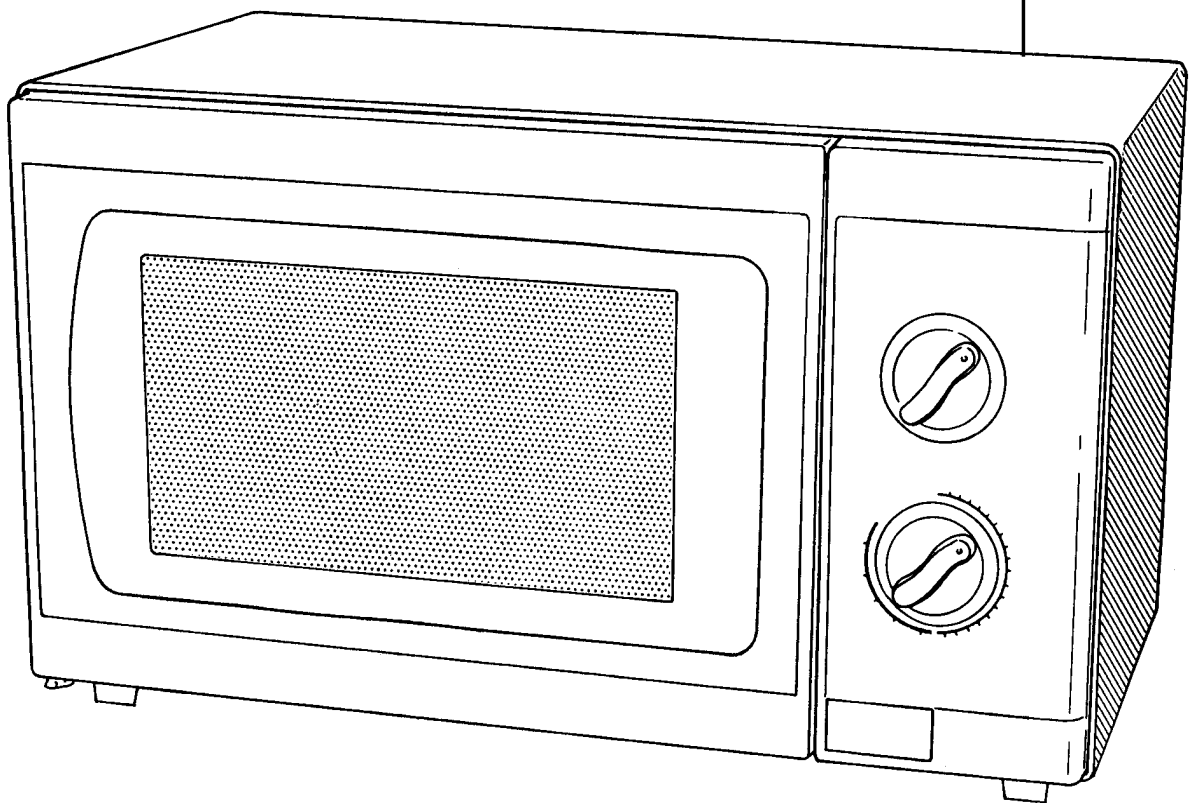


# Instruction for Use

**PMO-500**



For customer service or product assistancs  
please telephone our call centre  
1300 657 888

---

**ENGLISH****Content**

	page		page
Electrical connection	1	How to choose power level?	5
Before you operate the oven	1	Working with microwaves	5
Important when using your microwave oven	2	Technical specifications	10
Control panel and symbol description	3	Electrical connection	10
Standard accessories	4	Maintenance	11
Time and power	4	Service	11
Cooking interruption	5	Declaration of conformity	11

---

## Electrical connection

**Prior to connecting**, check that the voltage on the rating plate corresponds to the voltage in your home.

**The earthing of this appliance** is compulsory by law. The manufacturer will accept no responsibility for injury to persons or damage to objects arising from the non-observance of this requirement.

### WARNING!

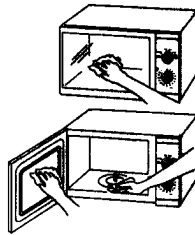
**THIS APPLIANCE MUST BE EARTHED**

## Before you operate the oven

**Please read the** instructions and guarantee information and keep for future reference.

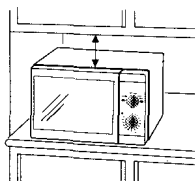
**Please complete the guarantee card** and send to our Service Department.

**Make sure that the appliance is not damaged.** Check that the oven door closes firmly against the door support and that the internal door seal is not damaged. Empty the oven and clean inside it with a soft, damp cloth.

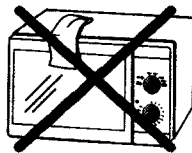


**Place the oven on a stable, even surface** that is strong enough to hold the oven and the food utensils you put in it. The control side of the unit is the heavy side. Use care when handling.

**Place the oven at a distance** from other heating sources. The cooling air, which is taken in by the oven, must not exceed 35°C temperature. For sufficient ventilation there must be a space of at least 10 cm above the oven.

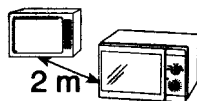


**The ventilation openings** on the oven must not be covered. Blocking the air intake or exhaust vents may cause damage to the oven and poor cooking results. Make sure the microwave oven feet are in place to ensure proper airflow.



The oven can be operated only if the oven door is firmly closed.

**Poor television reception** and radio interference may result if the oven is located close to a TV, radio or aerial.



**The packaging material** is recyclable and marked with the symbol for recycling ♻.

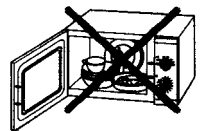
**Do not operate this appliance** if it has a damaged mains cord or plug, if it is not working properly, or if it has been damaged or dropped. Electrical shock, fire or other hazards may result.

**Do not immerse** the mains cord or plug in water. Keep the cord away from hot surfaces.

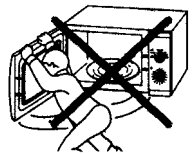
**Do not let the mains cord** hang over edge of table or counter.

**Do not store or use** this appliance outdoors. Do not use this product near a kitchen sink, in a wet basement, or near a swimming pool, or similar.

**Do not use the cavity** for storage purposes. **Do not leave** paper products, cooking utensils, or food in the cavity when not in use.



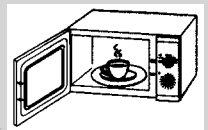
**Never lean on the door** or allow a child to swing on it when the door is open. Injury could result.



### WARNING!

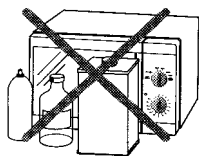
**The appliance should not be operated** without food in the oven when using microwaves. Operating in this manner is likely to damage the appliance.

**If you practice operating** the oven, put a glass of water inside. The water will absorb the microwave energy and the oven will not be damaged.



## Important when using your microwave oven

**Do not heat, store or use flammable materials** in or near the oven. Fumes can create a fire hazard or explosion.

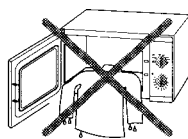


**Use this appliance only** for its intended use as described in this manual.

**Do not use** corrosive chemicals or vapours in this appliance. This type of oven is specifically designed to heat or cook food. It is not designed for industrial or laboratory use.

**Do not over-cook food.** Fire could result.

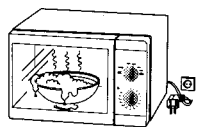
**Do not use your microwave** oven for drying textiles, paper, spices, herbs, wood, flowers, fruit or other combustible materials. Fire could result.



**Do not leave the oven unattended,** especially when using paper, plastic or other combustible materials in the cooking process. Paper can char or burn, and some plastics can melt if used when heating foods. As with any appliance, close supervision is necessary when used by children.

**Remove wire twist-ties** from paper or plastic bags before placing bag in the oven.

**If material inside the oven should ignite,** keep oven door closed, turn the oven off and disconnect the power cord or shut off power at the fuse or circuit breaker panel.

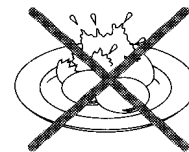


**When heating liquids,** e.g. beverages or water in your microwave oven, overheating the liquid beyond boiling point can occur without evidence of bubbling. This could result in a sudden boil over of the hot liquid.

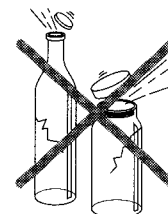
To prevent this possibility the following steps should be taken:

1. Avoid using straight-sided containers with narrow necks.
2. Stir the liquid before placing the container in the oven and let the teaspoon remain in the container.
3. After heating, allow to stand for a short time, stirring again before carefully removing the container from the oven.

**Do not use your microwave** oven for cooking or reheating whole eggs with or without shell.



**Do not use your microwave** oven for heating food or liquids in airtight sealed containers. The pressure increases and may cause damage when opening or may explode.



**Some foods** which has a low water content e.g. oil, chocolate and some pastries with sweet fillings, must be heated carefully.

**Do not use your microwave** oven for deep frying, because you cannot control the oil temperature.

**One of the major advantages** of microwave ovens is the short cooking time. Therefore, do not exceed recommended times for cooking or re-heating food.

**Always refer** to a microwave cookbook for details. Especially, if cooking or reheating food that contains alcohol.

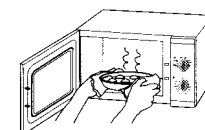
**After heating baby food** or liquids in a baby bottle, always stir and check the temperature before serving. This will ensure that the heat is evenly distributed and the risk of scalding or burns can be avoided.

**Ensure** the Lid and the Teat is removed before heating!

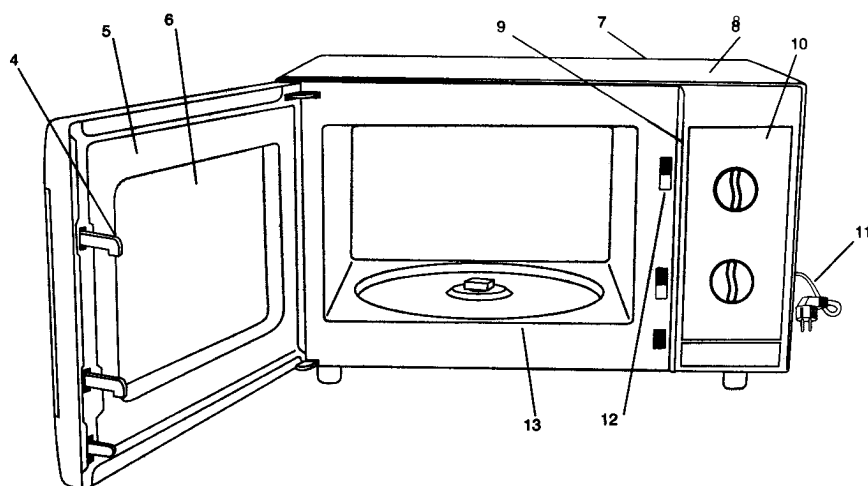
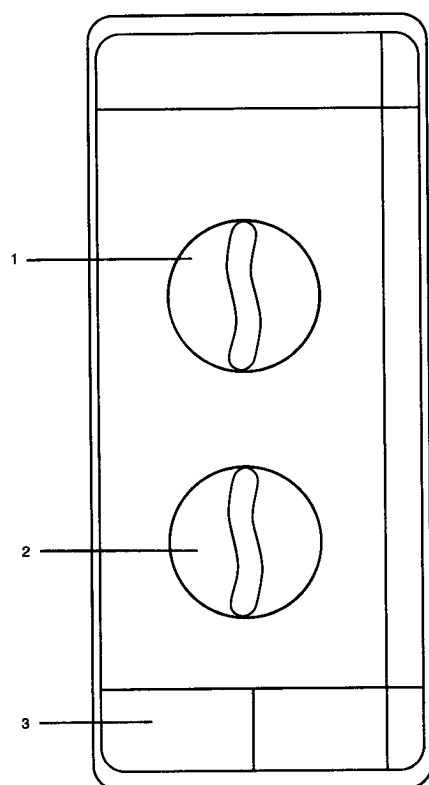


**Use hot pads.** Microwave energy does not heat containers, but the hot food does.

**Use oven mitts** when touching containers, oven parts, and pan after cooking to prevent burns.



## Control panel and symbol description



**1 Power knob.** Use this knob to set the desired power level.

**2 Timer knob.** 0-60 minutes. Use - this knob to set the cooking time.

**3 Open door**

**4 Door latches**

**5 Door seal**

**6 Door glass**

**7 Ventilation openings**

**8 Cabinet**

**9 Service code**

**10 Control panel**

**11 Mains cord**

**12 Door locks**

**13 Roller Cross Locator**



**Cooking time symbol**



**Microwave symbol**



**Defrost symbol**



**Acoustic signal**

## Standard accessories

### Turn table support

Use the **Turn table support** under the Glass Turn-table. Never put other utensils than the Glass Turn-table directly on the Turn table support. The Turn table support may be cleaned in dishwashers.

\* Fit the Turn table support on its locator in the oven.



### Glass turn-table

Use the **Glass Turn-table** with all cooking methods. The Glass Turn-table collects the dripping juices and food particles that otherwise would stain and soil the interior of the oven. The Glass Turn-table may be cleaned in dishwashers.

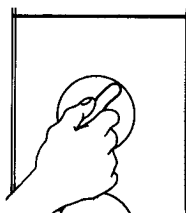
\* Place the Glass Turn-table on the Turn table support.



## Time and power

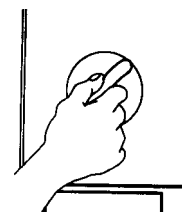
### How to use time and power

1. Turn the **POWER** knob to select a desired Power level.



2. Turn the **TIMER** knob until the required time is indicated.

- \* The Cooking process begins.
- \* The Cavity lamp lights up.
- \* The Fan operates.



Note:  
Both Time and Power are possible to change during cooking.

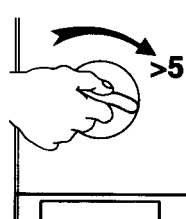


When the cooking time has elapsed an acoustic signal sounds and the cooking process is switched off.

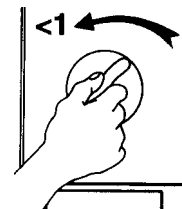
### How to set times less than 1 minute

1. Turn the **TIMER** knob past the 5 minute mark.

- \* The Cooking process begins.
- \* The Cavity lamp lights up.
- \* The Fan operates.



2. Turn the **TIMER** knob back to the desired time.



When the cooking time has elapsed an acoustic signal sounds and the cooking process is switched off.

## Cooking interruption

### To interrupt the cooking process:

If you wish to check, stir or turn the food just open the door and the cooking process automatically stops.

### To restart the cooking process:

Close the door. The oven starts automatically.

**Note:** The cooking process continues from where it was interrupted.

### If you don't want to continue cooking:

Remove the food, turn the TIMER knob to "0" and close the door.

### If you don't interrupt the cooking process:

When the cooking process is finished an acoustic signal sounds and the cooking process is switched off.



### Note:

It is possible to change both time and power during cooking.

## How to choose power level?

### High

- Fast reheat of beverages, water, clear soups, coffee, tea or other food with a high water content. If the food contains egg or cream choose a lower power.
- To be used for cooking of vegetables, fish, meat etc.

### Med High

- To be used when cooking dishes not possible to stir.
- To be used when more careful cooking is required e.g. high protein sauces, cheese and egg dishes and to finish cooking casseroles.

### Medium

- To be used when simmering stews.

### Defrost

- To be used for manual defrosting.

### Warm

- Keep warm. To be used for softening butter, cheese and ice cream.

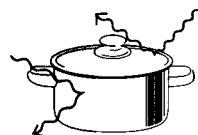
## Working with microwaves

### Microwaves - what are they?

**Microwaves are like TV waves** or light waves. You cannot see them, but you can see their effect.

Just like ordinary daylight passes through glass, clear plastic and air, the microwaves have the ability to go through materials like paper, glass, porcelain, plastic and air.

These materials do not contain water or metal and will consequently not be heated up by the microwaves. The microwaves are reflected by metal in the same way as light is reflected by a mirror.



**Food always contains water.** When we heat the food with microwaves the water molecules in the food are excited and heat is produced. The microwaves reach into the food and at the same time enters the food from all directions.



Microwave heating

That's why the food is heated so rapidly.

**You save time** when cooking with a microwave oven. You usually also save energy, especially when cooking small amounts of food.

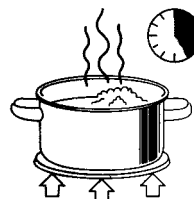
If you boil fish in a sauce-pan with water, the electrical energy must first heat the hot-plate. The heat must transfer from the hot-plate to the sauce-pan and from the sauce-pan to the water which then will heat the fish.

In a microwave oven the electrical energy is converted to microwaves and almost all of the microwave energy is then converted to heat inside the food

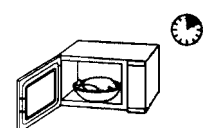
**When we heat food** with infra waves (Grill or hot air), in a normal oven, the heat is applied on the surface of the food and then conducts (transfers) to the centre of the food. Food has a rather poor ability to conduct heat and it therefore takes a long time to heat the food.



Grill heating



Cook time  
20 - 25 min.



Cook time  
10 min.

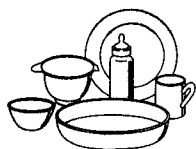
## Which utensils can be used in the oven?

**Utensils and cooking containers** used in a microwave oven should be of a material that allows microwaves to pass freely through them. Generally this means that you should cook in either (paper), plastic, glass or ceramic.

**Utensils made of china** and ceramic are excellent to use in your microwave oven. Most types of glass are also very good. Lead crystal glass can crack and should therefore, not be used. Coloured glass or glass with decorations shall be avoided since metal e.g. gold, might be part of the decoration and such decorations will be damaged.

**Plastics and paper** can also be used, provided they can withstand the temperature of the heated food. For cooking only use plastics, which will withstand a temperature of over 120° C. Some plastic materials, e.g. melamine, will be heated by the microwaves, and be damaged.

**Round or oval shapes** give the most even cooking. Square or rectangular containers may over-cook foods in the corners because more energy is absorbed there. Shallow containers give more even cooking results.



Suitable



Not suitable

**Metal containers**, e.g. saucepans or frying pans should not be used in microwave ovens.

**Microwaves cannot penetrate metal.** They will bounce off any metal object in the oven just as they bounce off the metal walls of the oven and cause "arcing", a phenomenon that resembles lightning.

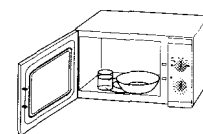
**Small pieces of aluminium foil** can be used, but only to shield the areas that would over-cook (e.g. for covering chicken wings, leg tips and fish tails) but the foil must not touch the side of the oven as arcing (damage) may occur.

Material	Microwave cooking
Glass (general)	Yes (1)
Glass (heat resistant)	Yes
Glass-ceramic and ceramic (heat resistant)	Yes (1)
Earthenware	Yes
China (heat resistant)	Yes
Plastic (general)	Yes (2)
Plastic (heat resistant)	Yes (2)
Aluminium foil containers / aluminium foil	Yes (3)
Metal (pots or pans)	No
Paper	Yes

1. Without metal parts or metal trims.
2. Some plastics are heat-proof only to certain temperatures.
3. It is possible to use aluminium foil to shield delicate areas of food (this prevents over-cooking).

**To find out if a certain container is suitable, the following simple test can be made:**

Place the empty container and a glass of water inside the microwave oven. The water is needed because the oven must not be operated empty or with empty containers. Let the oven work on full power for one minute. A suitable container will only be lukewarm.



### CAUTION!

**There are** a number of accessories available on the market. Before you buy, make sure they are suitable for microwave use.

**When you put food** in the microwave oven, make sure that food, food supports or covering do not come in direct contact with any of the internal walls or the ceiling of the cavity.

## Aluminium foil containers and microwaves

**It is now possible** to use disposable aluminium foil containers in this new generation of microwave ovens, providing these simple rules are followed:

- \* Always remove foil-laminated fibre board lid from the container before heating, otherwise oven damage can occur.
- \* Only undamaged foil containers may be used.
- \* Aluminium foil containers with a height exceeding 3 cm should be avoided and the container must be at least 2/3 full.
- \* There must be a minimum of 1 cm between the aluminium foil container and the walls of the oven, to avoid sparking.

\* Aluminium foil containers should always be used singly in a microwave oven, and placed on the glass turn-table provided.

- \* Follow the instructions provided by the food producer to ensure thorough heating of the food product throughout. If you are using a foil container for self produced foods they may take longer to heat than when using plastic, glass, porcelain or paper containers. Always ensure the food is piping hot (minimum 72° C) before serving.

**A useful tip** is to place the foil container in a heat resisting glass or plastic bowl, adding some hot water (not more than 1 cm deep) to provide heating for the foil container base. Stir if appropriate or let the food stand for 2-3 minutes after heating, to assist heat distribution within the container.



## Hints

### Points to remember when defrosting manually

- \* The shape of the package alters the defrosting time. Shallow rectangular packets defrost more quickly than a deep block.
- \* Separate pieces as they begin to defrost; free-flow slices defrost more easily.
- \* Shield areas of food with small pieces of foil if they start to become warm. Wooden toothpicks may be used to hold the foil in place.
- \* When defrosting, it is better to under-thaw the food slightly and allow the process to finish during the standing time.

### The amount of food

The more food you want to prepare the longer it takes. A rule of thumb is that double amount of food requires almost double the time. If one potato takes four minutes to cook, approximately seven minutes are required to cook two potatoes.

### Moisture content:

Because microwaves are attracted to moisture, cooking time will vary according to water content. Naturally moist foods such as vegetables, fish and poultry will cook quickly and evenly; drier foods such as rice or dried beans require added moisture for microwave cooking.

### Condensation:

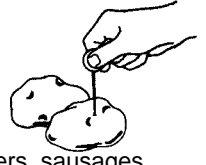
Humidity and moisture in foods will sometimes cause condensation on the walls of the oven or inside the door. This is normal with cooking. Generally, covered foods will cause less condensation than uncovered foods.

### Sugar:

When cooking foods with a high sugar or fat content, such as Christmas pudding, mince pies and fruit cake follow the recommended cooking instructions carefully. Exceeding the recommended cooking times may result in burning of the food and damage to the oven.

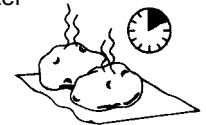
### Releasing pressure in foods

Several foods are tightly covered by a skin or membrane. These foods should be pricked with a fork or cocktail stick to relieve the pressure and to prevent bursting, as steam builds-up within them during cooking. This applies to jacket potatoes, potatoes, chicken livers, sausages, egg yolks and some fruits.



### Standing time

Always allow the food to stand for some time after using the oven. Standing time after defrosting, cooking/reheating always improves the result since the temperature will then be evenly distributed through out the food.

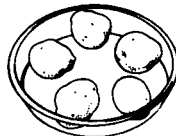


In a microwave oven foods continue to cook even when the microwave energy is turned off. They are no longer cooked by microwaves, but they are still being cooked by the conduction of the high residual heat to the centre of the food. The length of the standing time depends on the volume and density of the food. Sometimes it can be as short as the time it takes you to remove the food from the oven and take it to the serving table. However, with larger, denser foods, the standing time may be as long as 10 minutes. The food will finish cooking during this time.

## Arranging Food

**The best results** are achieved if the food is evenly distributed on the plate. This is done in several ways in microwave cooking to give more even cooking results.

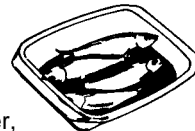
**If you are cooking** several items of the same food such as jacket potatoes, place them in a ring pattern for uniform cooking.



**When cooking foods** of uneven shapes or thickness, place the smaller or thinner area of the food towards the centre of the dish where it will be heated last.

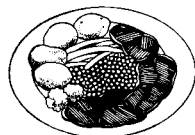


**Uneven foods** such as fish should be arranged in the oven with the tails to the centre.



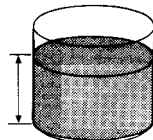
**If you are saving** a meal in the refrigerator or "plating" a meal for reheating, arrange the thicker, denser foods to the outside of the plate and the thinner or less dense foods in the middle.

**Place thin slices** of meat on top of each other or interlace them.



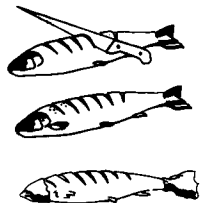
**Thicker slices** such as meat loaf and sausages have to be placed close to each other.

**Gravy or sauce** should be reheated in a separate container.



**Choose a tall, narrow container** rather than a low and wide container. When reheating gravy, sauce or soup, do not fill the container more than 2/3

**When you cook** or reheat whole fish, score the skin - this prevents cracking.



**Shield the tail** and head with small pieces of foil to prevent over-cooking but ensure the foil does not touch the sides of the oven.

### Composition of the food

Food with a lot of fat and sugar will be heated faster than food containing a lot of water. Fat and sugar will also reach a higher temperature than water in the cooking process. The more dense the food, the longer it takes to heat. "Very dense" food like meat takes longer time to reheat than lighter, more porous food like bread.

### Size and shape

Smaller pieces of food will cook faster than larger pieces and uniform pieces of food cook more evenly than irregularly shaped foods. To ensure even cooking, cut all pieces of food into similar sizes and shapes.

### Stirring, turning of foods during cooking

Stirring and turning of foods are techniques used in conventional as well as in microwave cooking to distribute the heat quickly to the centre of the dish and avoids over-cooking at the outer edges of the food. turning foods is especially important here because it allows for more even cooking. As in conventional cooking, foods such as roasts need to be elevated so they are not allowed to steam in their own juices.

## COOKING CHART

Food	Power level	Cooking time
<b>BEEF</b>		
1 lb (500g) ground beef	750W	3-5 minutes
1 lb (500g) meatballs	750W	9-12 minutes
1 lb (500g) hamburgers	750W	4-5 minutes
1 lb (500g) meat loaf	750W	15-20 minutes
Steaks	750W	2-4 minutes per lb (500g)
<b>PORK</b>		
Bacon	750W	1/2-3/4 minutes per slice
1/2 lb (225g) pork sausages, raw	750W	2-4 minutes
Pork chops	750W	10-12 minutes per lb (500g)
Pork roast	750W	10-12 minutes per lb (500g)
<b>LAMB</b>		
Roast leg or shoulder	500-750W	8-10 minutes per lb (500g)
<b>VEAL</b>		
Roast shoulder	500-750W	9-10 minutes per lb (500g)
Lamb/veal cutlets/chops (3-4 pieces)	750W	6-8 minutes
<b>POULTRY</b>		
Chicken pieces	750W	2-3 minutes per piece
Whole chicken	750W	9-10 minutes per lb (500g)
Stewing, cut up	500W	12-14 minutes per lb (500g)
Turkey breasts	500W	8-9 minutes per lb (500g)
<b>FISH</b>		
1 lb (500g) fillets/steaks	750W	7-9 minutes
1 lb (500g) whole fish	750W	7-9 minutes
<b>EGGS</b>		
Scrambled	750W	1-2 minutes per egg
Poached	750W	1-2 minutes per egg
Omelette	750W	3/4-1 1/2 minutes to melt butter 1-2 minutes per egg
Custard (8x8 in) (20x20 cm)	500W	15-19 minutes
<b>VEGETABLES</b>		
Vegetables (1-2 lb) (500-1000g) water 1/4 cup	750W	8-19 minutes
Potatoes (1 lb) (500g) baked	750W	8-16 minutes
Corn-on-the-cob		
- fresh husk 2	750W	5-5 1/2 minutes
- frozen 2	750W	4-6 minutes
<b>CEREAL</b>		
1/2 cup quick oatmeal, water 1 cup	750W	1-2 minutes
1/2 cup long cooking oatmeal, water 1 cup	750W	2-5 minutes
1/2 cup cornmeal, water 2 cups	750W	2-3 minutes
<b>CAKES</b>		
Carrot cake (10x6 in) (25cm x 15cm)	750W	9-12 minutes
Basic butter or chocolate 8-1/2 in (21cm) round dish	750W	5-6 minutes
Ring cake	750W	5-5 1/2 minutes
Cupcakes (6)	350W	2-2 1/2 minutes
Bar cookies 8 in (20cm) square dish	500W	3-6 minutes
<b>SOUP/BEVERAGE</b>		
1 cup water based	750W	1-2 minutes
1 cup milk based	500W	1-2 minutes

## DEFROSTING CHART

Food	Recommended Time	Suggestions
<b>MEAT</b>		
1 pack bacon	2-3 1/2 minutes	Leave packages unopened when defrosting. Microwave till foods can be separated.
Frankfurters	2-3 1/2 minutes per lb (500g)	"
Spare-ribs	5-6 minutes per lb (500g)	"
Ground meat	6-8 minutes per lb (500g)	Turn over after half of defrosting time.
Roast beef	4-6 minutes per lb (500g)	Unwrap roast and place in cooking dish. Defrost till half of defrosting time and turn it over. Stand for ten minutes
Pork	7-9 minutes per lb (500g)	"
Lamb	7-9 minutes per lb (500g)	"
Steaks, chops and cutlets	3-6 minutes per lb (500g)	Separate pieces after half of defrosting time.
Sausages	3-4 minutes per lb (500g)	Turn over after half of defrosting time.
<b>POULTRY</b>		
1 whole chicken		
(2 1/2-3 1/2 lb)		
(1 1/4-1 1/2 kg)	13-16 minutes	Place wrapped whole bird in oven when defrosting.
Turkey	6-8 minutes per lb (500g)	"
Chicken pieces	4-6 minutes per lb (500g)	Separate during half of defrosting time. Stand to complete defrosting
Turkey parts	6-8 minutes per lb (500g)	"
<b>FISH AND SEAFOOD</b>		
1 lb (500g) fillets	6-7 minutes	Leave package unopened when defrosting. Stand in cold water to separate
1 lb (500g) steaks	1-2 minutes	No manipulation
8-10 oz (225-282) whole fish	2-4 minutes	Place fish in cooking dish. Turn over once half way through defrosting time. Rinse cavity of fish with cold water.
1 lb (500g) small pieces of seafood, e.g. shellfish, shrimps, crab meat, oysters, etc.	4-6 minutes	Break-up after half of defrosting time.
6-9 oz (170-255g) lobster tails	4-6 minutes	No manipulation
1 1/2 lb (750g) whole lobster or crab	12-13 minutes	Turn over after half of defrosting time
<b>BREAD AND CAKES</b>		
7 oz-1 lb (190-500g) bread, buns, rolls	1-3 minutes	
Doughnuts	1/4 minute each	
12-17 oz (340-482g) pound cake/coffee cake, frosted, cream filled, or topped	1-3 minutes	
17-19 oz (482-539g) cheesecake	3-5 minutes	
8 in (20 cm) fruit or nut pie	6-7 minutes	
14 oz (395g) cream or custard pie	1-2 minutes	
Cup cakes	1/4/3/4 minute	
<b>VEGETABLES</b>		
Vegetables are preferably cooked from frozen. Add 1-2 tablespoons of water		

## RE-HEATING CHART

	Food	Power level	Cooking time
1 serving	Plate of food	750W	2-3 minutes
1-2 servings	Saucy main dish	750W	7-9 minutes
2-4 servings	Thick meat slices, such as hamburgers, meat loaf slices	750W	3-5 minutes
2-3 servings	Thin meat slices, such as beef, ham, pork, turkey	500W	2-3 minutes
2-3 servings	Chicken pieces	500W	3-4 minutes
2 servings	Casserole	500W	9-12 minutes
2 servings	Vegetables	750W	3-4 minutes
1-2 ears	Corn-on-the-cob	750W	3-4 minutes
2-3	Rolls	750W	3/4-1 minute
1	Whole pie	750W	3-7 minutes
1-2 slices	Pie	750W	1-2 minutes
3-4	Sausages	750W	1-2 minutes
4	Hot dogs	750W	1-2 minutes

## Electrical connection

### FOR THE REPUBLIC OF IRELAND ONLY

The information given in respect of Great Britain will frequently apply, but a third type of plug and socket is also used, the 2-pin, side earth type. In this case, the wire which is coloured GREEN AND YELLOW MUST BE CONNECTED TO THE EARTH contact and the other two wires to the pins, irrespective of colour. The supply to the socket must be fitted with a 16 Amp fuse.

For replacement fuse covers please consult your guarantee card for the address of your local Service Centre. Please state the colour of the plug insert.

### WARNING!

**THIS APPLIANCE MUST BE EARTHED**

## Electrical connection

### FOR GREAT BRITAIN ONLY

Prior to connecting, check that the voltage on the rating plate corresponds to the voltage in your home. Then follow the appropriate procedure for wiring.

The earthing of this appliance is compulsory by law. The manufacturer will accept no responsibility for injury to persons or damage to objects arising from the non-observance of this requirement.

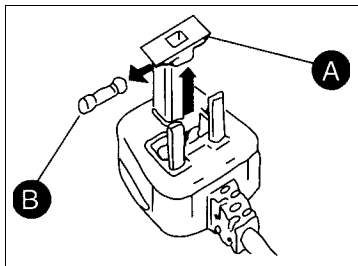
### WARNING!

**THIS APPLIANCE MUST BE EARTHED**

MOULDED PLUGS For Great Britain only

This appliance is fitted with a B.S. 1363A 13 Amp fused plug. To change a fuse in this type of plug proceed as follows:

1. Remove the fuse cover (A) and the fuse (B).
2. Fit a replacement fuse which should be a BS 1362 13A.A.S.T.A. item (B).



#### Important:

- \* The fuse cover must be refitted when changing a fuse.
- \* In the event of a fuse cover being misplaced, the plug must not be used until a correct replacement is fitted.
- \* Please ensure that the replacement fuse cover is of the same colour as the insert or, as the colour embossed in words on the base of the plug.

For replacement fuse covers please contact your local electrical store.

Please state the colour of the plug insert.

If the fitted plug is not suitable for your socket outlets, it must be disposed of in order to avoid a shock hazard.

A suitable alternative plug should then be fitted to the cable.


A suitable plug should be fitted to the mains cable. If a 13 Amp plug is to be fitted, then a 13 Amp fuse should be used in the plug.

#### Important:

The wires of the mains lead fitted to this appliance are coloured in accordance with the following code:

GREEN AND YELLOW - EARTH  
BLUE - NEUTRAL  
BROWN - LIVE

As the colours of the wires in the mains lead fitted to this appliance may not correspond with the coloured markings identifying the terminals in the plug, proceed as follows:

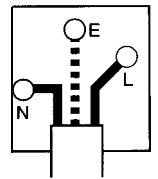
**The wire which is coloured GREEN AND YELLOW** must be connected to the terminal in the plug which is marked with the letter "E" or by the earth symbol  or coloured GREEN or GREEN AND YELLOW.

**The wire which is coloured BLUE** must be connected to the terminal which is marked with the letter "N" or coloured BLACK.

**The wire which is coloured BROWN** must be connected to the terminal which is marked with the letter "L" or coloured RED.

**If the terminals in the plug are unmarked** or you are in any doubt as to the correct connections, consult a qualified electrician.

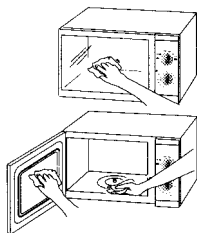
**N.B.** We recommend the use of a good quality plug.



## Maintenance

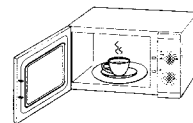
**Cleaning is the only maintenance** normally required. It must be carried out with the microwave oven disconnected.

**Do not use metal scouring pads** on the inside of the oven cavity. They will scratch the surface.



**For stubborn soil**, boil a cup of water in the oven for 2 or 3 minutes. Steam will soften the soil.

**Odours inside** the oven can be eliminated by placing a cup of water with lemon juice added into the oven and boiling the mixture.



**At regular intervals**, especially if spillovers have occurred, remove the turn-table and wipe clean the base of the oven. This oven is designed to operate with the turn-table in place.

**Do not** operate the microwave oven when the turn-table is removed for cleaning.

**Use a mild detergent**, water and a soft cloth to clean the interior surfaces front and rear of the door and the door opening.

**Do not allow grease** or food particles to build up around the door.

### Important:

The door seals and the door seal areas must be regularly inspected for damage. If these areas are damaged the appliance should not be operated until it has been repaired by a service technician trained by the manufacturer.

### WARNING!

**Abrasive cleaners**, steel-wool pads, gritty wash cloths, etc can damage the control panel, and the interior and exterior oven surfaces. Use a sponge with a mild detergent or paper towel with spray glass cleaner. Apply spray glass cleaner to paper towel.

**Do not** spray directly on the oven

## Service

**If the oven does not work**, do not make a service call until you have made the following checks:

- \* The Turn-table and turn-table support is in place.
- \* The Plug is properly inserted in the wall socket.
- \* The Door is properly closed.
- \* Check your Fuses and make sure that there is power available.
- \* Wait for ten minutes and then try to operate the oven once more.

**This is to avoid** unnecessary calls for which you will be charged.

When calling for Service, please give the serial number and type number of the oven (see Service label).

### Important:

If the mains cord needs replacing it should be replaced by the original mains cord which is available via our service organisation. The mains cord must only be replaced by a trained service technician.

### WARNING!

**Service only to be carried out by a service technician** trained by the manufacture. It is dangerous for anyone other than a service technician trained by the manufacture to perform repair service.

## Technical specifications

Model	PMO-500
Supply voltage	240V / 50Hz
Current consumption	1250 W
Fuse	10A
Microwave power i(acc. to IEC 705. 1000g water)	
Full power	750 W
Timer	Mechanical
Dimensions (Height x Width x Depth) in mm	
Outside dimensions	286 x 463 x 339
Oven cavity dimensions	249 x 276 x 264

Palsonic Corporation Pty Ltd  
1 Joynton Avenue  
Waterloo NSW 2017  
Australia

**Tel: 02-9313 7111**  
**Fax: 02-9313 7555**  
**[www.palsonic.com.au](http://www.palsonic.com.au)**

4619-652-58391

## Free Manuals Download Website

<http://myh66.com>

<http://usermanuals.us>

<http://www.somanuals.com>

<http://www.4manuals.cc>

<http://www.manual-lib.com>

<http://www.404manual.com>

<http://www.luxmanual.com>

<http://aubethermostatmanual.com>

Golf course search by state

<http://golfingnear.com>

Email search by domain

<http://emailbydomain.com>

Auto manuals search

<http://auto.somanuals.com>

TV manuals search

<http://tv.somanuals.com>