



by **TAYLOR**

# Multi Chopper & Blender System Instruction Manual



Item # AB-1002-BL 120V ~ 60Hz 240W MAX

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Thank you for your purchase of The Biggest Loser™ Multi Chopper & Blender System. Please READ this instruction manual carefully before use.

# SAVE THESE INSTRUCTIONS

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# IMPORTANT SAFEGUARDS

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When using electrical appliances, basic safety precautions should always be followed, including the following:

1. **READ ALL INSTRUCTIONS COMPLETELY BEFORE USING.**
2. To protect against electrical shock do not immerse or rinse cord, plugs or this appliance in water or any other liquid.
3. Close supervision is necessary when any appliance is used by or near children.
4. Unplug from outlet when not in use, before putting on or taking off parts and before cleaning.
5. Blades are sharp; handle very carefully.
6. Avoid all contact with moving parts.
7. Keep hands and utensils out of container while blending to reduce the risk of severe injury to persons or damage to the blender. A scrapper may be used but must be used only when the blender is not running.
8. Keep hands and utensils away from the cutting blade while chopping food to reduce the risk of severe injury to persons or damage to the food chopper. A scrapper may be used but must be used only when the food chopper is not running.
9. Do not attempt to defeat the cover interlock mechanism.
10. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been dropped or damaged in any manner. Return the appliance to Taylor® (see warranty) for examination, repair or adjustment.
11. Make sure the motor stops completely and the electrical cord is unplugged before disassembling or cleaning.
12. Ensure the unit is completely assembled before using.
13. Do not use attachments that are not supplied for this appliance from Taylor®. The use of attachments, including canning jars, not recommended by Taylor® may cause a risk of injury to persons, or permanently damage this products. Only use the containers and accessories that are supplied in this unit.
14. Do not use outdoors.
15. Do not let cord hang over edge of table or counter, or touch hot surfaces.
16. To disconnect, be sure the unit is off, then remove the plug from the wall outlet by grasping the plug and pulling. Never unplug the appliance by pulling on the cord.
17. Do not place this appliance near a hot gas or electric burner or in an oven.
18. Do not leave the appliance unattended during use.
19. Do not operate uncovered; always make sure the cover is securely in place before motor is turned on. Do not attempt to remove the cover until blades have come to a complete stop.
20. Do not use this appliance for other than its intended use.
21. The Multi Chopper & Blender System does its work in seconds. Never process for extended periods.

22. Do not process hot liquids.
23. Do not operate the Multi Chopper & Blender System while it is empty.
24. Before using, check that there are no unwanted objects inside the Chopper or Blender containers.
25. This appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electrical shock, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not modify the plug in any way.

# SAVE THESE INSTRUCTIONS

## SPECIAL INSTRUCTIONS

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This appliance is for **HOUSEHOLD USE ONLY**.

- This appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electrical shock, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not modify the plug in any way.
- Make sure the voltage in your outlet is the same as the voltage indicated on the appliance. For 120 –Volt AC electrical outlet only.
- The length of the cord used on this appliance was selected to reduce the hazards of becoming tangled in or tripping over a long cord. For safety, it is not recommended to use an electrical extension cord with this appliance.
- Do not immerse or rinse base of unit, plug or cord in water or other liquids.
- Use with wall receptacle only.
- Do not attempt to service this unit yourself.

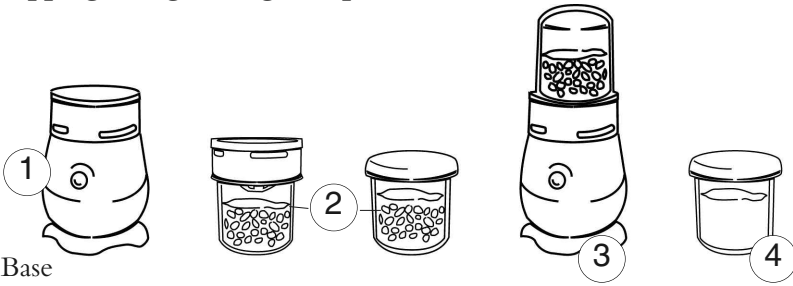
## INTRODUCTION

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Now you can learn how to prepare and enjoy great tasting, healthy meals in minutes using your The Biggest Loser™ Multi Chopper & Blender System by Taylor®. You will learn how to make the delicious and easy recipes that cut out calories, but leave in all the taste. The appliance and recipes are great tools to get you on track. There are over 125 more healthy and delicious recipes that you can find in the Biggest Loser Cookbook. When you start eating right, you may feel better, have more energy and feel empowered. For more information on NBC's The Biggest Loser, or to join The Biggest Loser Club, please visit the official Biggest Loser web site at [www.nbc.com/The\\_Biggest\\_Loser.com](http://www.nbc.com/The_Biggest_Loser.com) or [www.biggestloserclub.com](http://www.biggestloserclub.com)

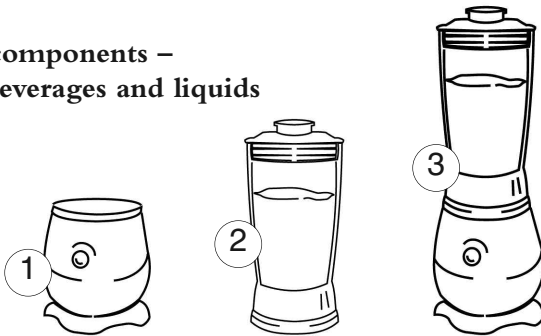
# DESCRIPTIVE DIAGRAM

## Chopping and grinding components –



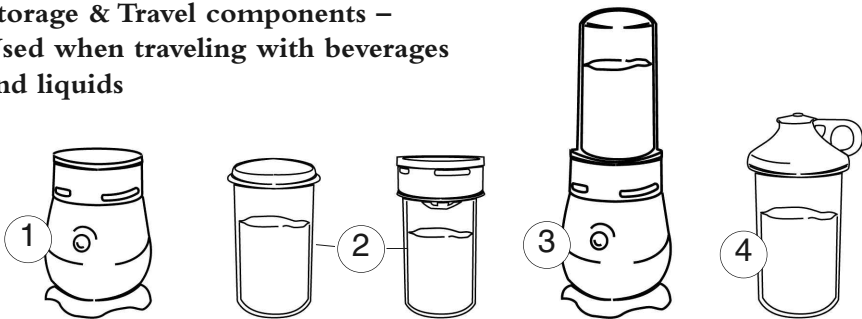
1. Base
2. Chopping jar and Collar
3. Assembled View
4. Storage Lid

## Blending components – Used for beverages and liquids



1. Base
2. Blending Jar and Lid
3. Assembled View

## Storage & Travel components – Used when traveling with beverages and liquids



1. Base
2. Travel Jar and Collar
3. Assembled View
4. Travel lid

# USING YOUR MULTI CHOPPER & BLENDER SYSTEM

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## BEFORE FIRST USE

- Make sure the voltage in your outlet is the same as the voltage indicated on the appliance. This product is for 120 –Volt AC electrical outlet only.
- The Multi Chopper & Blender System is equipped with a safety locking system to increase security during operation. The unit will not work if the jar and collar / blending jar / travel jar and collar are not properly locked in place.
- Remove any bags, labels or stickers from the appliance.
- Clean the base with a damp soft cloth.
- Wash all of the removable parts – jar and collar, storage lid, blending jar and lid, travel jar and collar and travel lid using a sponge, warm water and mild dish detergent. Rinse and dry carefully. Use caution when washing components with blades as the blades are very sharp. Do not allow your hand to come into contact with blade edges.
- **NOTE:** do not immerse the base unit in water when cleaning.

## HOW TO USE THE CHOPPER

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- Place the unit on a flat, sturdy surface. This appliance is not for use in convection or conventional ovens, microwaves, or on a stovetop.
- Make sure the appliance is switched off and unplugged.
- Wash and dry all components thoroughly as stated above.
- Clean and wash the food to be used.
- Add food ingredients to the jar, distributing them evenly with a spatula (not included). When chopping larger foods, pre-cut them into pieces of an even size, approximately  $\frac{1}{2}$  inch to  $\frac{3}{4}$  inch pieces.
- Screw the collar onto the jar. Take the jar with collar and attach to the base unit. Always be sure that the appliance is properly assembled before using. Blades are extremely sharp; never touch the cutting edge of blades.
- Plug the appliance into the power outlet.
- Start the chopper by pushing the pulse button continuously until the food is sufficiently chopped.
- Unplug the unit and reverse the above procedure to disassemble.

# HOW TO USE THE BLENDER

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- Place the unit on a flat, sturdy surface. This appliance is not for use in convection, or conventional ovens, microwaves, or on a stovetop.
- Make sure the appliance is switched off and unplugged.
- Wash and dry all components thoroughly as stated above.
- Assemble with blender components. Always be sure that the appliance is properly assembled before using. Blender blades are extremely sharp; never touch the cutting edge of blades.
- Add ingredients to the blender a little at a time to ensure proper blending and to prevent overflow. Never fill container more than  $\frac{3}{4}$  full; the action of the blade will cause ingredients to rise in the container. Make large recipes in multiple batches.
- Unless the recipe states differently, pour liquid ingredients into the blender before solid ingredients. The liquid will help the blending time go faster. Always add 1 cup of liquid before processing ice.
- Place the cover with the center cap in place onto the blender.
- Plug the appliance into the power outlet.
- Switch on by pressing the pulse button.
- Unplug the unit and reverse the above procedure to disassemble.

## TIPS FOR PROCESSING FOOD

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**CHOPPING & GRINDING:** Make sure that the jar and collar are in proper position. Use the pulse button repeatedly until grinding is complete. Normally, 2 or 3 continuous pulses are enough for grinding. Several short pulse actions will help the food drop to the bottom for better grinding. Check the food frequently to prevent over processing. Use this function for grinding coffee beans, dry fruits, hard cheese, chocolate, etc. For these foods, use continuous pulse for several seconds. The desired result for preparing seeds or coffee will always depend on taste but 20 to 40 seconds is normally enough.

**BLENDING:** Make sure the blender jar and lid are in proper position. Blend for 30 seconds to one minute, using the pulse button and check consistency. Continue blending until the desired consistency is reached. Over-blending will result in loose consistency. A scraper may be used (not included), but must only be used when the blender is not running. Thick mixtures require special attention during blending. Periodically turn off the unit and scrape the mixture off of the sides of the container inward toward the blade. Replace the cover and continue blending. When the center cap is removed, you can add ingredients a little at a time through the hole in the blender cover. Always cut solid foods such as cheese or vegetables into small chunks before placing in the blender.

**NOTE:** always operate the unit with the cover in place.



## IMPORTANT OPERATION INFORMATION

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- Make sure the cover is securely in place and keep hands away from blades and moving parts.
- Maximum operating time: Never use the appliance continuously for more than 1 minute at a time.
- Maximum quantity: Never overload the Chopper or Blender jars. As a guide, the maximum volume of ingredients to be processed is about  $\frac{3}{4}$  of the Chopper or Blender jar capacity after processing.
- Chopper and Blender jars: The jars are made of high quality plastic. However they may become scratched when used for grinding dry fruits, beans, nuts or some herbs. These scratches will not affect the performance or hygiene of the appliance.
- Removing food from the sides of the jars: If during processing you find some food sticking to the sides, unplug the unit and wait until the blades have come to a complete stop. Remove the cover and use a spatula to scrape the food inward toward the center and blades. **DO NOT USE YOUR HAND OR FINGERS.**

## CLEANING AND MAINTENANCE

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After each use and before cleaning, unplug the appliance from outlet and allow the unit to stop. **DO NOT ATTEMPT TO CLEAN WHILE THE MOTOR IS RUNNING OR THE COMPONENTS ARE STILL MOVING.**

- **CAUTION: NEVER IMMERSE THE BASE UNIT, CORD OR PLUG IN WATER**
- Twist the jar collar, travel jar collar or blending jar in a counter-clockwise direction to remove it from the base unit.
- It is recommended to wash the components immediately after each use in warm, soapy water. Rinse and dry thoroughly. The blades are extremely sharp. Wash the blades carefully and avoid direct contact with the blades themselves. The preferred method of drying is to lay on a flat surface and air dry. Do not leave the blade where children can reach it.
- **NEVER WASH THE BASE MOTOR UNIT.** To clean the base, wipe clean with a damp sponge or cloth and dry immediately. Never use excess water, treated cloths, harsh cleaning agents, or sprays.
- Reassemble all parts and store in a dry place, unplugged and away from the reach of children.
- Some foods may discolor the containers. This is normal and will not affect the flavor of your food. Rub a soft cloth, dipped in vegetable oil to remove discoloration.

# CHOPPING GUIDE

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Variety of Food	Maximum Quantity	Approximate Time (Seconds)	Preparation
Cheese	1 oz.	15-20	Cut into 1" pieces
Chocolate	1 oz.	15-20	Cut into 1" pieces
Coffee Beans	2 oz.	15-20	
Nuts	1.5 oz.	10-15	Use halved or pieces. Scrape down sides of bowl to ensure even chopping.

# TROUBLESHOOTING

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The Multi Chopper & Blender System will not operate.

- Has a household fuse blown, or has a circuit breaker tripped?
- Is the power supply cord properly seated in the unit and the outlet?
- Is the inter-locking collar or jar secured properly?
- Has the cord been damaged in some way? If so, **DO NOT USE THE APPLIANCE**. Contact Customer Service for replacement information.

The lid will not seal properly.

- Is the product assembled properly?
- Is there food blocking the lid? If so, you may have too much food in the blending jar. Remove some of the food and attempt to re-seal the lid.

Food is unevenly chopped.

- Either you are chopping too much food at one time, or the pieces are not small enough. Try cutting food into smaller pieces of even size and processing a smaller amount per batch.

Food is chopped too fine or is watery.

- The food is over processed. Use brief pulses, or process for less time.

Food is collecting on the sides of the bowl or container

- You may be processing too much food. Turn machine off. When the blade stops completely, remove cover and clean with a spatula, turning food inward toward the blade. Only use a spatula, **do not use hands or fingers**.

Food hangs up on the blade.

- You may be processing too much food or pieces are too large. See Chopping Guide.

# WARRANTY

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Taylor® warrants this product to be free from defects in material or workmanship for one (1) year for the original purchaser from date of retail purchase. It does not cover damages or wear resulting from accident, misuse, abuse, commercial use, or unauthorized adjustment and/or repair. If service is required, do not return to retailer. Should this product require service (or replacement at our option), please contact Taylor Customer Service at 1-800-289-0944.

There are no expressed warranties except as listed above. This warranty gives you specific legal rights, and you may have other rights which vary from state to state.

## **If you need replacement parts:**

- Use only Taylor specified parts. These specified parts will fit right and work right because they are made with the same precision used to build every new Taylor appliance.

Keep this book and your sales slip together for future reference. You must provide proof of purchase for warranty purposes.

For additional product information, or warranty information in Canada or elsewhere outside the USA, please contact us through [www.taylorusa.com](http://www.taylorusa.com)

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Made to our exact specifications in China. [www.taylorusa.com](http://www.taylorusa.com)

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