

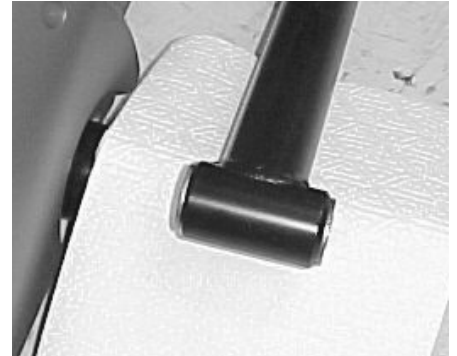
Life Fitness Rear-Drive Cross-Trainers

How To... Install the Clevis Repair Kit

Service Tools Require: Phillips Screwdriver, Wire Brush & Two 9/16" Wrenches

Service Kit: GK61-00002-0046

1. Remove the FRONT and REAR PLASTIC CLEVIS COVERS from one CLEVIS JOINT. Discard the SCREWS.
2. Pad the FRONT STABILIZER TUBE to prevent it and the PEDAL LEVER from getting scratched when the PEDAL LEVER is disconnected and lowered.
3. Remove the BOLT and NUT securing the PEDAL LEVER and ROCKER ARM. Lower the PEDAL LEVER onto the FRONT STABILIZER TUBE.
4. Remove and discard the existing SHAFT from the PEDAL LEVER. If required, use a punch or another old shaft to drive out the existing shaft from the PEDAL LEVER.



Pad over the Front Stabilizer

5. Using a wire brush or emery cloth, clean the inside of the ROCKER ARM at the CLEVIS HORSESHOE BRACKET.
6. Clean all parts with a provided alcohol pad.



Cleaning the Clevis Horseshoe

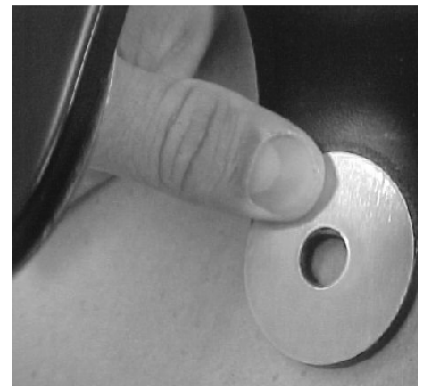
7. Install the smooth surface side of the URETHANE BAND over the ROCKER ARM,

Note: To facilitate installation of the URETHANE BAND, run it under hot water, or apply alcohol to the smooth inside surface. In either case, stretch the URETHANE BAND over the CLEVIS HORSESHOE BRACKET, and then slip it upward approximately 2" on the ROCKER ARM.



Stretching the Urethane Band

8. Remove paper backing from each of the STAINLESS STEEL WASHERS. Press the adhesive side of the washer to the masked area on either inside surface of the HORSESHOE BRACKET. Make sure the holes are aligned and press firmly to ensure good adhesive contact to the masked area.



Installing the Stainless Steel Washers

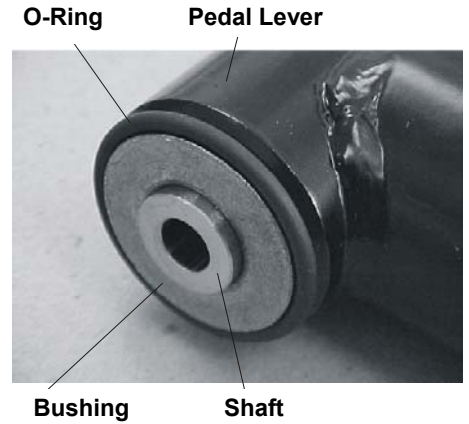
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How To... Install the Clevis Repair Kit (Continued)

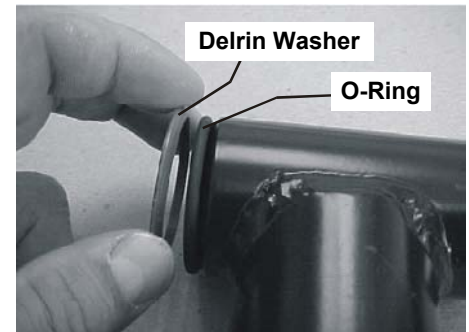
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- 9. Install the new SHAFT provided into the PEDAL LEVER BUSHINGS.
- 10. Install the new RUBBER O-RINGS onto the shoulder of the BUSHINGS.



- 11. Insert the beveled edge of the DELRIN WASHER over the BUSHING and under the new RUBBER O-RING.
- 12. Compress the DELRIN WASHERS on both sides of the PEDAL LEVER and insert the PEDAL LEVER into the CLEVIS HORSESHOE BRACKET.
- 13. Align the holes of the PEDAL ARM and ROCKER ARM, and re-install the previously removed BOLT and NUT. Tighten the BOLT and NUT securely



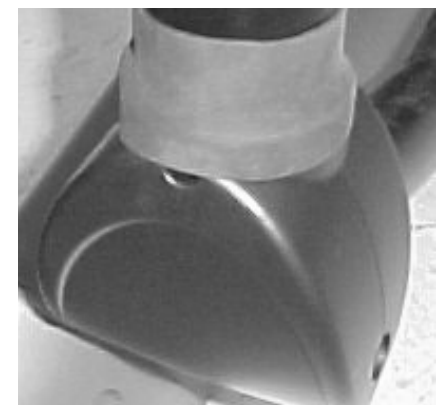
- 14. Position the urethane band just above where the clevis covers.
- 15. Using the provided SCREWS, re-install the FRONT and REAR PLASTIC CLEVIS COVERS.
- 16. Pull the URETHANE BAND down over the CLEVIS COVER as far as possible.
- 17. Repeat the procedure for the remaining CLEVIS JOINT.



Installing the Pedal Lever



Position the Urethane Band



Stretch the Urethane Band Over the Clevis Covers

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