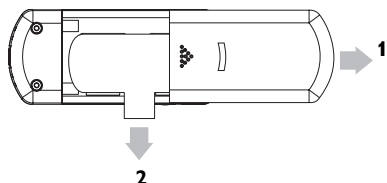


# Quick start guide

## FM remote control

### Getting started

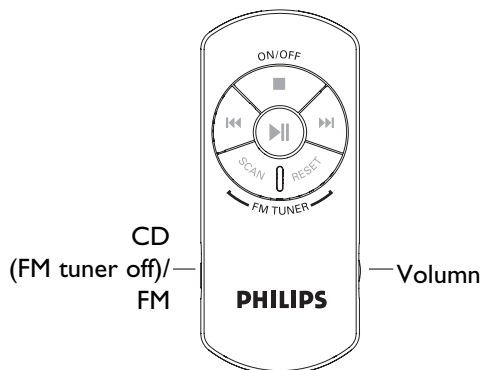


- 1 Slide open the battery door.
- 2 Remove battery insulation sheet.
- 3 Slide close the battery door.

### Connect



### Operation



### Listen to CD:

- 1 Slide the switch to CD position.
- 2 Use ■, ◀◀ / ▶▶, ▶▶ to control the CD playback.
- 3 On the remote control, press ■ to power on and start playback.
- 4 Adjust the volume and sound on your remote control.
- 5 To stop playback, press ■.
- 6 To switch off the CD player, press ■ again.

### Listen to FM station:

- 1 Slide the switch to FM position, press scan once or more to find your desired station.
- 2 Repeat step 1 to find another station.
- 3 If no stations are found, press reset and repeat steps 1-2.
- 4 To switch off the FM, slide the switch to CD (FM OFF) position.

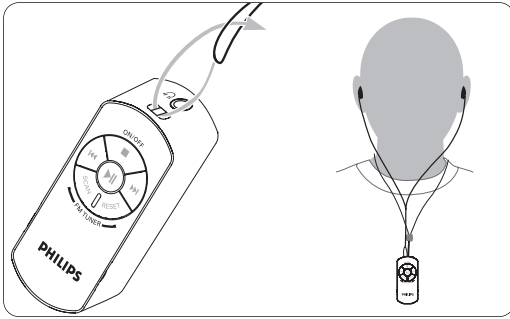
### Tips

- There is no FM station displayed on the LCD screen of the CD player.
- When you press ON/OFF and **FM TUNER** is displayed on the LCD of the CD player, it means the remote control is switch to FM Tuner mode. You cannot listen to CD in this mode. You can slide the switch to CD (FM Tuner OFF) position when you want to listen to CD.
- Listen to FM station **ONLY** with remote control. There is no FM function in the CD player.



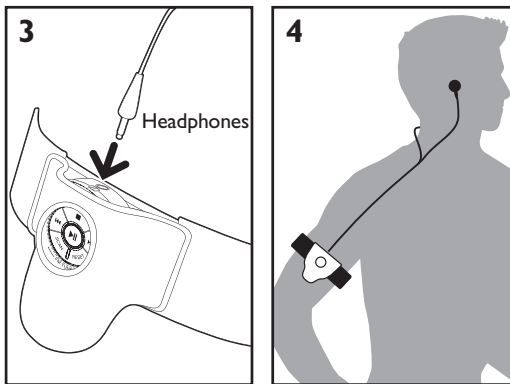
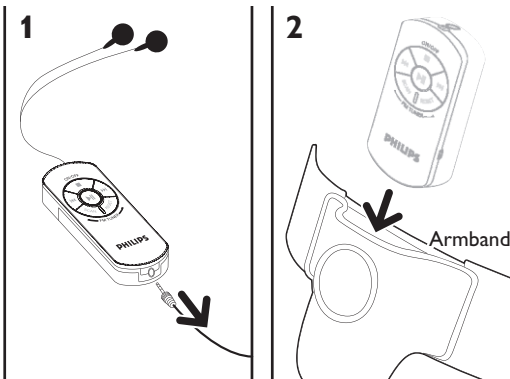
# PHILIPS

## Strap



## Sport Armband

- 1 You can listen FM radio without connect to CD.
- 2 Disconnect the remote control from CD player.
- 3 Wearing FM remote control on your arm



## Troubleshooting

### Cannot listen to CD

Make sure the slide switch on the remote control is at CD (FM Tuner OFF) position.

### Cannot listen to FM

Make sure the slider switch on the remote control is at FM Tuner position.

## Hearing safety

### Listen at a moderate volume.

- Using headphones at a high volume can impair your hearing. This product can produce sounds in decibel ranges that may cause hearing loss for a normal person, even for exposure less than a minute. The higher decibel ranges are offered for those that may have already experienced some hearing loss.
- Sound can be deceiving. Over time your hearing "comfort level" adapts to higher volumes of sound. So after prolonged listening, what sounds "normal" can actually be loud and harmful to your hearing. To guard against this, set your volume to a safe level before your hearing adapts and leave it there.



### To establish a safe volume level:

- Set your volume control at a low setting.
- Slowly increase the sound until you can hear it comfortably and clearly, without distortion.

### Listen for reasonable periods of time:

- Prolonged exposure to sound, even at normally "safe" levels, can also cause hearing loss.
- Be sure to use your equipment reasonably and take appropriate breaks.

### Be sure to observe the following guidelines when using your headphones.

- Listen at reasonable volumes for reasonable periods of time.
- Be careful not to adjust the volume as your hearing adapts.
- Do not turn up the volume so high that you can't hear what's around you.
- You should use caution or temporarily discontinue use in potentially hazardous situations.
- Do not use headphones while operating a motorized vehicle, cycling, skateboarding, etc.; it may create a traffic hazard and is illegal in many areas.

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