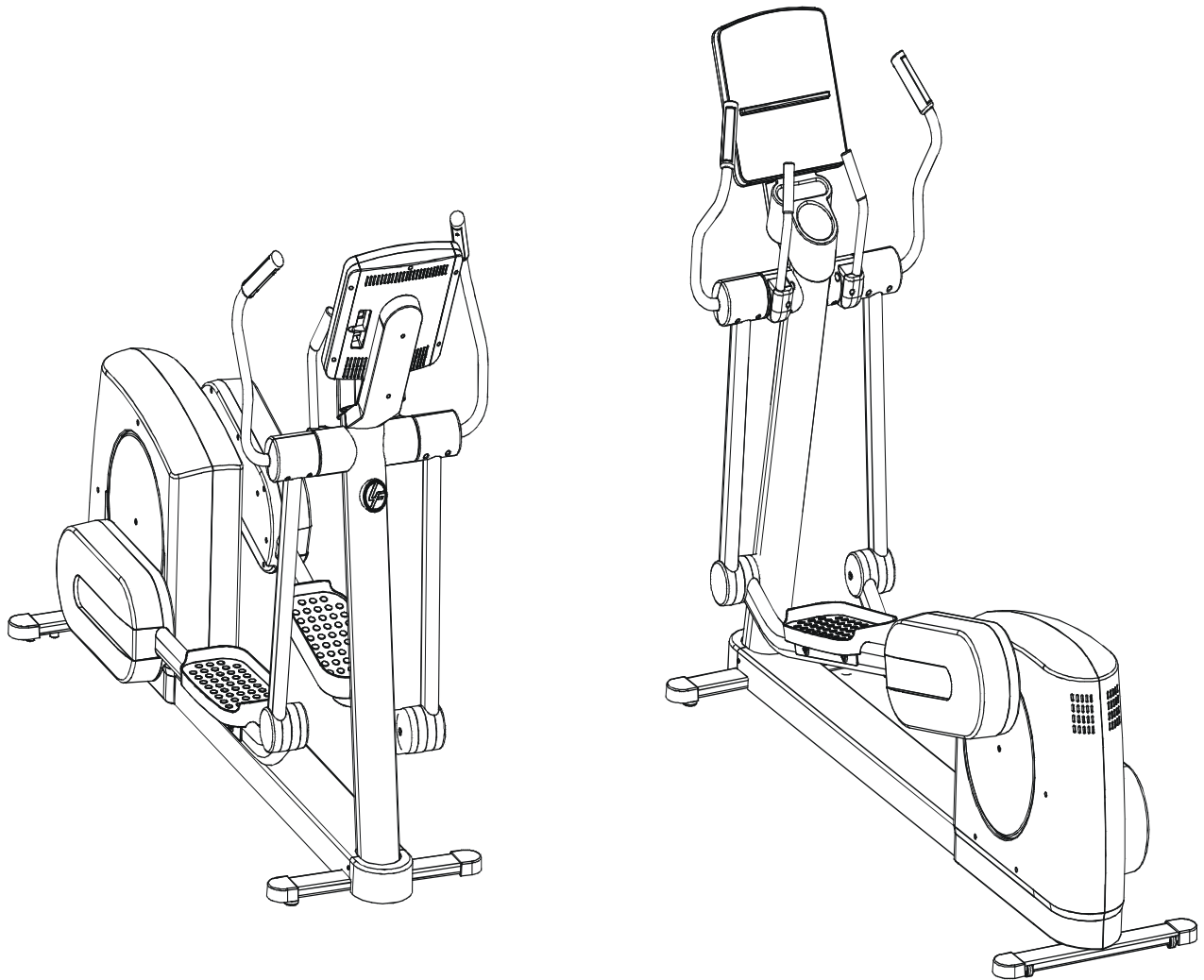


LifeFitness

ARCTIC SILVER QUIET DRIVE CROSS-TRAINER 95XW-0XXX-03



Customer Support Services PARTS MANUAL rev 30 Jun 2008

ARCTIC SILVER QUIET DRIVE 95XW
REFERENCES

95XW-0XXX-03
S/N AXF100000 and up

OPERATION MANUAL	M051-00K62-A107
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	0017-00008-0204 0017-00008-0205 0017-00008-0206
SERVICE MANUAL	M051-00K62-A149
PLUG IN OPTION 120/60	GK62-00002-0018
PLUG IN OPTION 240/50 UK	GK62-00002-0019
PLUG IN OPTION 240v AUS	GK62-00002-0020
PLUG IN OPTION 230/50 CONT	GK62-00002-0021
POWER CABLE W/BRACKET ASSY. ASSEMBLY CONSISTS OF: 1) COAX CABLE 2) POWER EXTENSION CABLE 3) ACCESS PANEL BRACKET 4) F TYPE CONNECTOR 5) PLASTIC GROMMET (QTY. 2)	AK62-00210-0000 AK32-00020-0002 AK32-00078-0001 OK62-01179-0001 0017-00021-2846 0017-00042-0754
HARDWARE BAG	AK62-00152-0001

**NOTE: ADDING THE BOLT ON LCD SCREEN TO THE
95XW-0XXX-03 MAKES THE UNIT A 95XER-0XXX-03.**

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Note: The 95XW comes with both Telemetry and LifePulse Sensors.

ARCTIC SILVER QUIET DRIVE 95XW

Console Support & Deadshaft Covers

95XW-0XXX-03

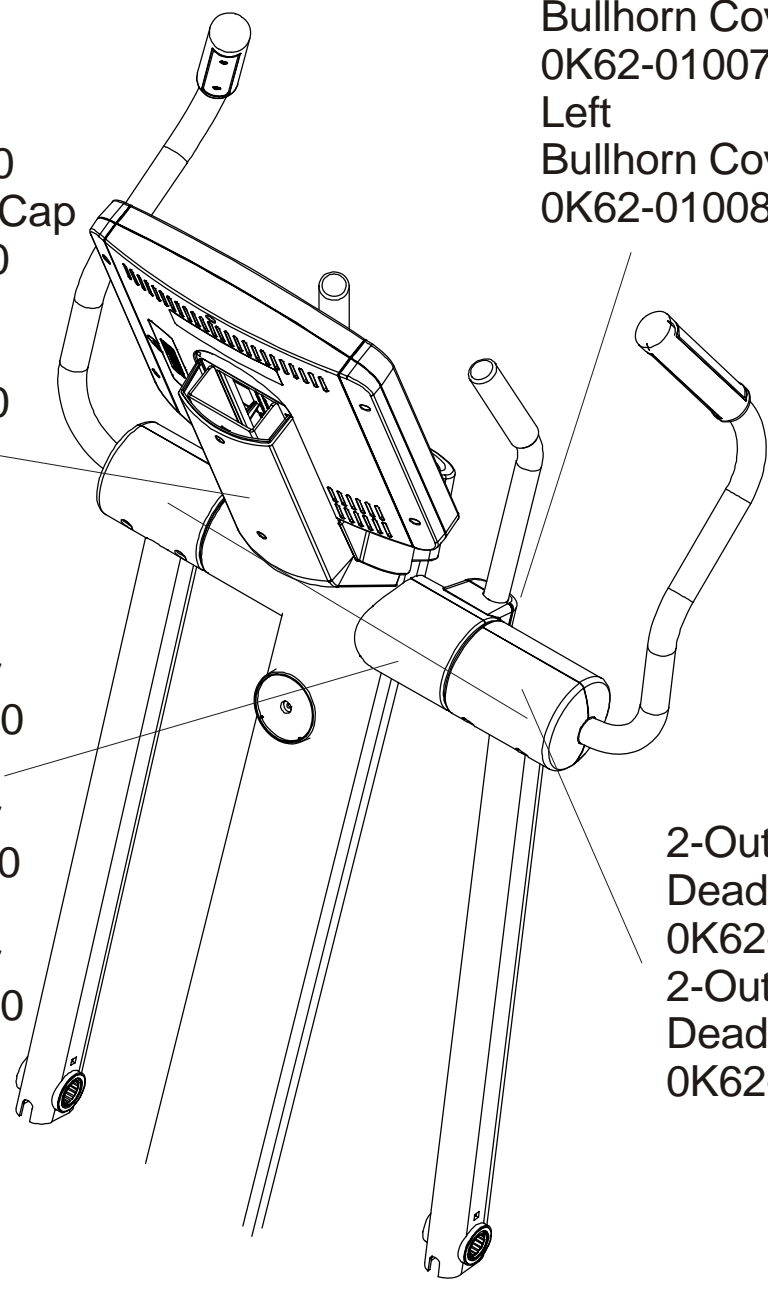
S/N AXF100000 and up

Console Support
AK62-00123-0000
Console Support Cap
0K62-01030-0000
Console Support
Shroud
0K62-01023-0000

Right
Bullhorn Cover
0K62-01007-0001
Left
Bullhorn Cover
0K62-01008-0001

Right Inside
Deadshaft Cover
0K62-01010-0000
Left Inside
Deadshaft Cover
0K62-01011-0000
2-Front Inside
Deadshaft Cover
0K62-01009-0000

2-Outside Front
Deadshaft Cover
0K62-01013-0000
2-Outside Rear
Deadshaft Cover
0K62-01012-0000



ARCTIC SILVER QUIET DRIVE 95XW

Handlebars and Bullhorns

95XW-0XXX-03

S/N AXF100000 and up

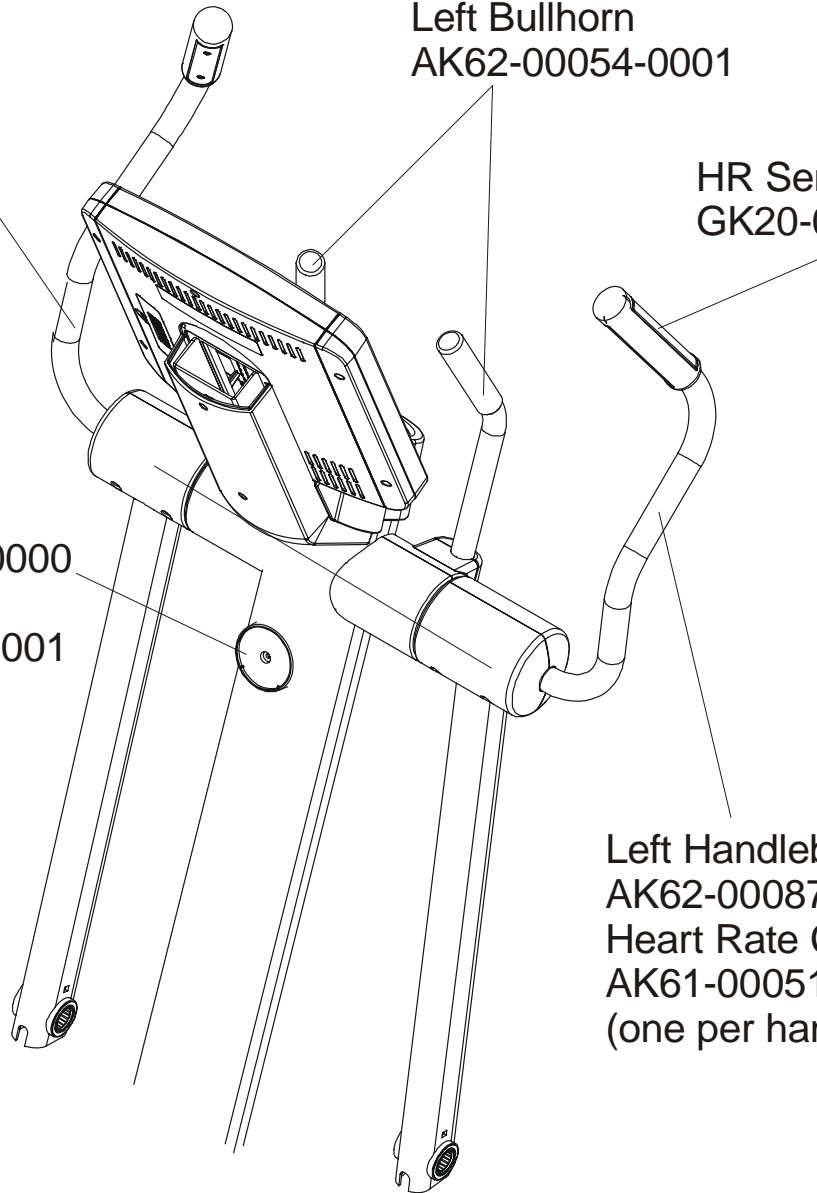
Right Handlebar
AK62-00086-0000

*Right Bullhorn
AK62-00053-0001
Left Bullhorn
AK62-00054-0001

HR Sensor Kit
GK20-00002-0005

Medallion Bug
AK58-00245-0000
Bug Adaptor
0K62-01034-0001

Left Handlebar
AK62-00087-0000
Heart Rate Cable
AK61-00051-0001
(one per handlebar)



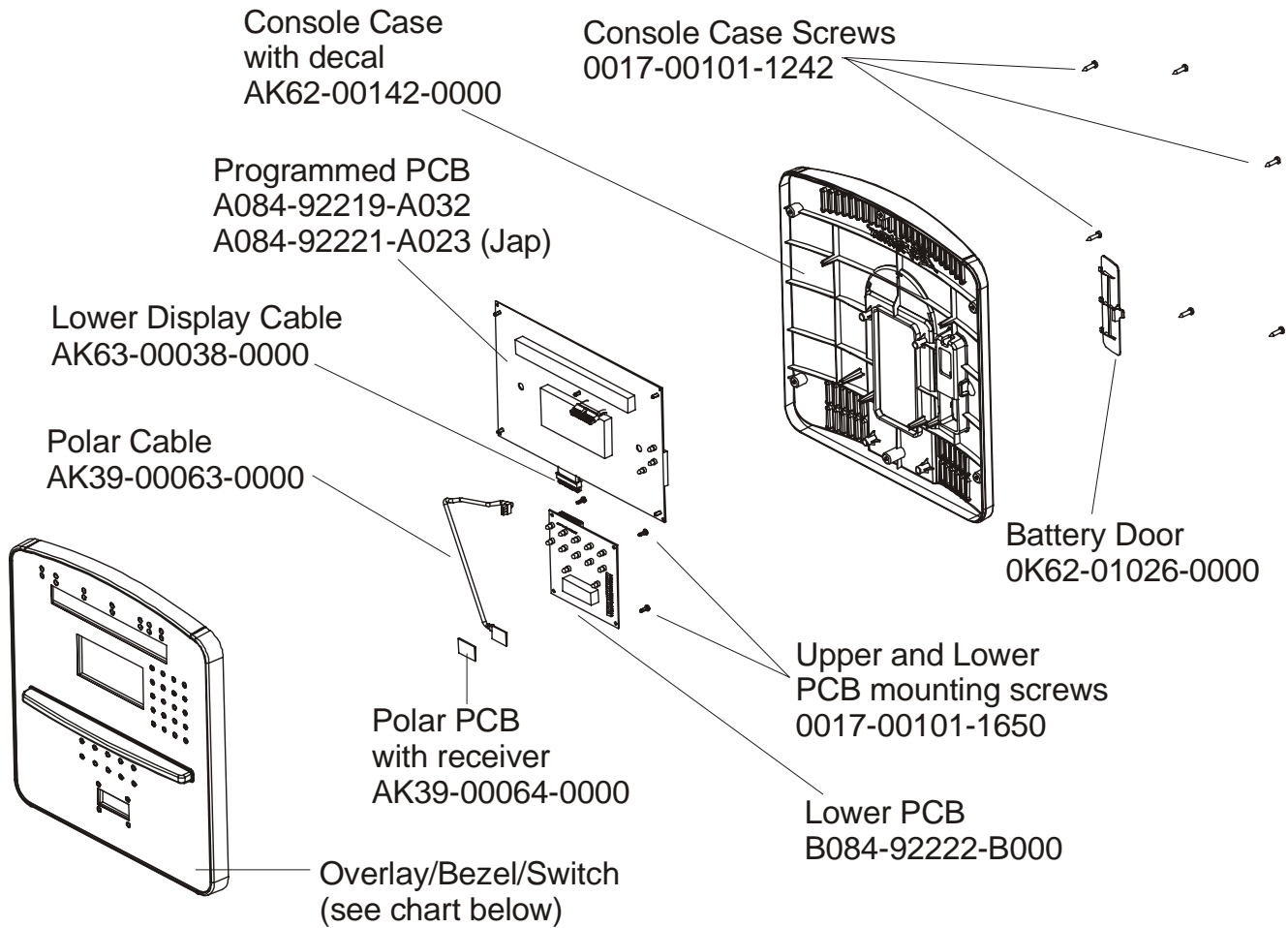
*Right Bullhorn Assembly consists of: AK62-00057-0001 Bullhorn,
0K62-01136-0000 Grip and 0K62-01199-0000 Gasket
Left Bullhorn Assembly consists of: AK62-00058-0001 Bullhorn,
0K62-01136-0000 Grip and 0K62-01199-0000 Gasket

ARCTIC SILVER QUIET DRIVE 95XW

95XW-0XXX-03

Console & Related components

S/N AXF100000 and up



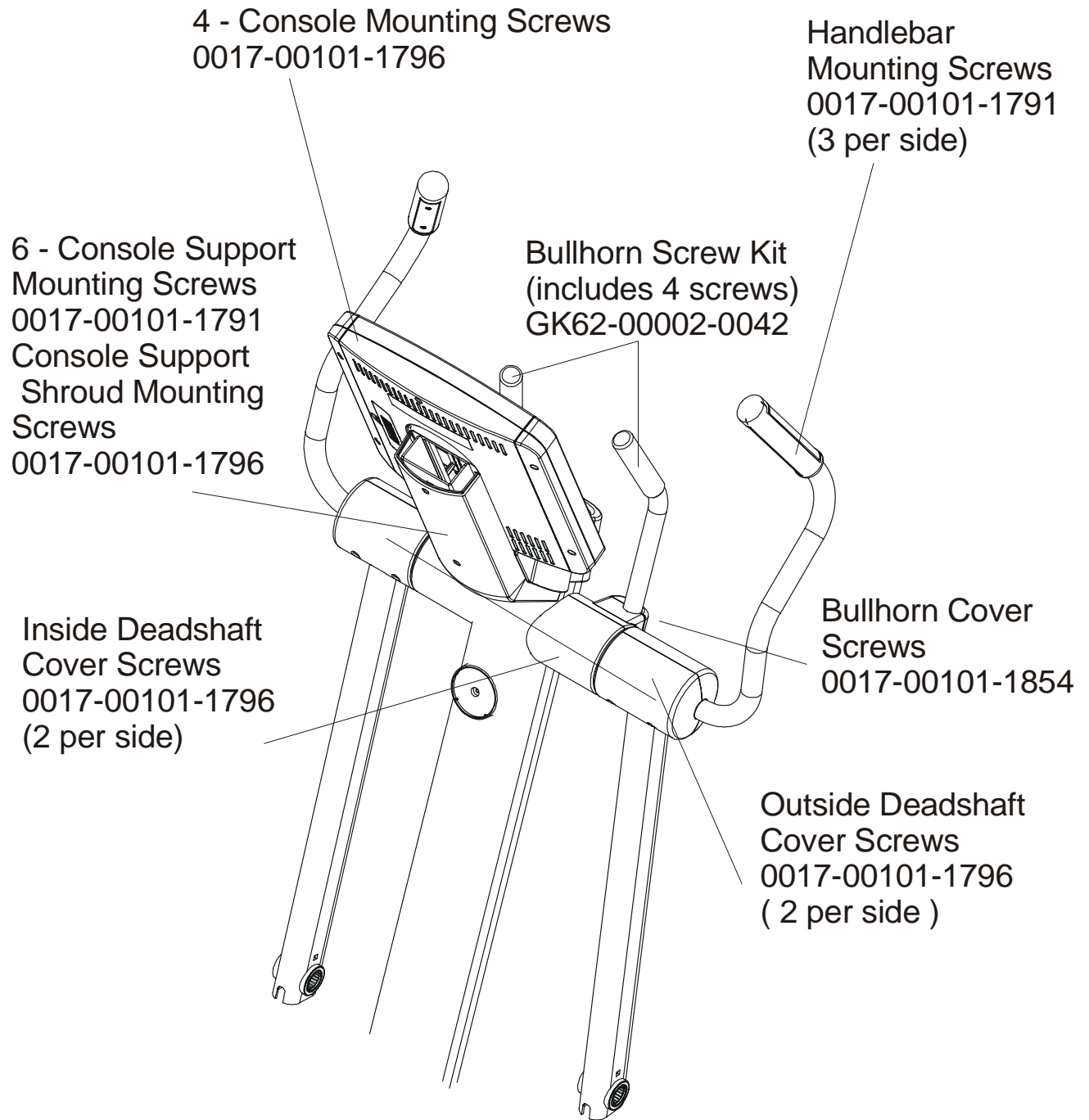
CONSOLE	OVERLAY/BEZEL/SWITCH	LANGUAGE
AK62-00329-0001	AK62-00191-0001	Eng + Met
AK62-00329-0003	AK62-00191-0003	Ger/Met
AK62-00329-0004	AK62-00191-0004	Spn/Met
AK62-00329-0006	AK62-00191-0006	Jap/Met
AK62-00329-0007	AK62-00191-0007	Frn/Met
AK62-00329-0008	AK62-00191-0008	Ital/Met
AK62-00329-0009	AK62-00191-0009	Dut/Met
AK62-00329-0010	AK62-00191-0010	Port/Met
AK62-00329-0014	AK62-00191-0014	Turk/Met

ARCTIC SILVER QUIET DRIVE 95XW

Upper Frame Hardware

95XW-0XXX-03

S/N AXF100000 and up



Items Not Shown:

Accessory Tray	0K62-01022-0000
Mounting Screws (2)	0017-00101-1846

ARCTIC SILVER QUIET DRIVE 95XW

95XW-0XXX-03

Rocker Arms & Pedal Levers

S/N AXF100000 and up

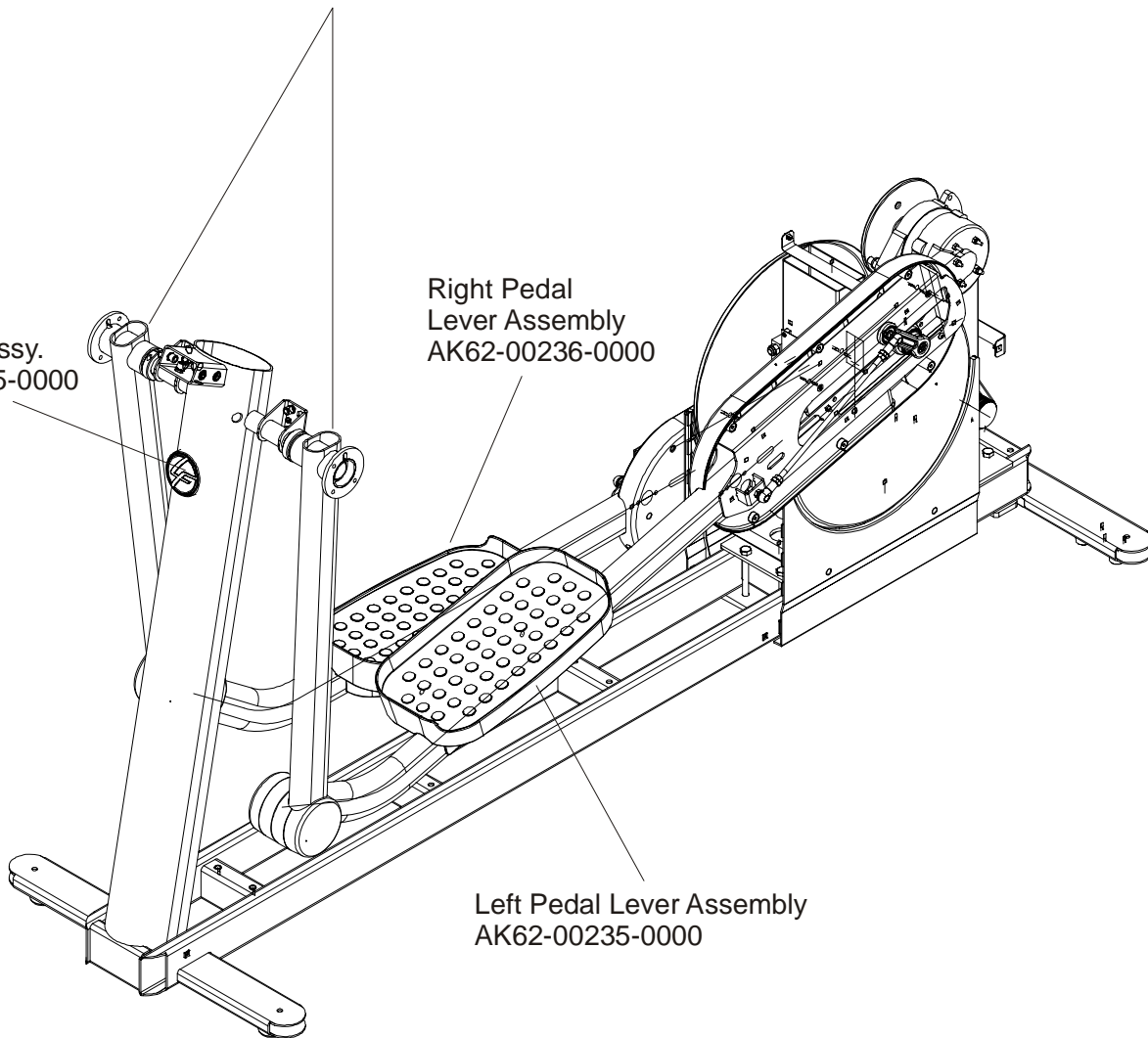
Rocker Arms Kit
GK62-00002-0070
(contains 2 rocker arms,
part no. AK62-00383-0000)

Rocker Arms (2)
AK62-00383-0000
Shaft Collar w/Screws
OK61-01259-0000
Retaining Ring
0017-00100-0178
Metal Thrust Washer
OK62-01307-0000
Oillite Washer
OK62-01305-0000

LF Bug
Medallion Assy.
AK58-00245-0000

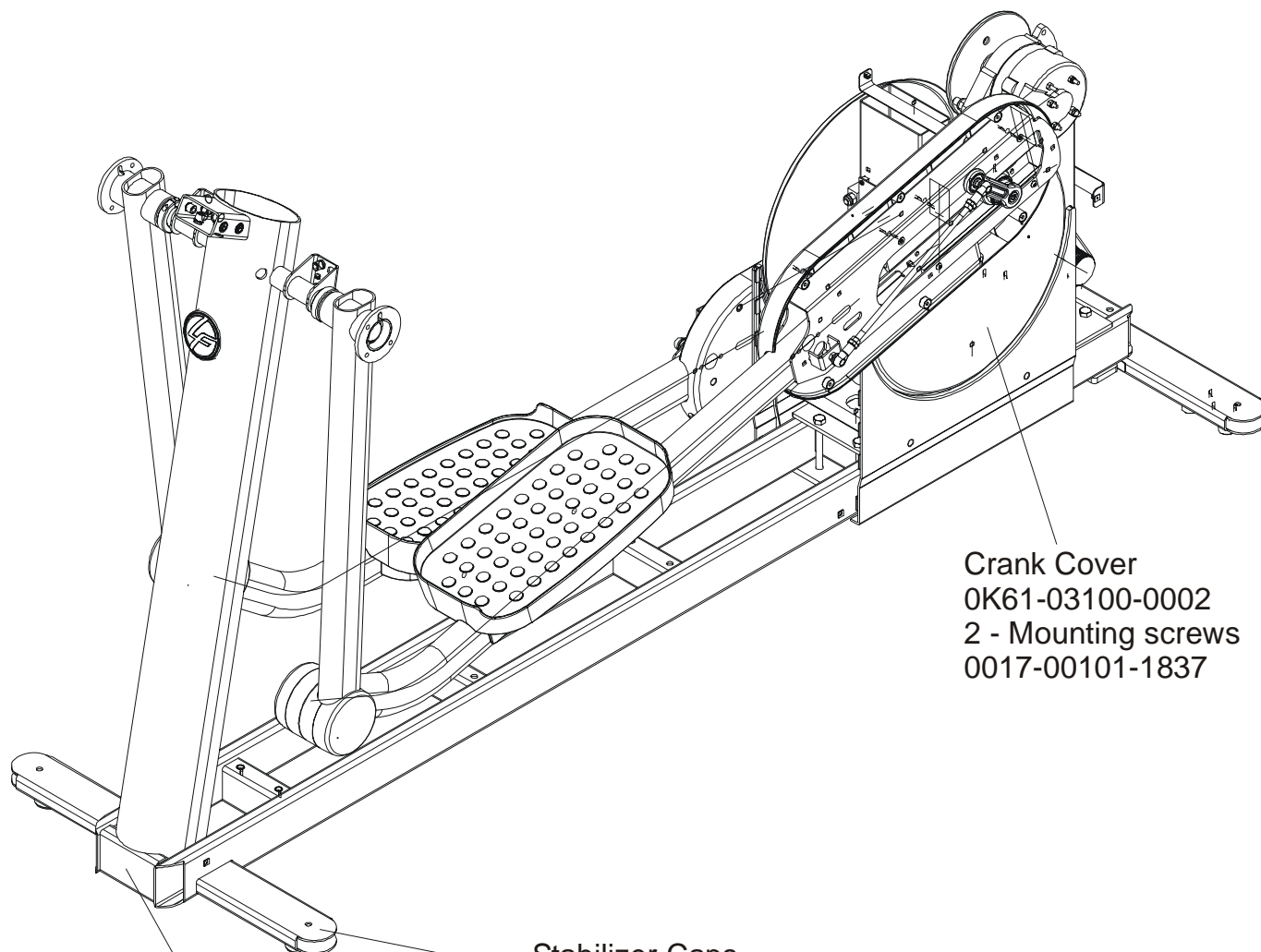
Right Pedal
Lever Assembly
AK62-00236-0000

Left Pedal Lever Assembly
AK62-00235-0000



ARCTIC SILVER QUIET DRIVE 95XW
Crank Cover and Lower Caps

95XW-0XXX-03
S/N AXF100000 and up



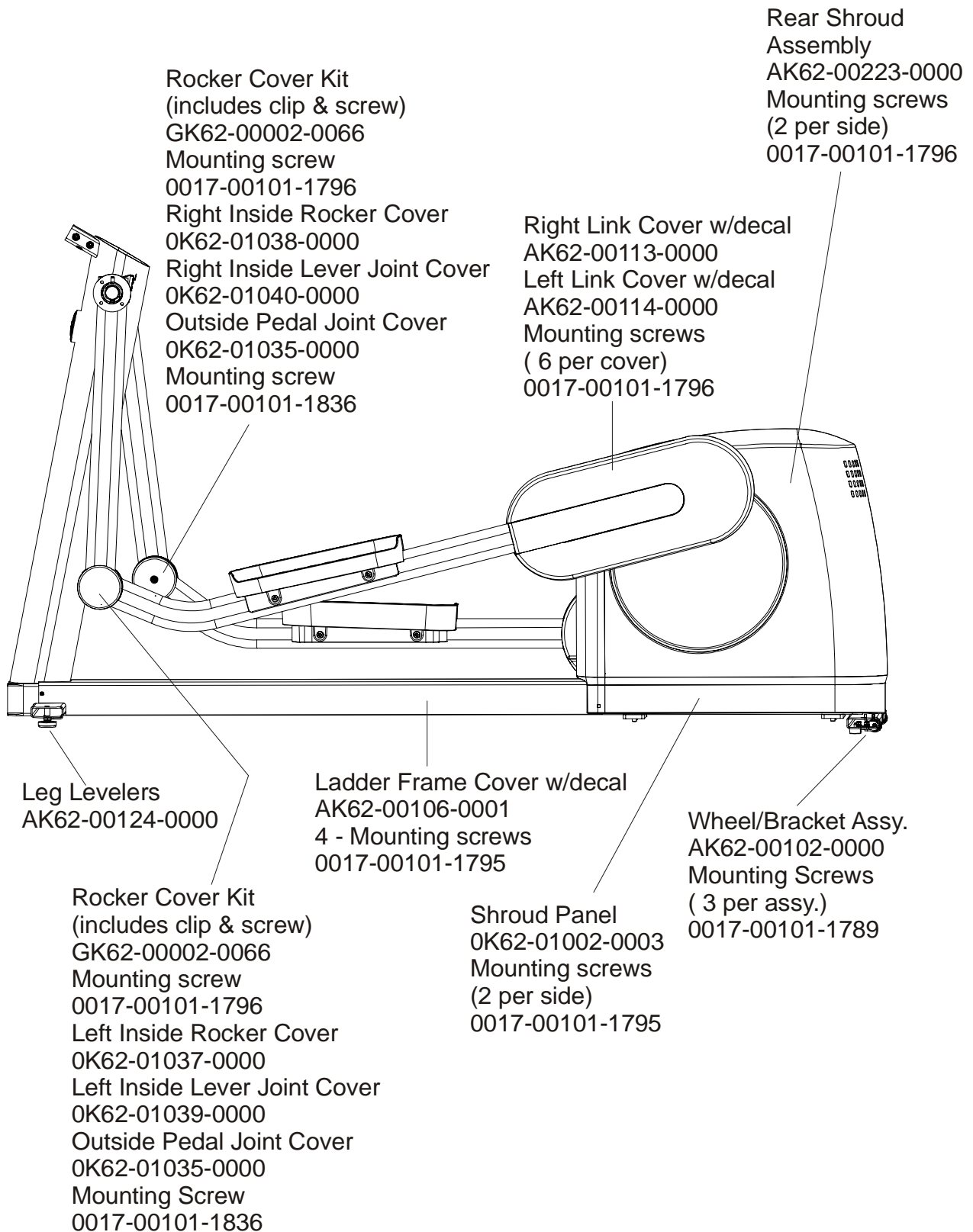
Crank Cover
OK61-03100-0002
2 - Mounting screws
0017-00101-1837

Stabilizer Caps
4 - OK62-01003-0000

Front frame Cap
OK62-01004-0000
Mounting Screws
(Located on front sides of Ladder Frame Cover)
2- 0017-00101-1795

ARCTIC SILVER 95XW
Lower Frame Shrouds & Hardware

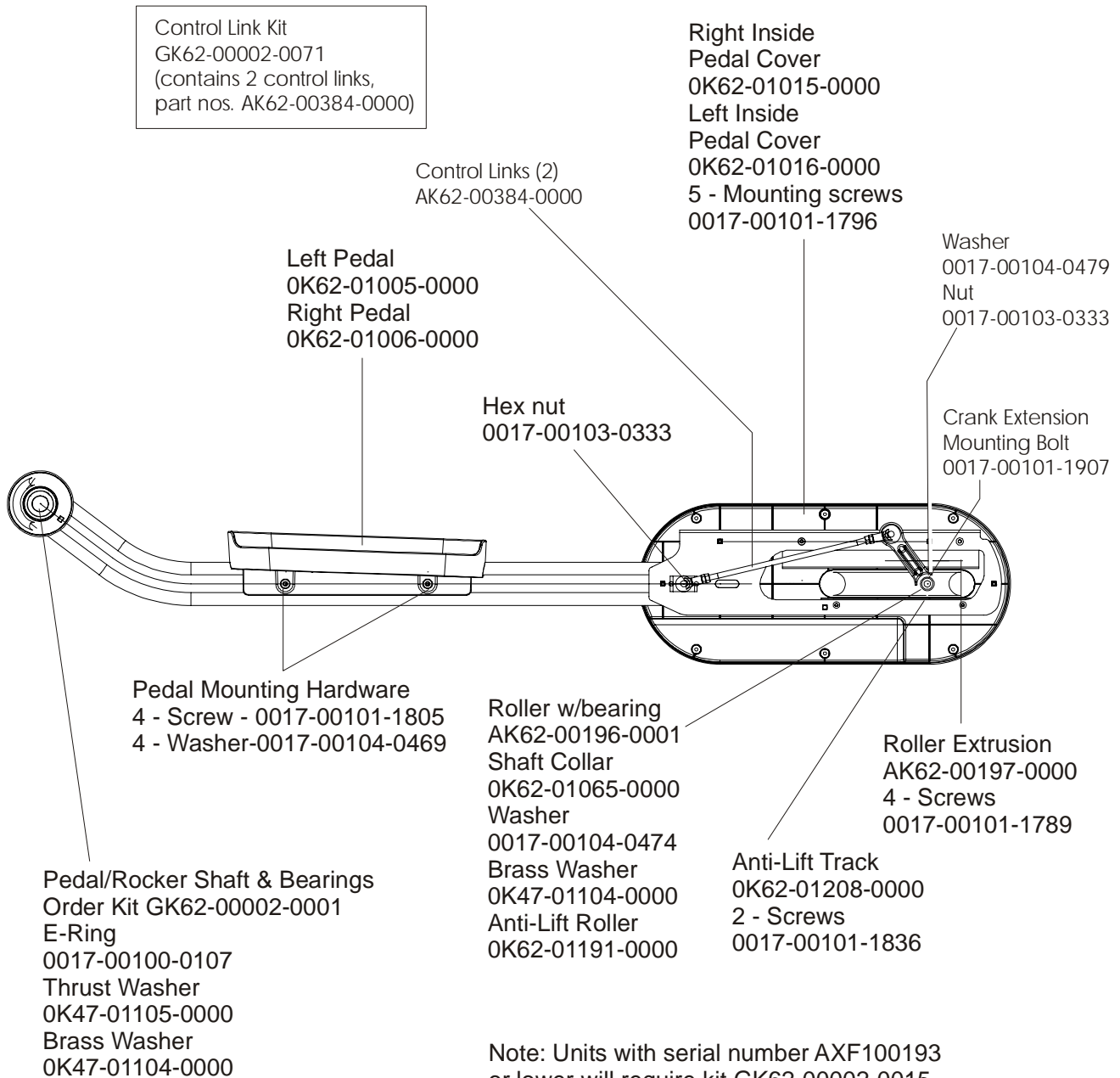
95XW-0XXX-03
S/N AXF100000 and up



ARCTIC SILVER QUIET DRIVE 95XW

Pedal Lever Assembly Components

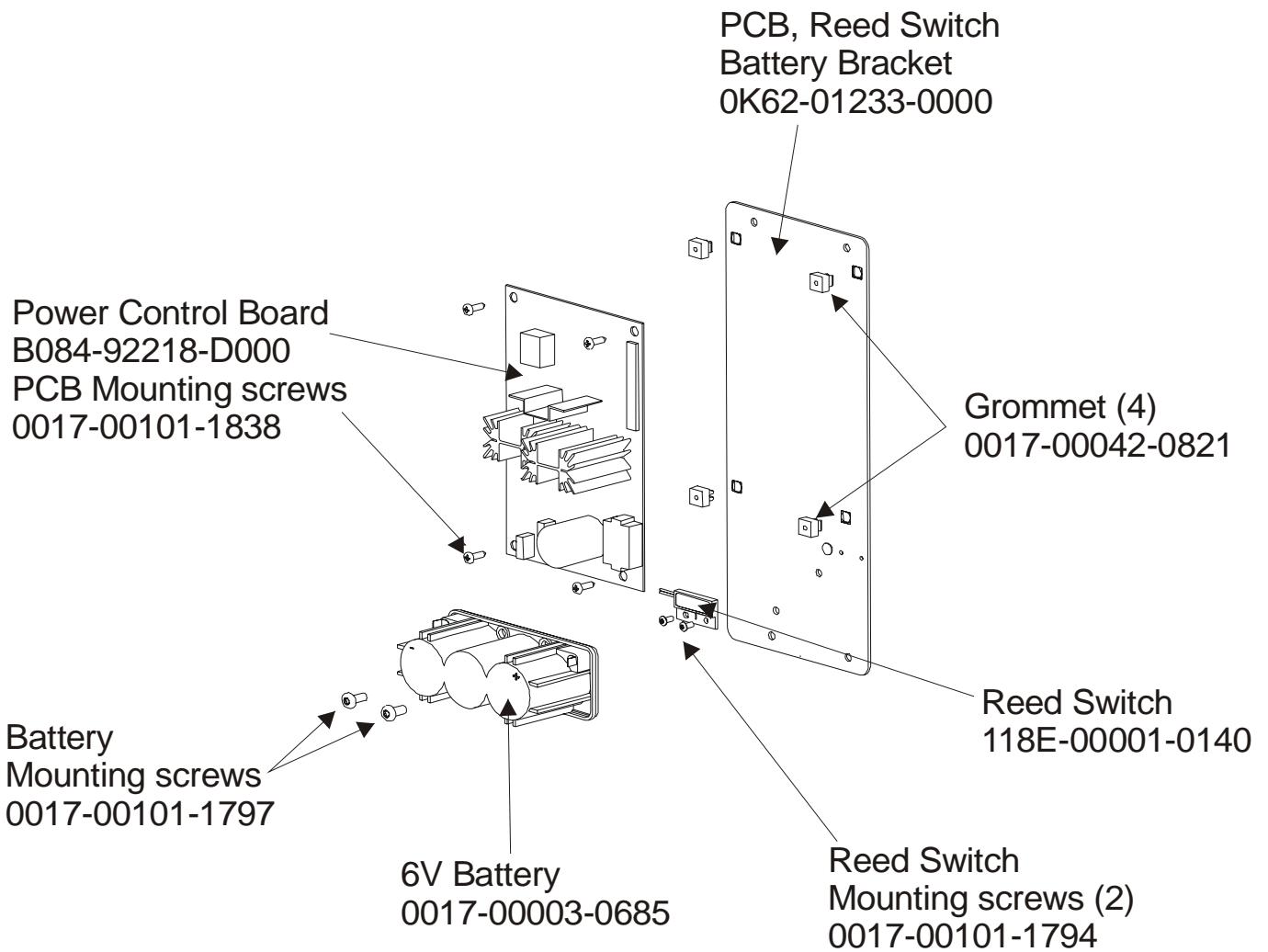
95XW-0XXX-03
S/N AXF100000 and up



Note: Units with serial number AXF100193 or lower will require kit GK62-00002-0015 when replacing either the tie rod assembly or the crank extension for the first time.

ARCTIC SILVER QUIET DRIVE 95XW
PCB, Battery, Reed Switch & Bracket

95XW-0XXX-03
S/N AXF100000 and up



Service Kit- GK62-00002-0044

Includes:

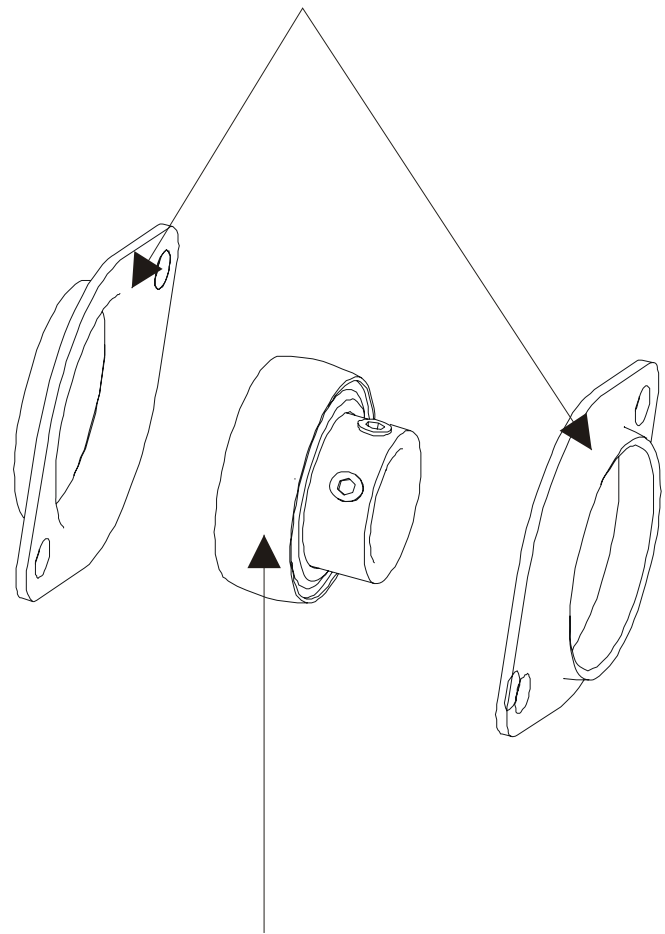
- 1- crankshaft
- 2- bearings
- 2- sets of bearing flanges
- 4- nuts and washers

Service Kit- GK62-00002-0045

Includes:

- 1 - intermediate shaft
- 2 - bearings
- 2- sets of bearing flanges
- 4- nuts and washers

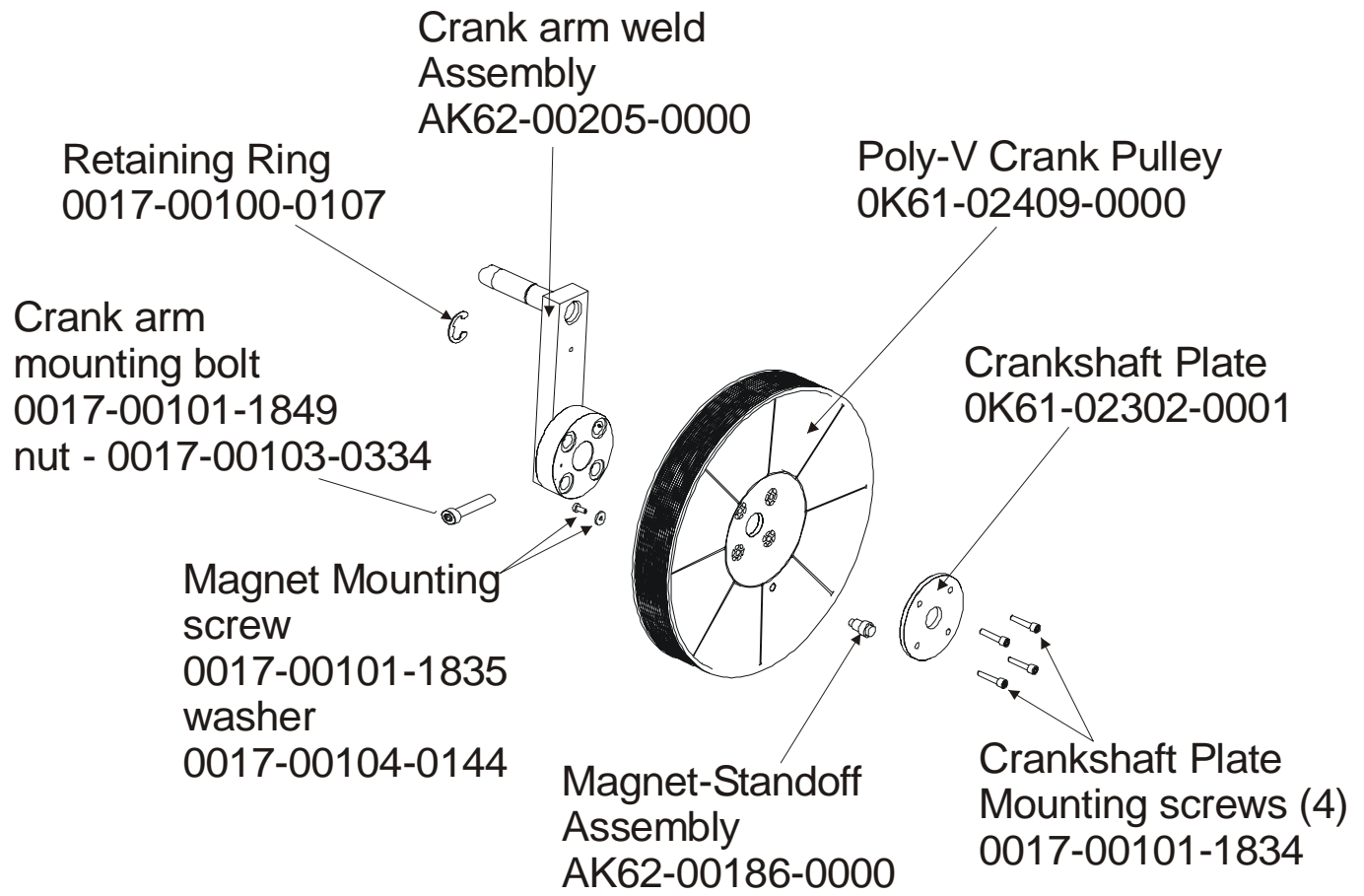
Bearing Flanges (2)
0K62-01220-0000



1" Bearing
0K62-01221-0000

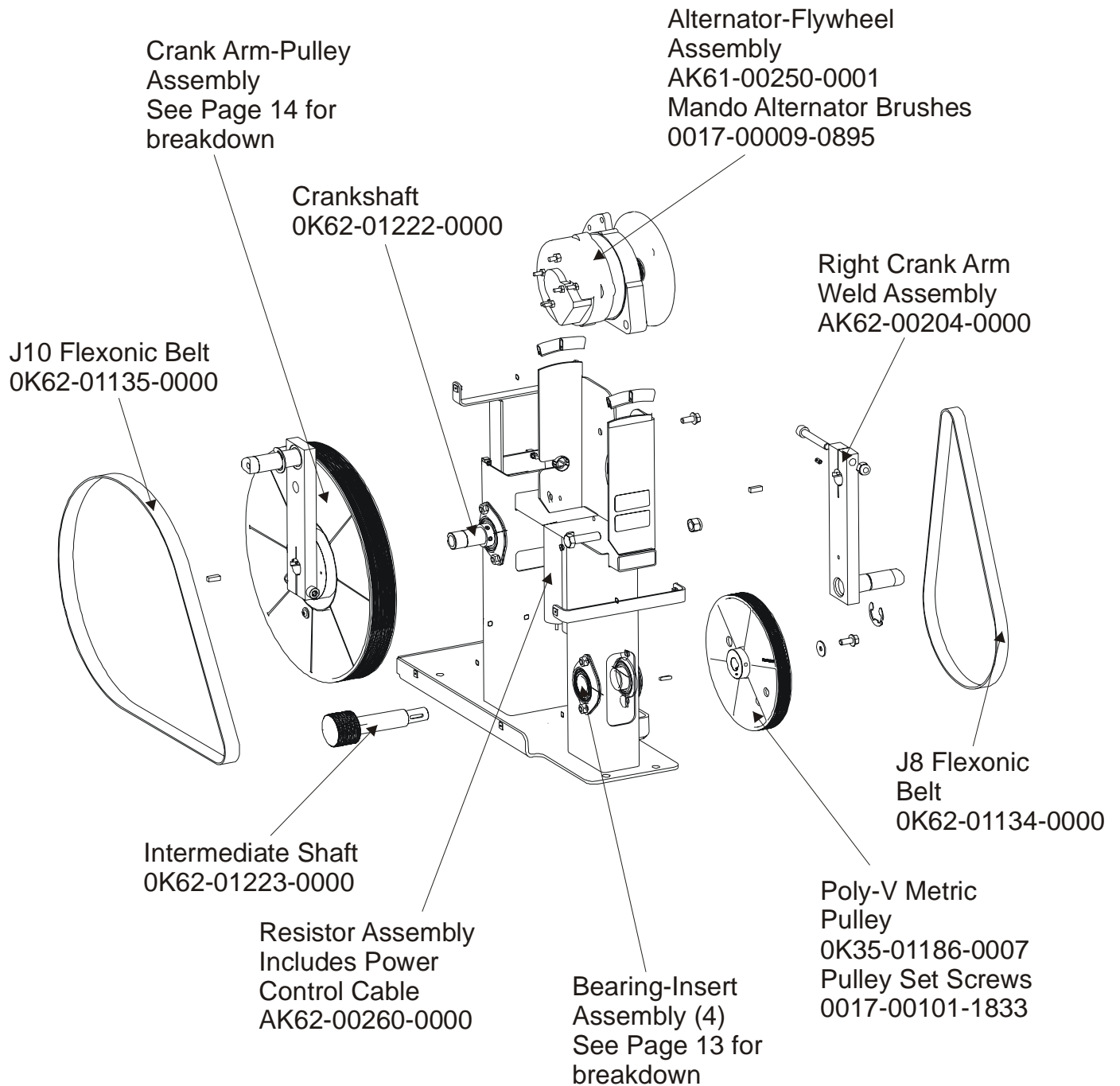
ARCTIC SILVER QUIET DRIVE 95XW
Crank Arm Pulley Assembly

95XW-0XXX-03
S/N AXF100000 and up



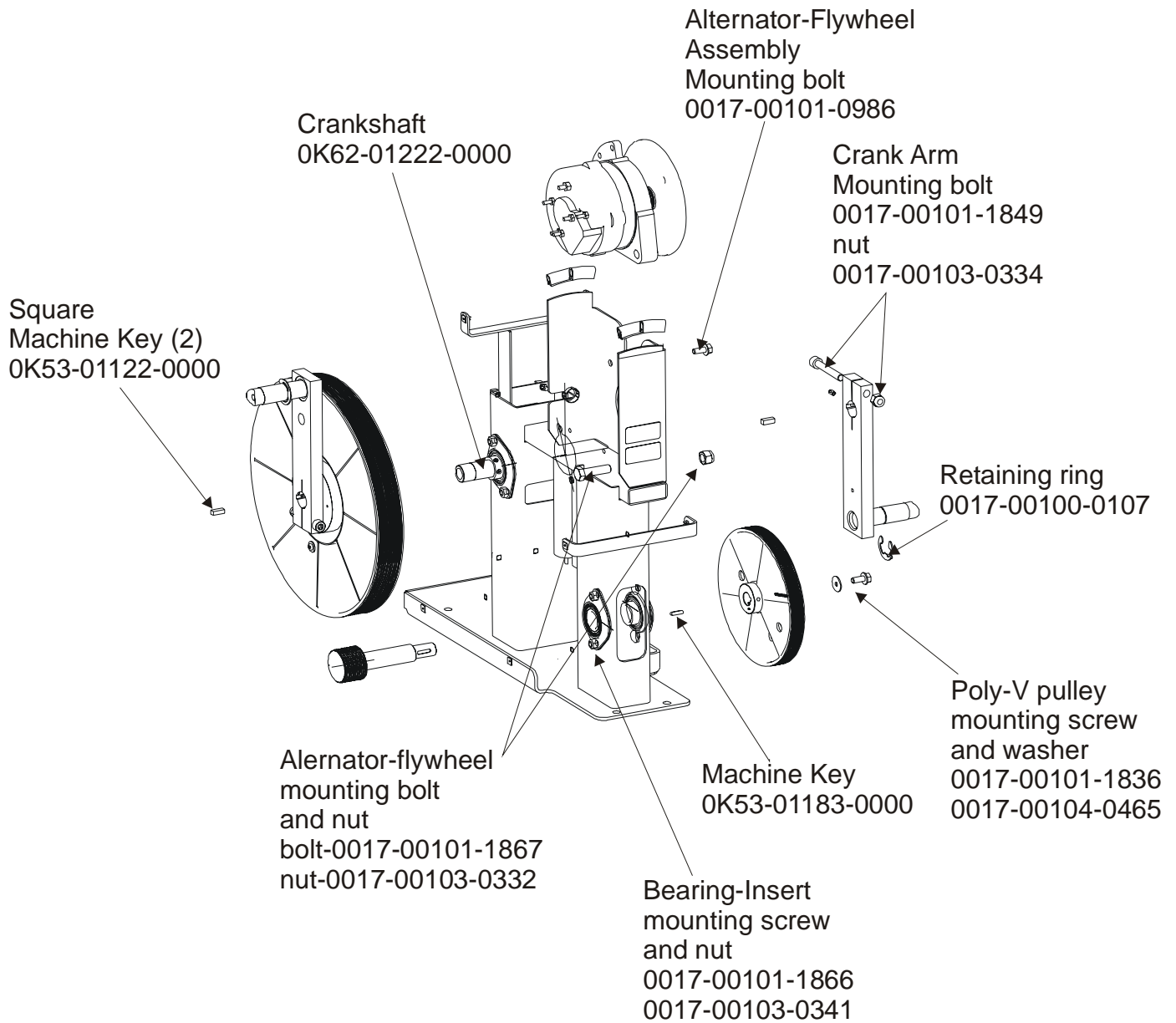
ARCTIC SILVER QUIET DRIVE 95XW
Drive Module

95XW-0XXX-03
S/N AXF100000 and up



ARCTIC SILVER QUIET DRIVE 95XW
Drive Module Hardware

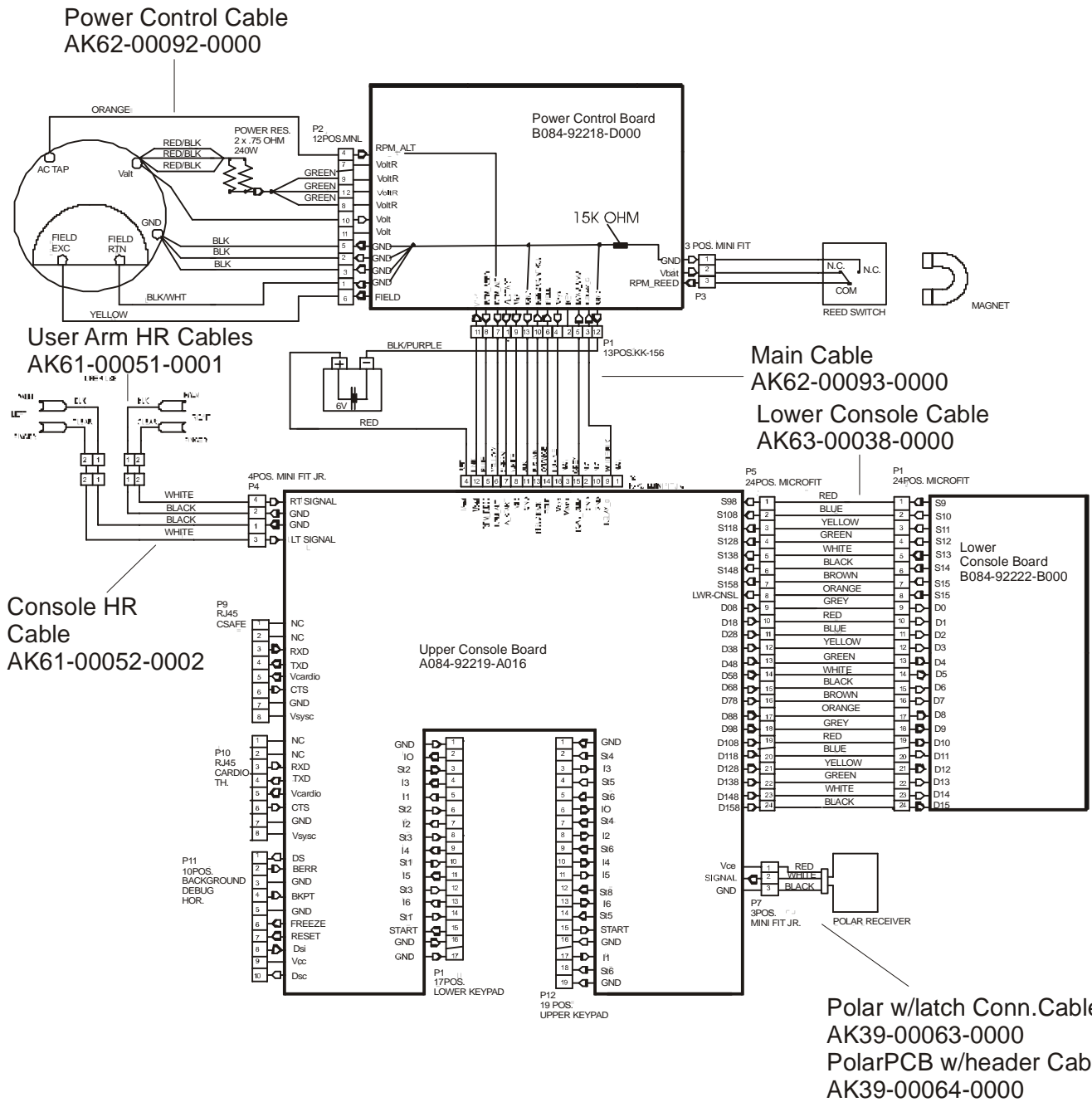
95XW-0XXX-03
S/N AXF100000 and up



ARCTIC SILVER QUIET DRIVE 95XW

Cables

95XW-0XXX-03
S/N AXF10000 and up



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