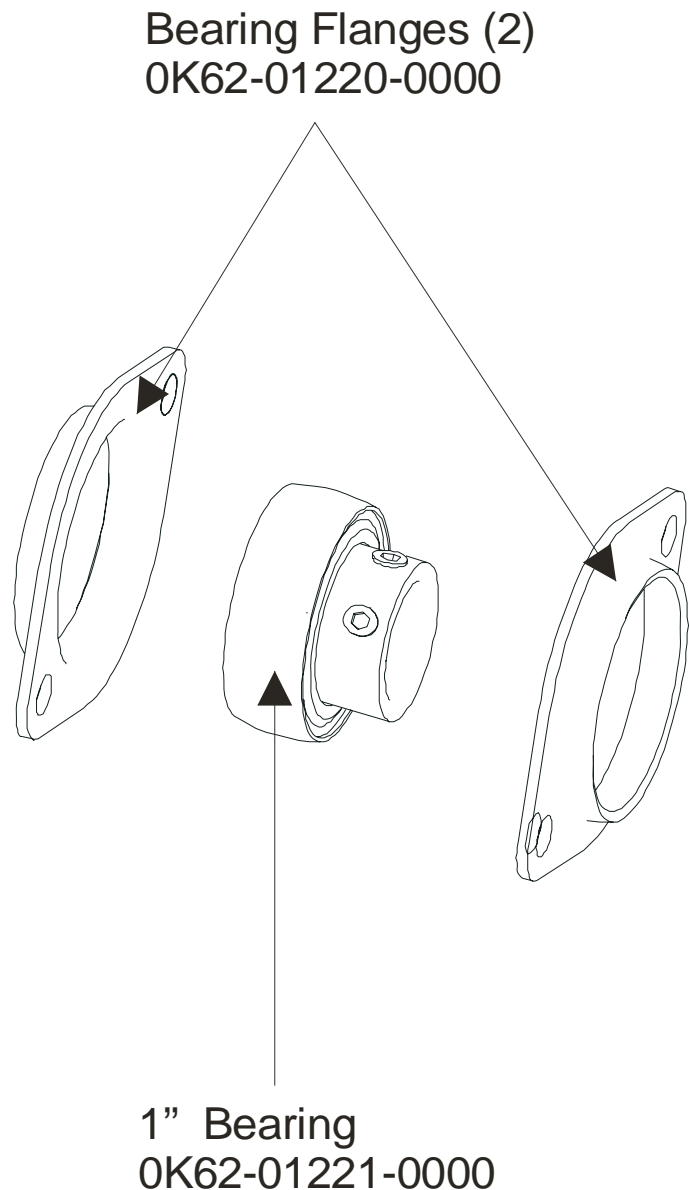


Service Kit-  
MGK62-00002-0044  
Includes:

- 1 - crankshaft
- 2 - bearings
- 2 - sets of bearing flanges
- 4 - weldnuts and flat washers
- 4 - bolts

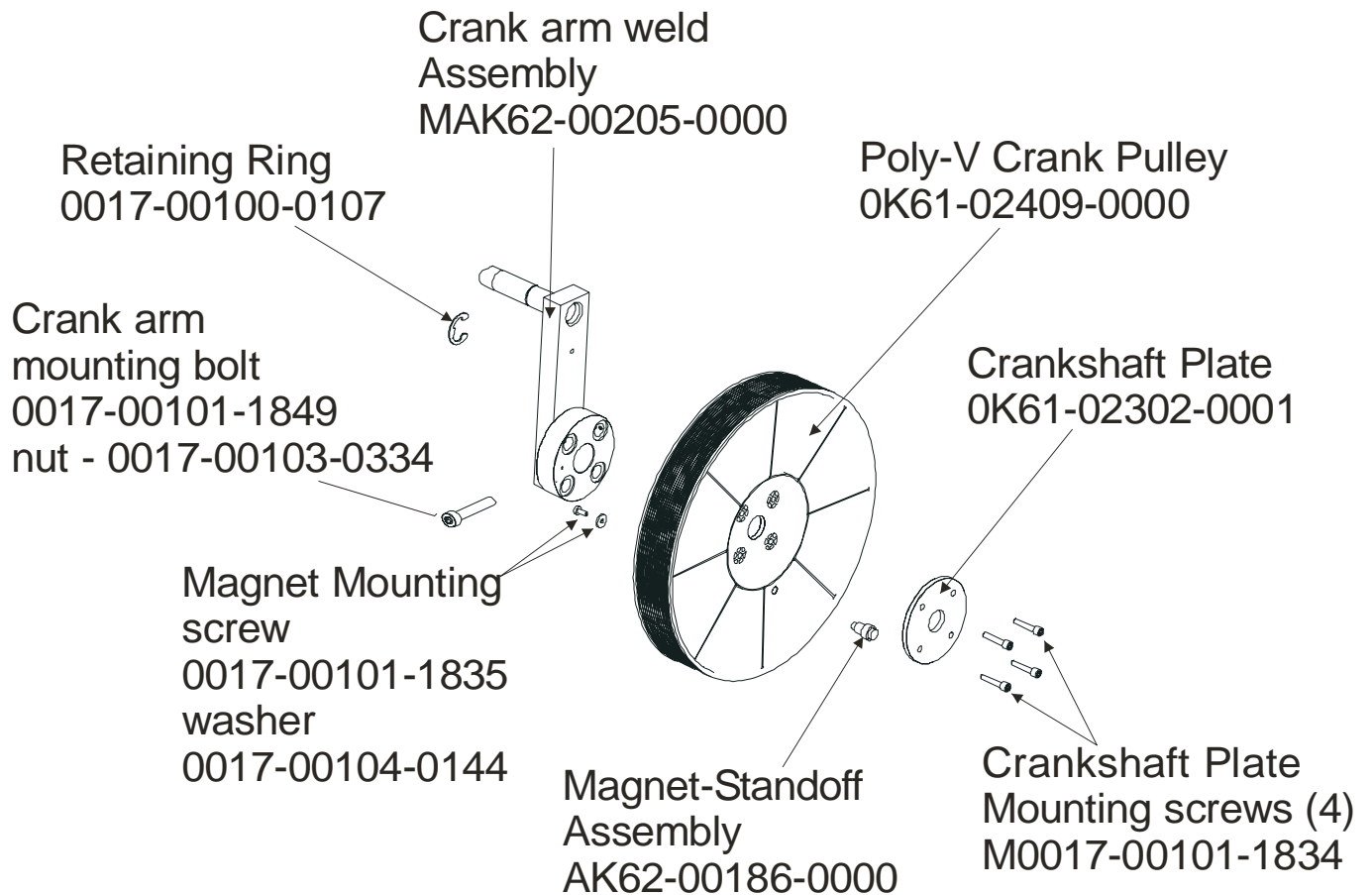
Service Kit- GK62-00002-0045  
Includes:

- 1 - intermediate shaft
- 2 - bearings
- 2 - sets of bearing flanges
- 4 - weldnuts and flat washers
- 4 - bolts



**ARCTIC SILVER QUIET DRIVE 95Xi**  
**Crank Arm Pulley Assembly**

**95X-0XXX-03**  
**S/N XHA060101183**

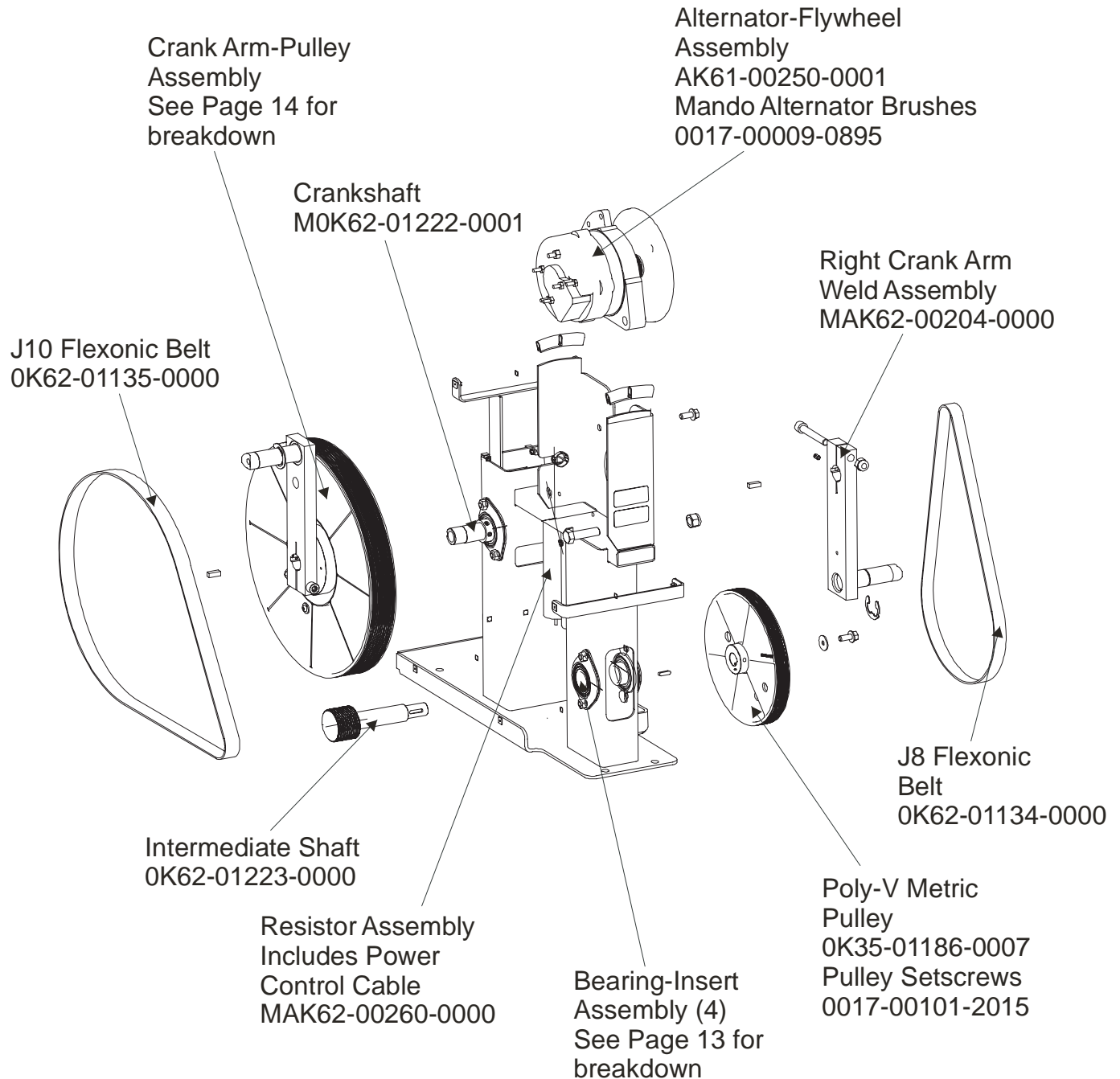


# ARCTIC SILVER QUIET DRIVE 95Xi

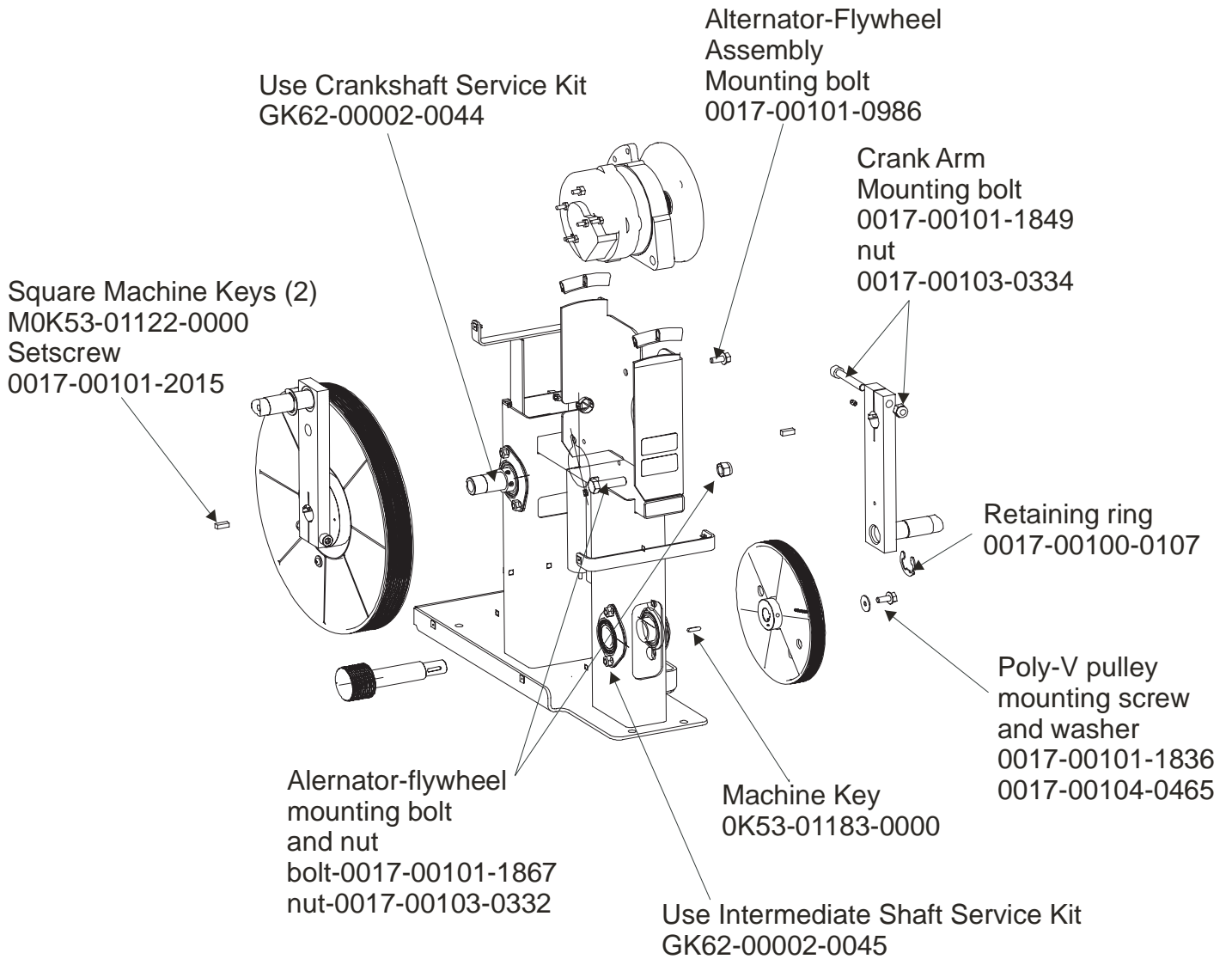
## Drive Module

95X-0XXX-03

S/N XHA060101183





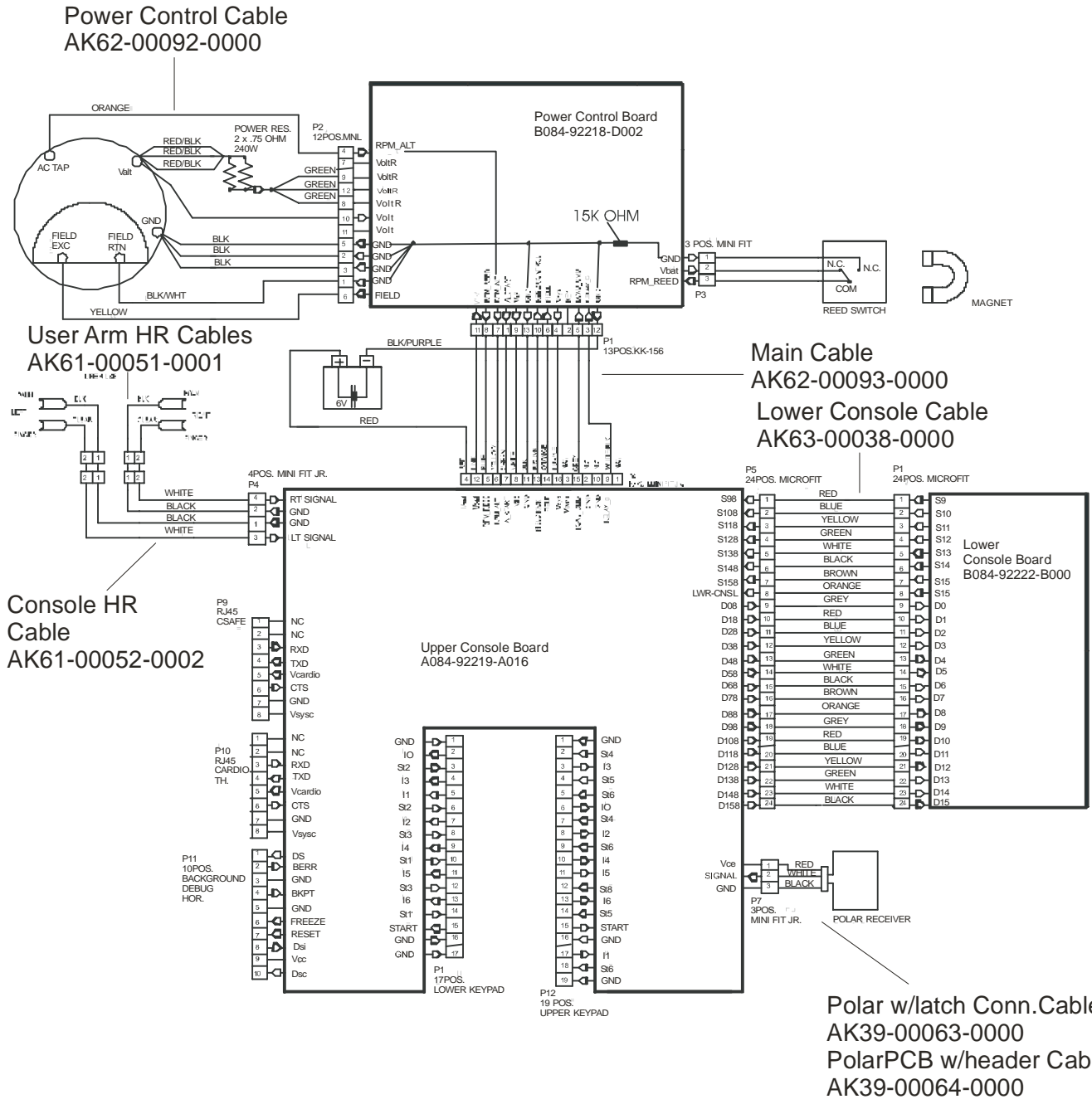


# ARCTIC SILVER QUIET DRIVE 95Xi

## Cables

95X-0XXX-03

S/N XHA060101183



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