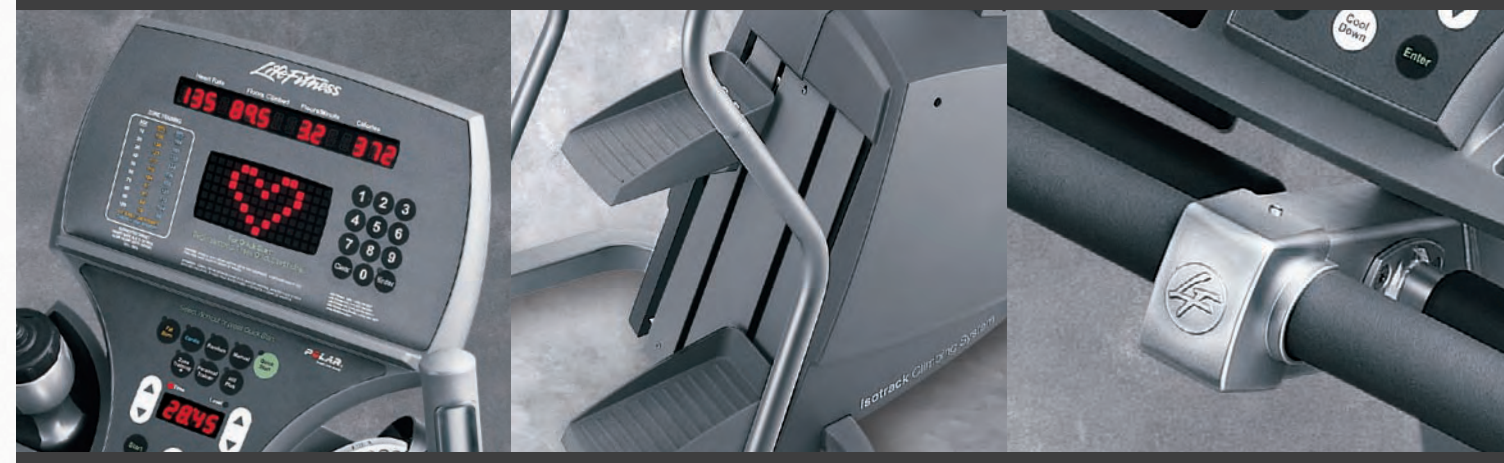




955e



STAIRCLIMBERS

Step up to a full line of cardio

Stairclimbers complete our family of cardio products and add even more depth to your offering. The technology and ergonomic design of these virtually maintenance-free, self-powered, independent-motion stairclimbers will give your facility a leg up on the competition.

Performance Features

- **SMOOTH-STEPPING EXERCISE**
The IsoTrack™ climbing system with mono-roller, belt-driven design ensures a smooth, low-impact exercise experience.
- **HEART RATE MONITORING**
Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the ergonomically correct handlebars to provide precise heart rate monitoring, and Polar telemetry provides accurate, “hands-free” heart rate monitoring.
- **MOTIVATING WORKOUT VARIETY**
Zone Training+™ workouts automatically adjust the resistance level to keep users in their target heart rate zone. Goal-based workouts and interval workouts keep users motivated.
- **SELF-POWERED CONVENIENCE**
You can place your stairclimbers anywhere in your facility.
- **PLUG-IN OPTION**
Provides a lower operating resistance, which appeals to novice and deconditioned users.

(See specifications on page 67 for plug-in option availability.)

- **ERGONOMIC EXPERTISE**
The ergonomically angled linear slide mechanism mimics a natural stepping motion and develops each leg independently for balanced results. Handlebars provide support and help ensure biomechanically correct posture.

HIGHLIGHTED FEATURE

- **SUPERIOR BELT-DRIVEN SYSTEM**



Exercisers get the smooth, popular independent stepping action they want, and you get the virtually maintenance-free belt-drive system you need. Only Life Fitness combines these great features in one outstanding stairclimbing machine.

See specifications on page 67 for feature availability. Models with Personal Entertainment Solutions require external power source.



□ 955e

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- E³ Integrated LCD™ System with Touch Screen Technology
 - FM radio-ready; up to 180 available TV channels
 - Workout Landscape™ Perspectives; Pace Goal
- Heart Rate Monitoring: Lifepulse™ hand sensors and Polar® telemetry
- 26 workouts, including 5 ZoneTraining+™ workouts and Fit Test protocol
- Up to 13 different languages
- Integrated reading rack and accessory holder



□ 955i

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- Dual-level alphanumeric LED console
- Heart Rate Monitoring: Lifepulse™ hand sensors and Polar® telemetry
- 26 workouts, including 5 ZoneTraining+™ workouts and Fit Test protocol
- Up to 9 different languages
- Integrated reading rack and accessory holder
- Self-powered; optional plug-in accessory
- Available with Attachable TV with E-Z TV™ Console or Attachable TV System*



□ 935i

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- Alphanumeric LED console
- Heart Rate Monitoring: Lifepulse™ hand sensors and optional Polar® telemetry in North America
- 15 workouts, including 2 ZoneTraining+™ workouts and Fit Test protocols
- Up to 9 different languages
- Integrated reading rack and accessory holder
- Self-powered; optional plug-in accessory
- Available with Attachable TV System*



□ 905

- IsoTrack™ Climbing System
- Optional ergonomically designed handlebars for support and proper upright position
- Alphanumeric LED console
- Heart Rate Monitoring: Lifepulse™ hand sensors and optional Polar® telemetry in North America
- 6 workouts
- Up to 9 different languages
- Integrated reading rack and optional accessory tray
- Self-powered
- Available with Attachable TV System*

Stairclimbers

KEY:

• Standard ○ Optional – Unavailable

	95Se	95Si	93Si	90S
HEART RATE MONITORING				
Polar® Telemetry (chest strap required)	•	•	•	○
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)	•	•	•	•
WORKOUTS				
Manual, Quick Start	•	•	•	•
Zone Training+™ Heart Rate Workouts	•	•	•	–
- Cardio, Fat Burn	•	•	•	–
- Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate	•	•	–	–
Interval Workouts:	•	•	•	•
- Hill, Random	•	•	•	•
- Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed Training	•	•	•	–
Goal Workouts	•	•	•	•
- Watts, METs	•	•	•	•
- Calories, Distance, Time in Zone	•	•	–	–
Custom Workouts: 6	•	•	–	–
Fitness Test Protocols	•	•	•	–
- Fit Test	•	•	•	–
Customized Cool Down	•	•	•	•
DISPLAY READOUT				
Elapsed Time, Total Calories Burned, Workout Profile, Resistance Level, Floors Per Minute, Total Floors Climbed	•	•	•	•
Calories Burned Per Hour, Watts, METs	•	•	•	–
Heart Rate	•	•	•	•
Language Choices*	13	9	9	9
DISPLAY TYPE				
E ⁺ Integrated LCD™ System: For more information see page 69	•	–	–	–
LED	–	•	–	–
- Alphanumeric message center, workout profile and lower level time/level display	–	•	–	–
- Alphanumeric message center and workout profile	–	–	•	•
Numeric Keypad	–	•	–	–
SPECIAL FEATURES				
IsoTrack™ Climbing System	•	•	•	•
Integrated Reading Rack	•	•	•	•
Integrated Accessory Holder	•	•	•	○
Support Handlebars	•	•	•	○
Oversized Non-slip Pedals	•	•	•	•
Front Wheels for Easy Mobility	•	•	•	•
On-the-Fly Programming	•	•	•	–
Resistance Levels	21	20	20	20
Plug-in Accessory	•	○	○	○
Service Enhancements: Manager's Optional Settings and Service Diagnostics	•	•	•	•
Networking Capabilities: CSAFE-Ready, FitLinxx™ Certified	•	•	•	•
Attachable TV Personal Entertainment Solutions: For more information see page 69	–	○	○	○
TECHNICAL SPECIFICATIONS				
Maximum User Weight: 350 lbs (160 kg)	•	•	•	•
Power Requirements	•	○	–	–
- AC power line, 115 volt, 15 amp (voltage may vary outside U.S.)	•	○	–	–
- Self-Powered	–	•	•	•
- Auto Start: brings power to console when user begins pedaling	•	•	•	–
Length	50" (127 cm)			
Width	32" (81 cm)			
Height	64.5" (164 cm)			
Unit Weight	170 lbs (77 kg)	165 lbs (75 kg)	155 lbs (70 kg)	155 lbs (70 kg)
Warranty**	•	•	•	•
- 2-year limited warranty on all mechanical and electrical components	•	•	•	•
- 1-year labor	•	•	•	–
- Attachable LCD Entertainment System option: 2-year electrical and mechanical parts; 90-day labor	–	•	•	•

*Japanese available with Complex Character Display (CCD) console. **Warranties outside the U.S. may vary. Specifications subject to change.

Free Manuals Download Website

<http://myh66.com>

<http://usermanuals.us>

<http://www.somanuals.com>

<http://www.4manuals.cc>

<http://www.manual-lib.com>

<http://www.404manual.com>

<http://www.luxmanual.com>

<http://aubethermostatmanual.com>

Golf course search by state

<http://golfingnear.com>

Email search by domain

<http://emailbydomain.com>

Auto manuals search

<http://auto.somanuals.com>

TV manuals search

<http://tv.somanuals.com>