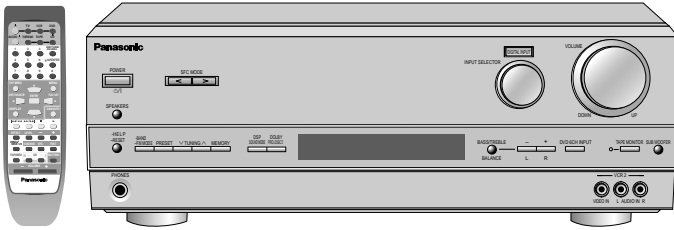


## AV Control Receiver

### Operating Instructions

Model No. **SA-HE75**



### Dear customer

Thank you for purchasing this product.  
 Before connecting, operating or adjusting this product, please read these instructions completely.  
 Please keep this manual for future reference.



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# IMPORTANT SAFETY INSTRUCTIONS

Read these operating instructions carefully before using the unit. Follow the safety instructions on the unit and the safety precautions listed below. Keep these operating instructions handy for future reference.

## Safety

- 1. Power source**—Connect the unit to a power source of the type described in these instructions or as marked on the unit.
- 2. Polarization**—The unit is equipped with a polarized power plug where one blade is wider than the other. This safety feature ensures that the plug fits into your household AC outlet only one way. If the plug doesn't fit one way, try reversing it. If the plug still doesn't fit, contact an electrician to replace the obsolete outlet. Do not attempt to defeat the safety purpose of the plug.
- 3. Power cord protection**—Route the AC power supply cord so that it will not be walked on or pinched by items placed on or against it. Never take hold of the plug or cord with wet hands. Always grasp the plug body firmly when connecting and disconnecting it.
- 4. Overloading**—When connecting the AC power supply cord, be careful not to overload the household AC outlet, extension cord, or outlet from any other device as this can result in fire or electric shock.
- 5. Nonuse periods**—Turn the unit off when it is not in use. Unplug the unit from the household AC outlet if it is not to be used for a long time. Unplug the unit during lightning storms.
- 6. Attachments and accessories**—Use only the attachments and accessories recommended in these operating instructions.

## Installation

### Placement

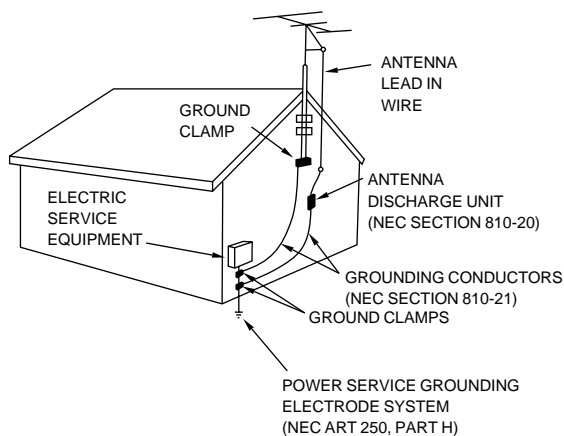
- 1. Ventilation**—Situate the unit so that it receives proper ventilation. Do not install in a confined space such as a bookcase or cabinet. Allow at least 10 cm (4 inches) clearance from the rear of the unit. To prevent the risk of electric shock or fire due to overheating ensure curtains and other materials do not obstruct the unit's ventilation.
- 2. Foreign material**—Ensure objects and liquids do not get into the unit. Avoid exposing the unit to excessive smoke, dust, mechanical vibration, and shock.
- 3. Magnetism**—Situate the unit away from equipment and devices that generate strong magnetic fields.
- 4. Stacking**—Do not place heavy objects on top of this unit.
- 5. Surface**—Place the unit on a flat, level surface.
- 6. Carts and stands**—Use the unit only with carts and stands recommended by the manufacturer. Move carts with care. Sudden stops, excessive force, and uneven surfaces can cause carts to overturn.
- 7. Wall and ceiling mounting**—Do not mount the unit on walls or ceilings unless specified in the instructions.



### Environment

- 1. Water and moisture**—Do not use the unit near water, such as near a bathtub or swimming pool. Avoid damp basements.
- 2. Heat**—Situate the unit away from heat sources, such as radiators. Do not situate where temperatures fall below 5°C (41°F) or rise above 35°C (95°F).
- 3. Power lines**—Take care when setting up an outdoor antenna that it is not near overhead power lines, electric lights, or electrical circuits, and that there is no danger of the antenna falling on power lines, electric lights, or electrical circuits. When installing an outdoor antenna, take extreme care not to touch such power lines or circuits, as contact with them can be fatal.

- 4. Outdoor antenna grounding**—If you connect an outdoor antenna, ground the antenna system to protect against voltage surges and built-up static charges. Section 810 of the National Electrical Code, ANSI/NFPA No. 70-1990, provides information about grounding of the mast and supporting structure, grounding of the lead-in wire to an antenna discharge unit, size of grounding conductors, location of antenna-discharge unit, connection to grounding electrodes, and requirements for the grounding electrode. Refer to this diagram.



NEC—NATIONAL ELECTRICAL CODE

## Maintenance

(See page 17 for details.)

Unplug the unit from the household AC outlet before cleaning. Clean with a damp cloth. Do not use abrasive pads, scouring powders, or solvents.

## Service

- 1. Damage requiring service**—The unit should be serviced by qualified service personnel if:
  - (a) The AC power supply cord or the plug has been damaged; or
  - (b) Objects or liquids have gotten into the unit; or
  - (c) The unit has been exposed to rain; or
  - (d) The unit does not operate normally or exhibits a marked change in performance; or
  - (e) The unit has been dropped or the cabinet damaged.
- 2. Servicing**—Do not attempt to service the unit beyond that described in these operating instructions. Refer all other servicing to authorized servicing personnel.
- 3. Replacement parts**—When parts need replacing ensure the servicer uses parts specified by the manufacturer or parts that have the same characteristics as the original parts. Unauthorized substitutes may result in fire, electric shock, or other hazards.
- 4. Safety check**—After repairs or service, ask the servicer to perform safety checks to confirm that the unit is in proper working condition.



**CAUTION:** TO REDUCE THE RISK OF ELECTRIC SHOCK, DO NOT REMOVE SCREWS. NO USER-SERVICEABLE PARTS INSIDE. REFER SERVICING TO QUALIFIED SERVICE PERSONNEL.



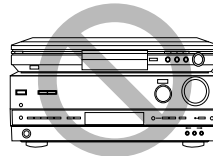
The lightning flash with arrowhead symbol, within an equilateral triangle, is intended to alert the user to the presence of uninsulated "dangerous voltage" within the product's enclosure that may be of sufficient magnitude to constitute a risk of electric shock to persons.



The exclamation point within an equilateral triangle is intended to alert the user to the presence of important operating and maintenance (servicing) instructions in the literature accompanying the appliance.

**WARNING:**  
TO REDUCE THE RISK OF FIRE, ELECTRIC SHOCK OR PRODUCT DAMAGE, DO NOT EXPOSE THIS APPARATUS TO RAIN, MOISTURE, DRIPPING OR SPLASHING AND THAT NO OBJECTS FILLED WITH LIQUIDS, SUCH AS VASES, SHALL BE PLACED ON THE APPARATUS.

**CAUTION**  
Do not place anything on top of this unit or block the heat radiation vents in any way. In particular, do not place tape decks or CD/DVD players on this unit as heat radiated from it can damage your software.



Before use

## Supplied accessories

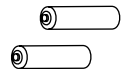


Please check and identify the supplied accessories.

1 AC power supply cord (RJA0065-A)



2 Batteries



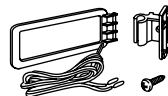
1 FM indoor antenna (RSA0006-L)



1 Remote control (EUR7702KK0)



1 AM loop antenna set (RSA0012-L) (AM loop antenna, antenna holder, screw)



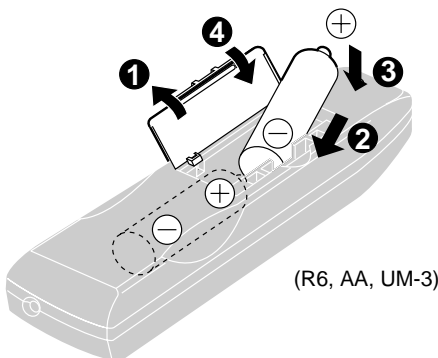
Refer to the separate booklet, "Remote Control Operation Guide", for remote control operation details.

Use the numbers indicated in parentheses when asking for replacement parts.

(Only for U.S.A.)  
To order accessories contact 1-800-332-5368 or web site (<http://www.panasonic.com>).

## The remote control

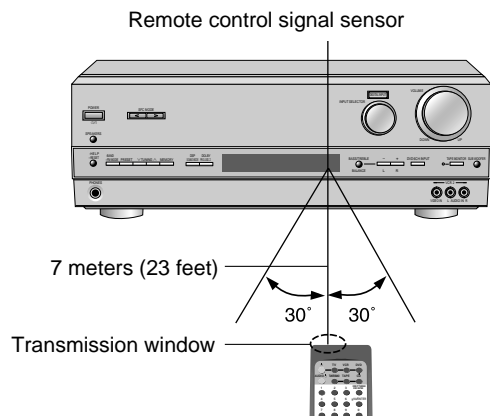
### Batteries



(R6, AA, UM-3)

- Insert so the poles (+ and -) match those in the remote control.
- Do not use rechargeable type batteries.

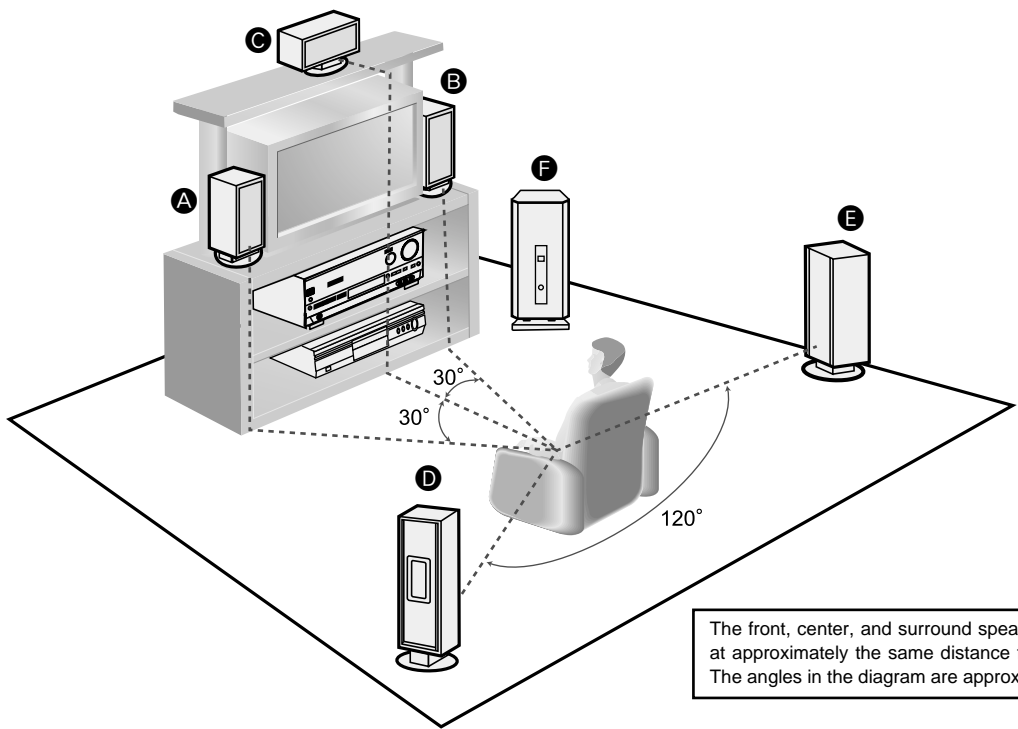
### Use



- Keep the transmission window and the unit's sensor free from dust.
- Operation can be affected by strong light sources, such as direct sunlight, and the glass doors on cabinets.

## Placement of speakers

Step 1



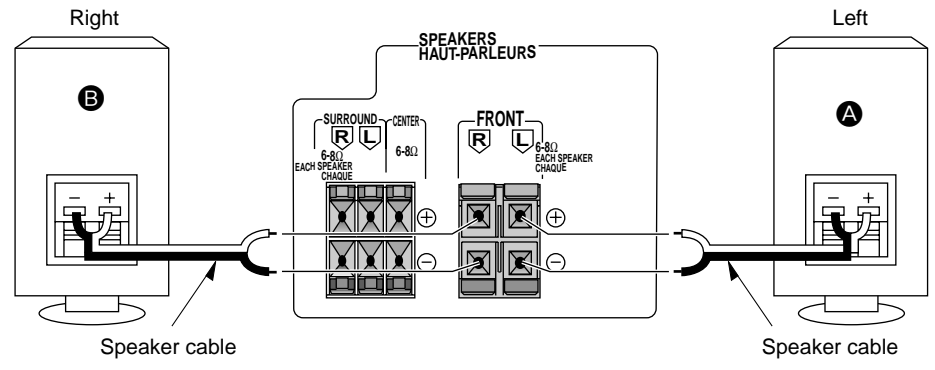
The front, center, and surround speakers should be placed at approximately the same distance from the seating area. The angles in the diagram are approximate.

## Connecting speakers

Other connections are possible depending on your speaker system. See your speaker system's operating instructions for details.

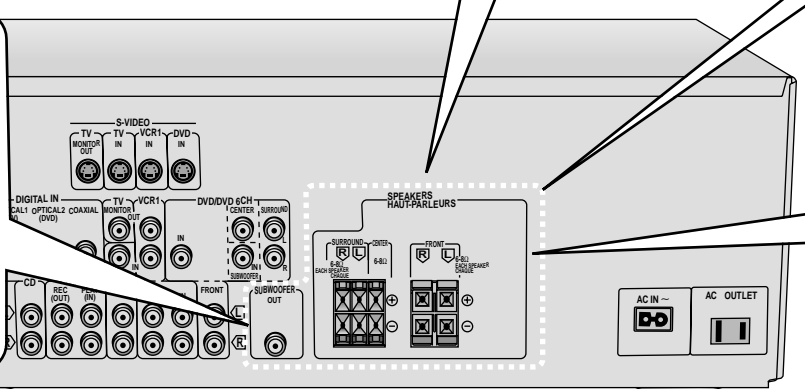
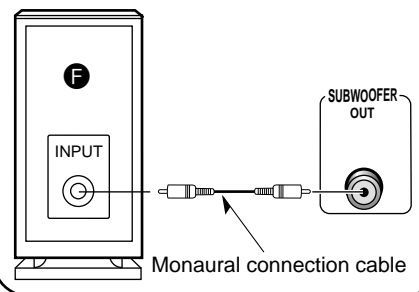
**Turn off the receiver before connecting the speakers.**

### Front speakers – Impedance: 6–8 Ω



### Subwoofer

Active subwoofer



## Speaker cable

### Front speakers (A left B right)

Place on the left and right of the TV at seated ear height so that there is good coherency between the picture and sound.

### Center speaker (C)

Place underneath or above the center of the TV. Aim the speaker at the seating area.

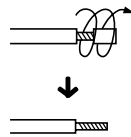
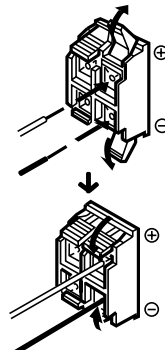
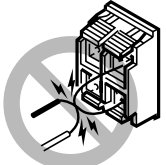
### Surround speakers (D left E right)

Place slightly behind the seating area, about one meter (3 feet) higher than ear level.

### Subwoofer (F)

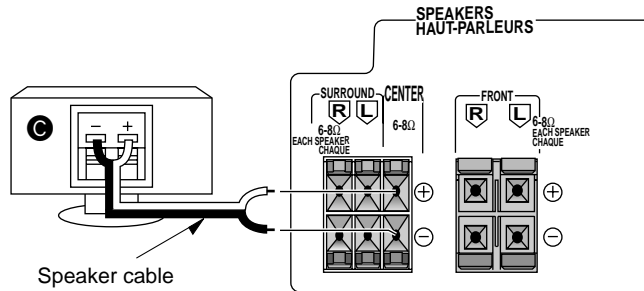
The subwoofer can be placed in any position as long as it is at a reasonable distance from the TV.

Note that some experimentation can yield the smoothest low frequency performance. Placement near a corner can increase the apparent output level, but can result in unnatural bass.

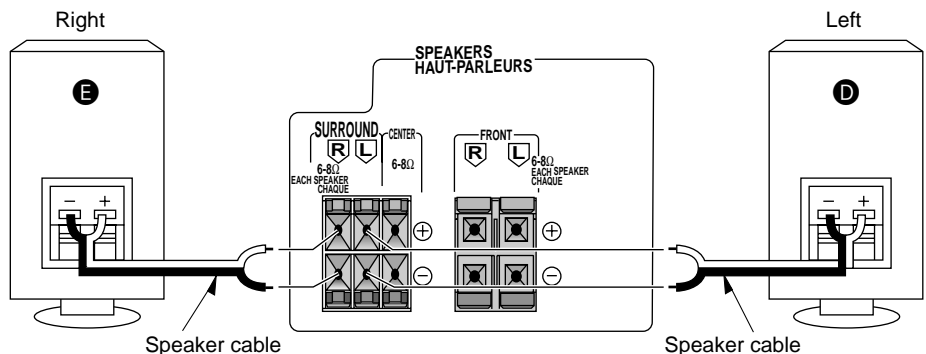
Cable	Speaker terminals	Note
<p>Twist the wire</p> 		<p>Do not short circuit.</p> 

Step 1

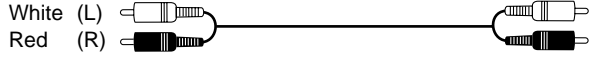
### Center speaker – Impedance: 6–8 Ω



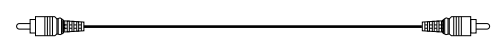
### Surround speakers – Impedance: 6–8 Ω



### Stereo connection cable



### Video connection cable



To connect equipment, refer to the appropriate operating instructions.

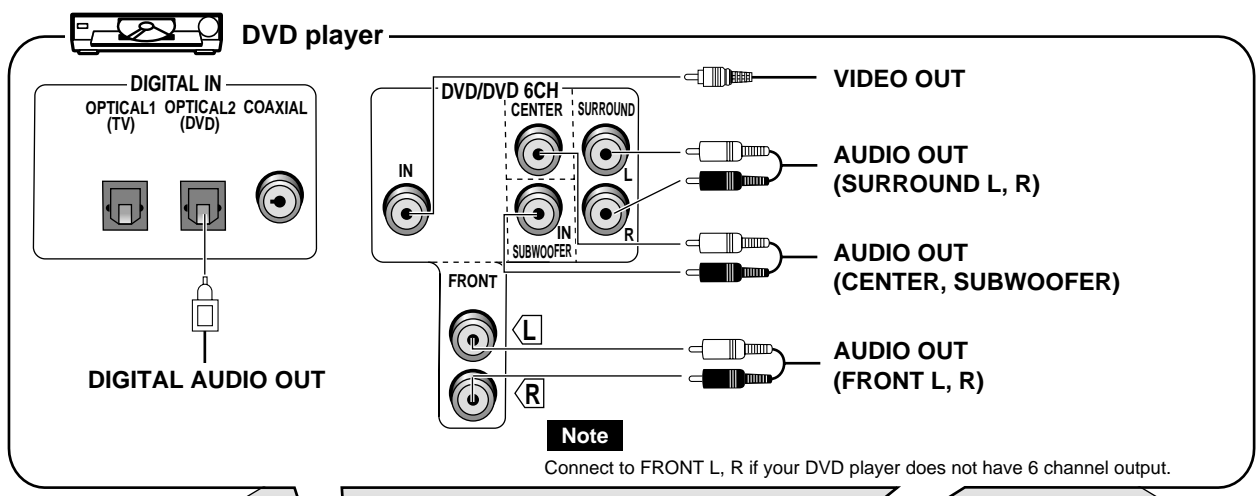
#### Note

- Do not bend the optical fiber cable.
- Turn off all components before making any connections.
- Use digital connection to enjoy Dolby Digital or DTS (→ page 10).
- Use analog connection to enjoy sources that cannot be decoded on this unit and to record a source (→ pages 10 and 16).

**Changing the digital input settings**  
 You can change the input settings for the digital terminals if necessary. Note the equipment you have connected to the terminals, then change the settings (→ page 9).

## TV, VCR and DVD player

Step 2

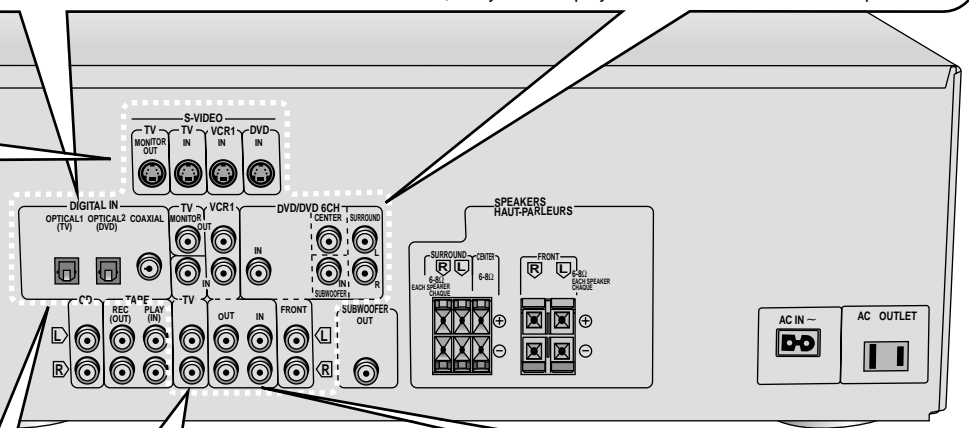


### The S-VIDEO terminals

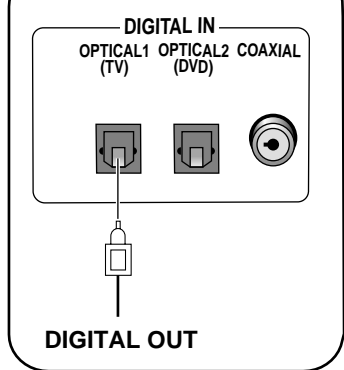
Connections through these terminals provide higher quality pictures than through the video terminal.

#### Note

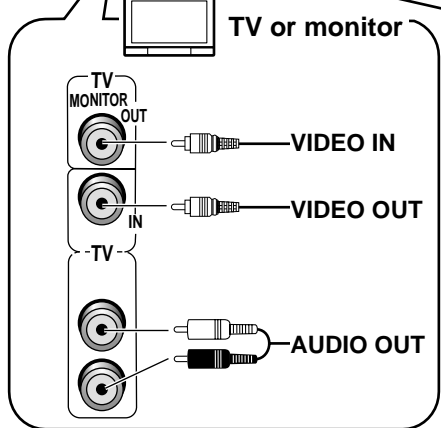
Video signals input into the VIDEO terminals cannot be output from S-VIDEO terminals or vice versa.



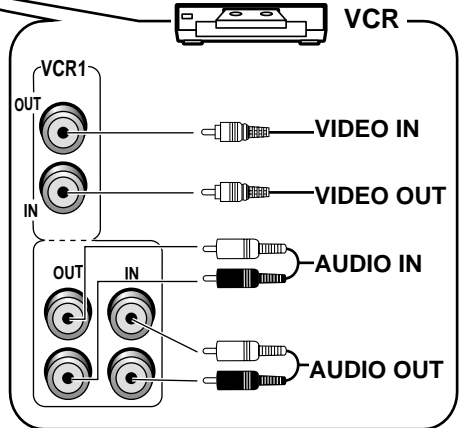
### Satellite receiver etc.



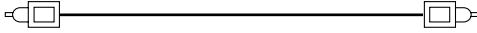
### TV or monitor



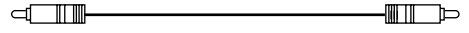
### VCR



Optical fiber cable



Coaxial cable



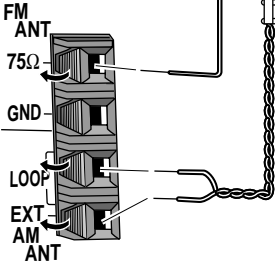
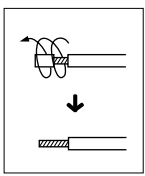
## CD, Tape deck and antennas

### Antennas

#### FM indoor antenna (included)

Fix the other end of the antenna where reception is best.

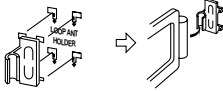
Adhesive tape



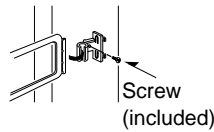
#### AM loop antenna (included)

#### Using the antenna holder

Fit the holder into the holes on the rear panel, then attach the antenna to it, facing it in the direction of best reception.



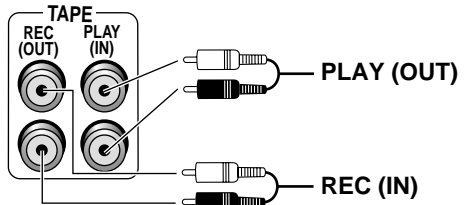
#### When attaching the AM loop antenna to another surface



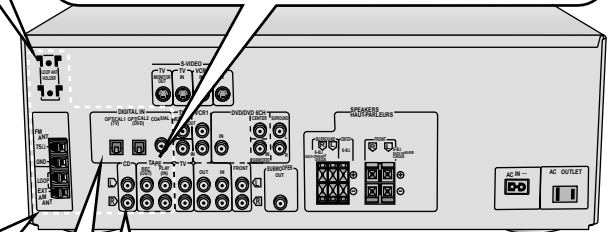
Keep the antenna cord away from tape decks, DVD players, and other cords.

Outdoor antennas (→ page 16)

### Tape deck



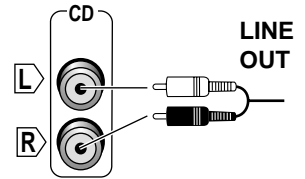
If you have a graphic equalizer, connect it to the TAPE terminals.



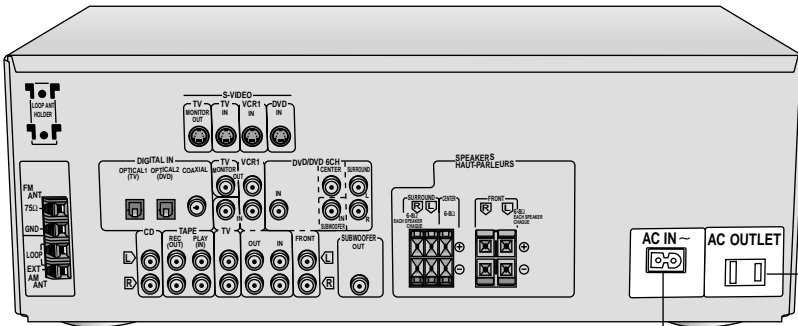
### DIGITAL IN OPTICAL1 OPTICAL2 COAXIAL (TV) (DVD)

### DIGITAL OUT

### CD Player



## Connecting the AC power supply cord and other information



AC power supply cord (included)

Connect this cord after all other cables and cords are connected.

**CAUTION:**  
TO PREVENT ELECTRIC SHOCK MATCH WIDE BLADE OF PLUG TO WIDE SLOT, FULLY INSERT.

#### “SWITCHED” AC outlet

Power to the outlet is controlled by the power switch of this unit. Audio equipment rated up to a maximum of 80 W can be connected here. If equipment exceeding this rating is connected, the outlet may be rendered inoperable. Consult your dealer to replace the fuse.

Household AC outlet (AC 120 V/60 Hz)

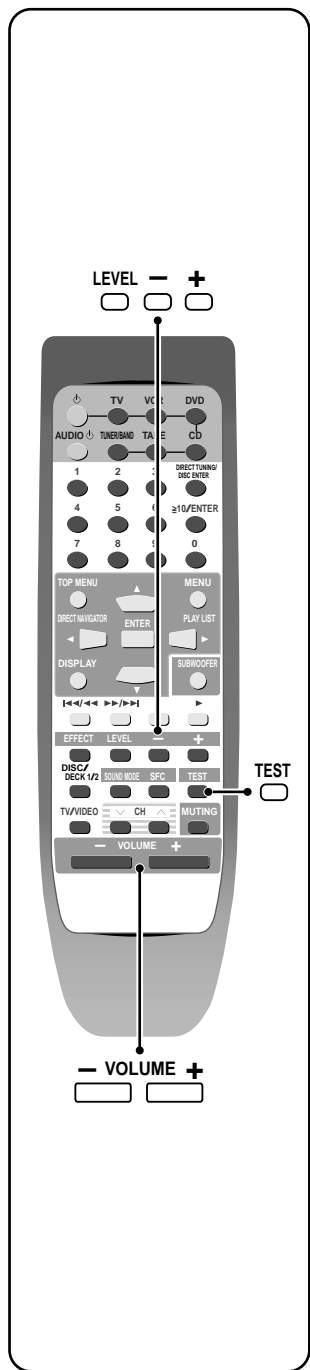
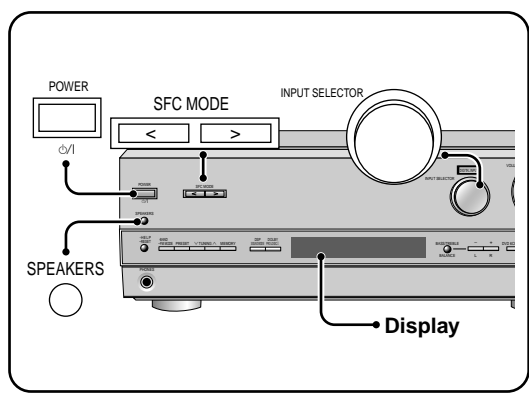
#### Conserving power

The unit consumes 1 W even when it is turned off with [POWER, ⏻]. To save power when the unit is not to be used for a long time, unplug it from the household AC outlet.

If the unit is left unplugged for longer than a few weeks, all settings will revert to the factory settings. Do the settings again if this occurs.

#### Note

The included AC power supply cord is for use with this unit only. Do not use it with other equipment.



## 1 SIZE

**Set the size to suit your speakers**

**LARGE:** For speakers that can reproduce a full sound range, particularly the bass range below 100 Hz.

**SMALL:** For speakers that cannot adequately reproduce the bass range. This setting is sufficient for most speakers if you are using a subwoofer.

**NONE:** For speakers you haven't connected (center or surround).

The factory settings are: **SMALL**  
 For the subwoofer (SUB-WFR), select **YES** if you have connected one (factory setting), or **NO** if you have not.

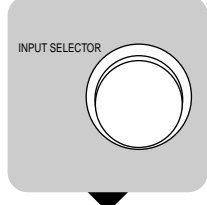
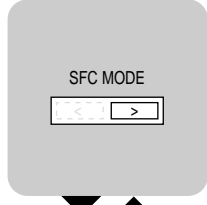
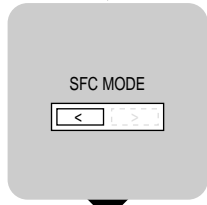
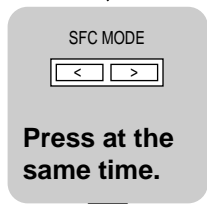
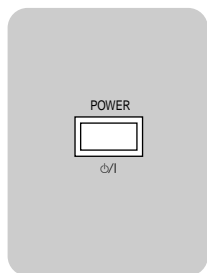
## 2 DISTANCE

**Enter the distance of the front, center and surround speakers from the seating position**

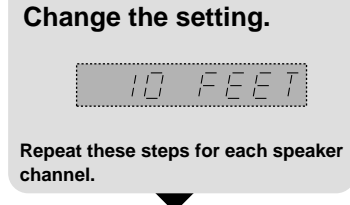
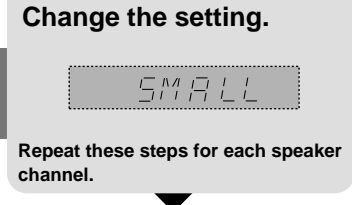
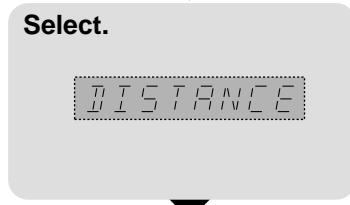
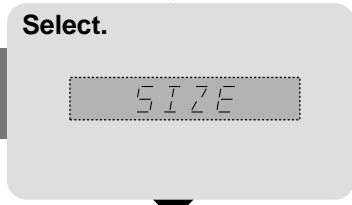
Change the distance so that the sound from all the speakers (except for the subwoofer) reaches you at the same time.

You can select distances between 3 and 30 feet at one-foot intervals.

The factory settings are:  
**FRONT and CENTER: 10 FEET**  
**SURROUND: 5 FEET**



**Enter the setting mode.**



**Exit the setting mode.**



Change the settings to suit your speakers and units to the environment in which you are using them. Before making any changes, read the descriptions of the settings, note the factory settings and ranges, and refer to the equipment's instructions.

### 3 FILTER

#### Change the cut-off for bass output from the front speakers

If you set the front speakers to "SMALL", the filter is set to 100 Hz. Raise the cut-off if the bass from the front speakers is unsatisfactory so the bass is output through the subwoofer. You can raise the cut-off from 100 Hz to either 150 Hz or 200 Hz.

### 4 D-INPUT Digital input

Change these settings to suit the connections you have made to the three digital input terminals, COAX, OPT 1 and OPT 2, so that the correct source is selected when you turn [INPUT SELECTOR].

The factory settings are:  
 CD: COAX  
 DVD: OPT 2  
 TV: OPT 1

### 5 Adjusting speaker output level

Adjust the level of the other speakers based on the output of the front speakers. (Adjust the volume of the front speakers with [VOLUME].)

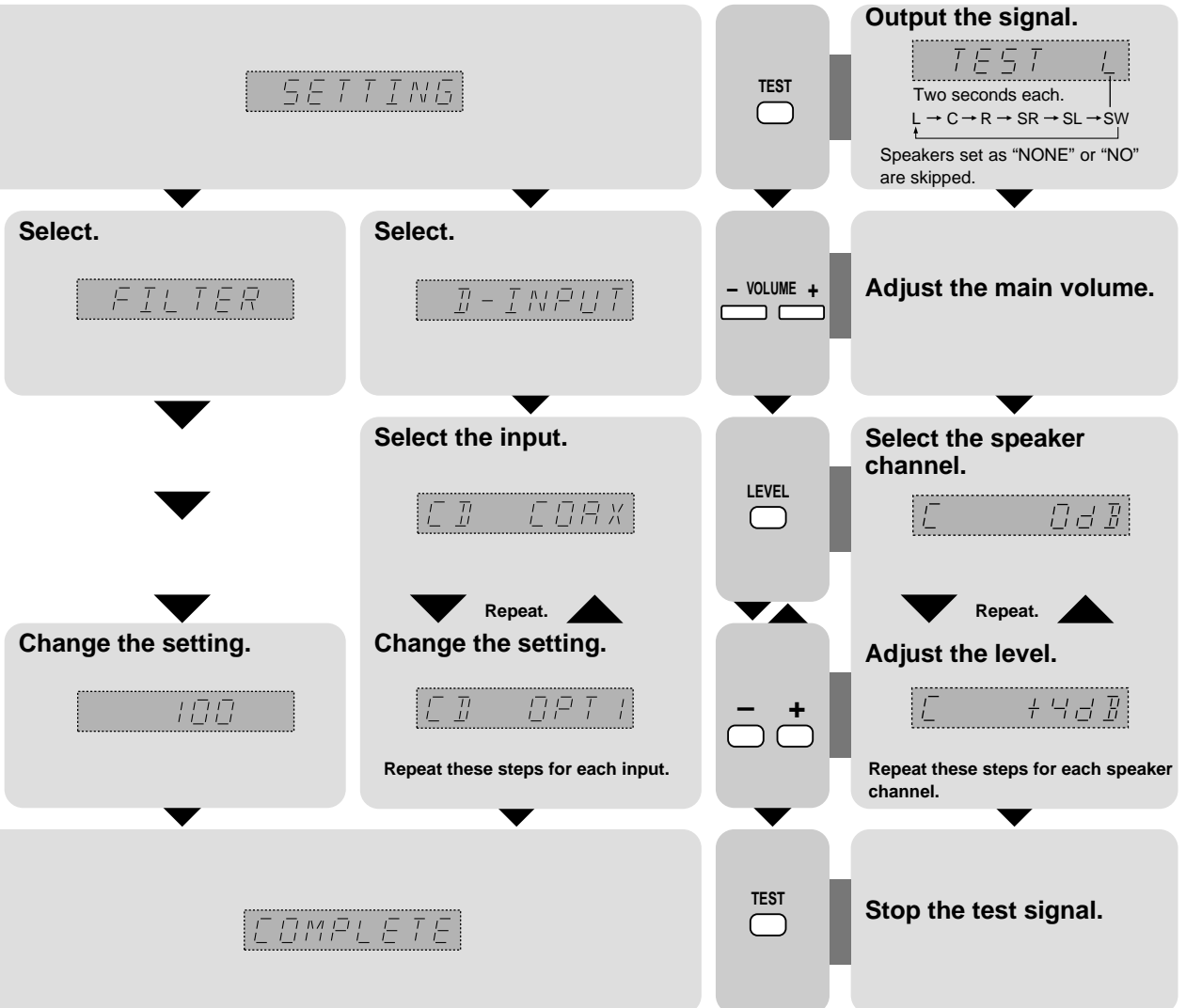
C (center), SR (surround right), and SL (surround left) can be adjusted between -10 dB and +10 dB, with 0 being the level of the front speakers.

Adjust center and surround output to the same apparent level of the front speakers.

For SW (subwoofer), you can select "---" so there is no output, "MIN" for minimum output, a level between 1 and 19, or "MAX" for maximum output.

Adjust subwoofer output so it is balanced with the front speakers. Subwoofer output is easily influenced by the source. You can also change its level while playing something for better effect (➔ page 13).

**Preparation: Turn SPEAKERS on.**



**1** **Switch on.**

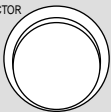


**2** **Turn SPEAKERS on.**



**3** **Select input.**

INPUT SELECTOR



TUNER ↔ CD ↔ DVD  
TAPES ↔ VCR 2 ↔ VCR 1 ↔ TV

For CD, DVD, TV  
**Select digital or analog input.**

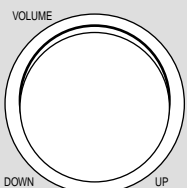


**4** **Select the DSP sound mode.**



**5** **Start play of the source.**

**6** **Adjust the volume.**



### STEREO mode



Use this mode to play digital or analog stereo sources or to play surround sources through two speakers. When surround sources are played in this mode, the sounds intended for the other speaker channels are played through the front speakers.

### SURROUND mode

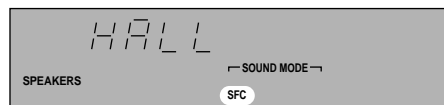


Select this mode when you are playing a digital surround source (Dolby Digital or DTS).

Also select this mode when playing analog or digital stereo sources. The Dolby Pro Logic II processor works not only on sources recorded with Dolby Surround, but also on any stereo source. The following modes are available when using Dolby Pro Logic II.

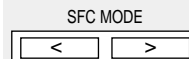


### SFC modes



Enjoy an enhanced sound experience with greater presence and spread by using these SFC (sound field control) modes with PCM or analog stereo sources.

The SFC modes cannot be used if the input signal is Dolby Digital or DTS. Choose from the following modes.



#### When you finish listening

Be sure to reduce the volume and press [POWER, ⏻] to switch the unit to standby.

#### For your reference

In rare cases, the unit may have trouble recognizing the digital signals on discs.

- With the PCM signals on CDs, this may cause the beginning of a track to be cut off. Engage the PCM FIX mode if this occurs.
- With DTS, the signals may not be recognized at all. Engage the DTS FIX mode if this occurs.

While the input source is selected and digital input is engaged:

#### Press and hold [DIGITAL INPUT].

The current mode is displayed. Press again to change the mode.

Each time you press the button:

AUTO → PCM FIX → DTS FIX

When a FIX mode is on, the unit cannot process other signals. This may cause noise to be output. Select "AUTO" if this occurs.

The selected mode is stored for each input source even if the unit is turned off.

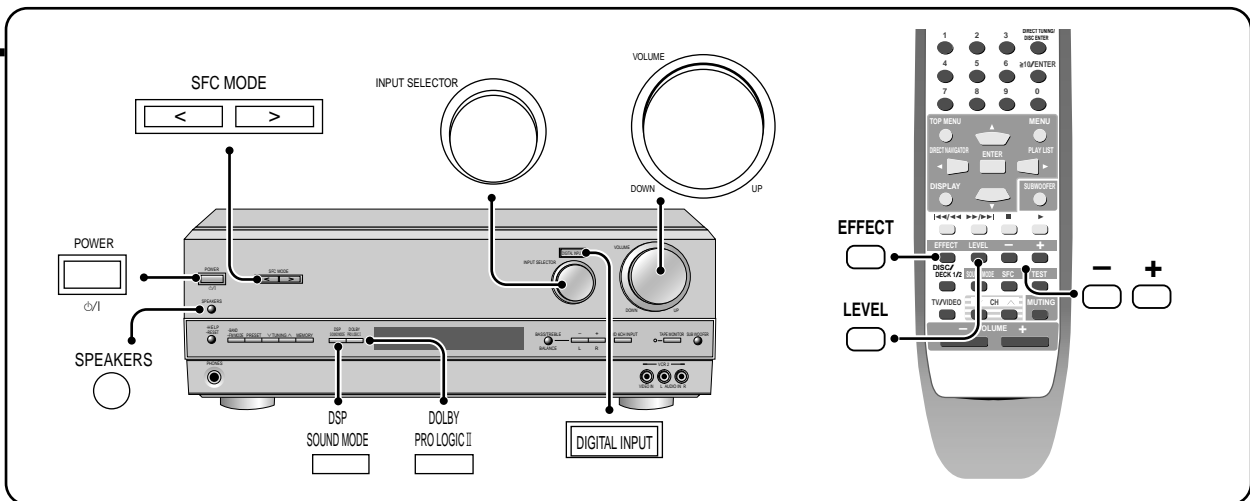
#### Notes on using the Digital Signal Processor

The digital signal processor in this unit can decode the following signals:

- Dolby Digital
- DTS
- PCM

It cannot decode:

- Other digital signals, such as MPEG
- PCM with sampling frequencies of 88.2 kHz, 96 kHz, 176.4 kHz or 192 kHz
- Dolby Digital RF signals from a laser disc player



### MOVIE

Use this mode when playing movie software, especially videotapes, recorded in Dolby Surround.

### MUSIC

Adds surround effects to stereo sources.

### PANORAMA

Sound is spread more so you feel like you are surrounded by music.

You can adjust the effect of MUSIC and PANORAMA with the center width and dimension controls.

#### Center Width Control – C-WIDTH

This adjustment helps you realize a more natural sound image when listening to music. Move sound out into the front speakers to improve the overall front image, or add sound to the center speaker to fix the center image.

You can choose a level between 0 (the center speaker is dominant) and 7 (center sound is spread out).

The default level is 0.

- ① Press [EFFECT] to select “C-WIDTH”.
- ② Press [-] or [+] to adjust the effect.

#### Dimension Control – DIMEN

You can make up for differences in the output level of the front and surround speakers.

You can choose a level between 0 and 6 – Increase the level to move sound to the front speakers, decrease to move it to the surround speakers.

The default is level 3.

- ① Press [EFFECT] to select “DIMEN”.
- ② Press [-] or [+] to adjust the effect.

### HALL

Imparts the reflection and spread of a large concert hall.

### CLUB

Conveys the exciting and intimate atmosphere of a jazz club.

### LIVE

Brings you up close for “live” stage performance and smoother vocals.

### THEATER

Recreates natural sound ambience and direction.

### SIM SURR (Simulated Surround)

Heightens the sensation of expanded space with stereo sources, and augments monaural sources.

### PARTY

This mode uses the front and surround speakers so that sound is in stereo regardless of the direction you are facing.

You can adjust the sound field by adjusting the level of the speakers and the delay time of the surround speakers. These adjustments can be made for each SFC mode.

#### To adjust the speaker level

- ① Press [LEVEL] to select the speaker channel.

Each time you press the button:

C → SR → SL → SW

Speakers set as “NONE” or “NO” are skipped.

- ② Press [-] or [+] to adjust the level.

C, SR, and SL: -10 dB to +10 dB

SW: --- (off) ↔ MIN ↔ 1 – 19 ↔ MAX

#### To adjust the delay time

- ① Press [EFFECT].
- ② Press [-] or [+] to change the delay time.

Delay time can be set at 10-millisecond (ms) intervals between 10 and 100 ms.

The factory setting is 50 ms for each mode.

# Control guide

## [MEMORY]

For presetting radio stations.

## [SFC MODE, <, >]

For selecting the SFC modes.

## [-BAND, -FM MODE]

For switching between AM and FM.

If reception is poor in FM, press and hold until "MONO" appears to switch to monaural mode.

## [POWER, $\odot/\text{I}$ ]

Press to switch the unit from on to standby mode or vice versa.

In standby mode, the unit is still consuming a small amount of power.

## [SPEAKERS]

Turning the speakers off automatically engages the STEREO mode (when listening through headphones, for example).

## [-HELP, -RESET]

Press if an error message appears. A message offering a possible solution scrolls across the display.

To reinitiate the unit's settings, press and hold until "RESET" appears.

## [PRESET]

Press to allow preset station selection with [TUNING,  $\nabla$ ,  $\wedge$ ].

## [PHONES]

Headphone jack

Plug type: 6.3 mm (1/4") stereo

Avoid listening for prolonged periods of time to prevent hearing damage.

Turn the speakers off when using the headphones.

## [TUNING, $\nabla$ , $\wedge$ ]

For tuning the radio and selecting preset stations.

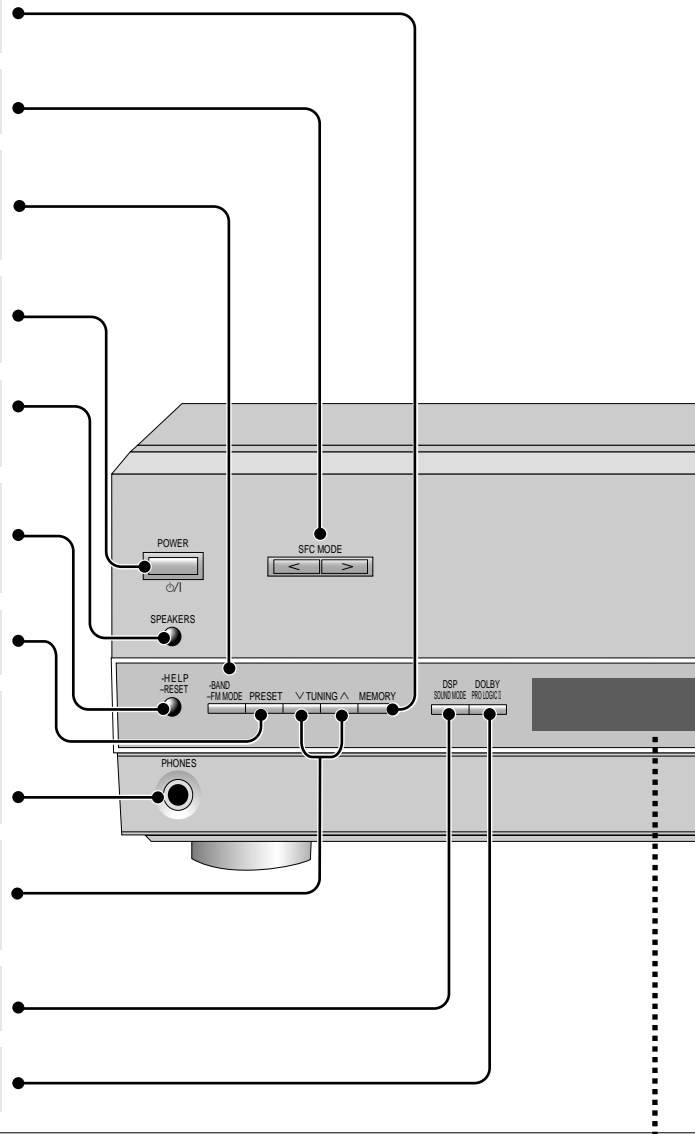
Press and hold until the frequency starts scrolling to start automatic tuning. Tuning stops when a station is found.

## [DSP SOUND MODE]

For selecting "STEREO", "SURROUND" or "SFC".

## [DOLBY PRO LOGIC II]

Use when "PRO LOGIC II" lights in the SURROUND mode.



## The display

### [kHz, MHz]

Frequency unit indicators.

kHz: AM, MHz: FM

### General display

Shows the input mode, radio frequency, and other general information.

### [SPEAKERS]

Speaker indicator.

Lights when the speakers are on.

### [TUNED, MONO, STEREO, M]

Radio indicators.

TUNED: A station is tuned.

MONO: You have switched to monaural mode with [-BAND, -FM MODE] to improve reception.

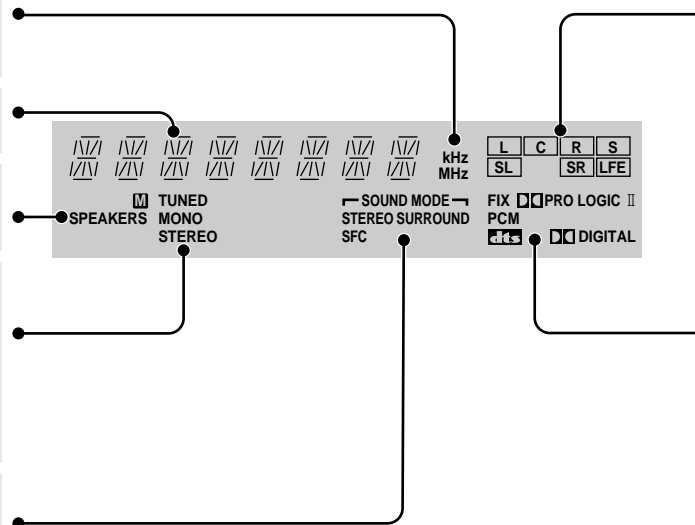
STEREO: A stereo FM broadcast is tuned.

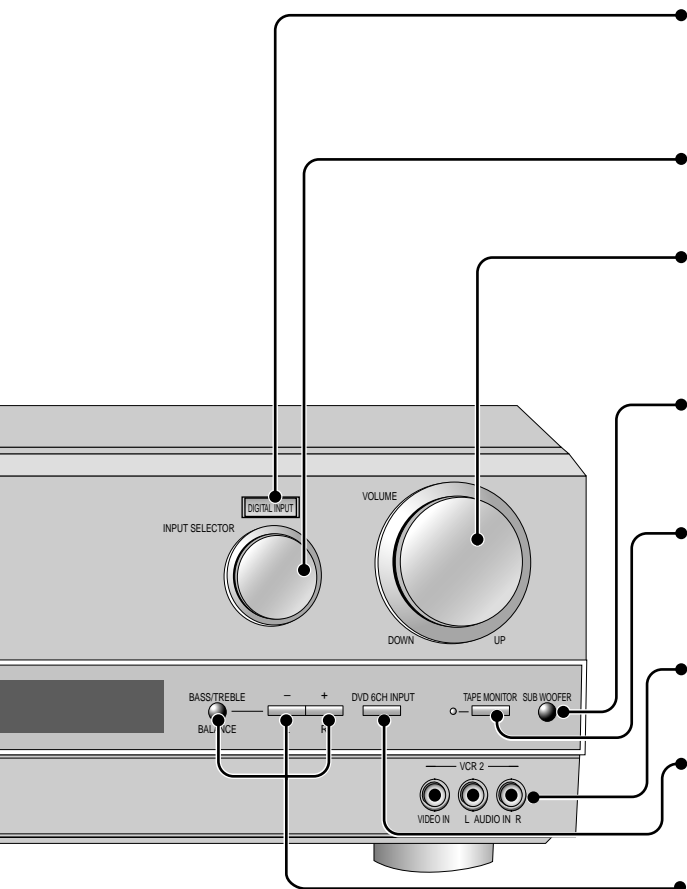
M: Flashes during presetting.

### [SOUND MODE, STEREO, SURROUND, SFC]

DSP sound mode indicators.

Show the current DSP sound mode.





### [DIGITAL INPUT]

For switching between analog and digital input when you have selected CD, DVD or TV. The button lights when digital is selected.

### [INPUT SELECTOR]

For selecting input.

### [VOLUME]

Volume control

### [SUBWOOFER]

Adjust the level in 5 steps.  
SW MIN, SW 5, SW 10, SW 15, and SW MAX.  
Select SW --- to stop output.

### [TAPE MONITOR]

For monitoring sound when recording to a 3-head cassette deck.  
Also used when you have connected a graphic equalizer to the TAPE terminals.

### [VCR 2]

For a Video camera, etc.

### [DVD 6CH INPUT]

For switching DVD 6-channel input mode on or off.

### [BASS/TREBLE, BALANCE, -, +, L, R]

For adjusting the tone and balance.  
First select BASS, TREBLE, or BALANCE, then press [-, L] or [+ , R] to adjust.

### [L, C, R, S, SL, SR, LFE]

Program format indicators.  
Show the channels contained in the digital input signal. They do not light when input is analog.  
L: Front channel (left)  
C: Center channel  
R: Front channel (right)  
S: If the surround channel is monaural.  
SL: Surround channel (left)  
SR: Surround channel (right)  
LFE (Low Frequency Effects): Deep-bass effects.

### [FIX, ■■■PRO LOGIC II, PCM, dts, ■■■DIGITAL]

Signal format indicators.  
Light depending on the source you are playing.  
■■■DIGITAL: Dolby Digital sources  
dts: DTS sources  
■■■PRO LOGIC II: The Dolby Pro Logic II circuit is being used  
FIX: PCM FIX or DTS FIX mode  
PCM: PCM FIX mode

### For your reference

- **When playing videotapes (VCR 1)**  
The picture remains on the screen even if you select TAPE, CD, or TUNER.
- **Once you have set a mode (DSP, digital/analog input, or 2-channel/6-channel input) for an input source**  
That mode is engaged whenever you reselect the input source.
- **When DVD 6CH input is on**  
Speaker settings are ineffective. Change the settings on the DVD player if necessary.
- **When input is DIGITAL**  
The tape monitor cannot be used.
- **When using a graphic equalizer**  
Some distortion may occur, depending on the equalizer's settings.
- **To adjust the tone**  
The STEREO DSP mode must be on and input must be either analog or PCM signals. You cannot adjust the tone while the DSP is defeated or if DVD 6CH INPUT is selected.
- **When using the subwoofer**  
You cannot adjust subwoofer level while the DSP is defeated or if DVD 6CH INPUT is selected.  
Sound can be distorted if you raise the volume while subwoofer level is high. Reduce subwoofer level if this occurs.
- **Improving reception**  
**DSP DEFEAT**  
Press and hold [DSP SOUND MODE] until "DEFEAT" appears.  
Press and hold [DSP SOUND MODE] again to turn the DSP on.

#### Note

While the DSP is defeated, you cannot:

- Select DSP sound modes,
- Adjust the tone,
- Output a test signal,
- Adjust individual speaker output, or
- Use digital input.

# Control guide

Buttons not explained on this page are used only to operate other equipment. Refer to the separate Remote Control Operation Guide for details.

**[⏻]**  
Standby/on button.

**[1, 2, 3, 4, 5, 6, 7, 8, 9, 0]**  
To enter radio frequencies and channels.

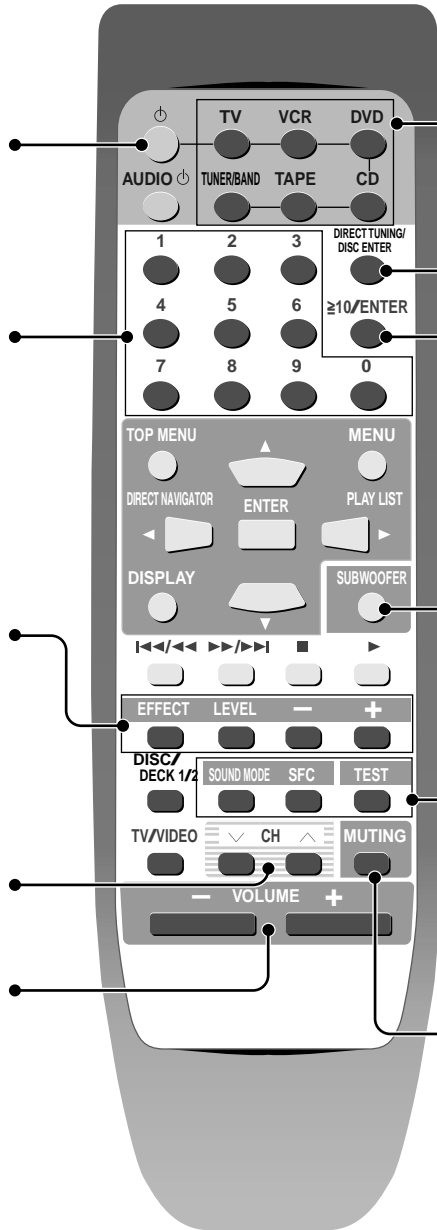
**[EFFECT]**  
Use when adjusting Dolby Pro Logic II, or SFC effects.

**[LEVEL]**  
Use when adjusting speaker level.

**[-, +]**  
First select EFFECT or LEVEL, then press [-] or [+] to adjust.

**[CH, ∇, ▲]**  
For selecting preset radio channels.

**[VOLUME, -, +]**  
To adjust the volume.



**[TV, VCR, DVD, TUNER/BAND, TAPE, CD]**  
Input mode and remote control mode buttons.

**[DIRECT TUNING/DISC ENTER]**  
To enable selection of radio stations by frequency.

**[≥10/ENTER]**  
To enter two digit channels.

**[SUBWOOFER]**  
For selecting subwoofer level. Adjust the level in 5 steps: SW MIN, SW 5, SW 10, SW 15, and SW MAX. Select SW --- to stop output.

**[SOUND MODE]**  
For selecting "STEREO", "SURROUND" or "SFC".

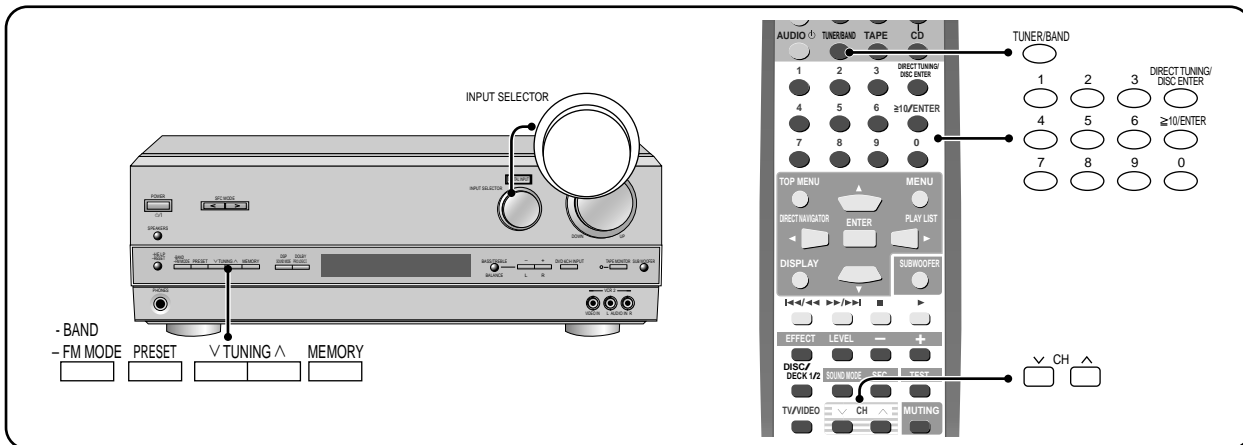
**[SFC]**  
For selecting SFC modes.

**[TEST]**  
To start the speaker test signal.

**[MUTING]**  
To mute the volume.

**For your reference**  
**When muting is on**  
Muting is also canceled when the unit is turned off.

# The radio



## Manual tuning

You can tune radio stations manually by selecting the station's frequency.

- ① Turn [INPUT SELECTOR] to select "TUNER".
- ② Press [-BAND, -FM MODE] to select "FM" or "AM".
- ③ Press [TUNING ∨ or ∧] to select the frequency.

Tuning intervals: FM – 0.2 MHz  
AM – 10 kHz

## Direct tuning

- ① Press [TUNER/BAND] to select "FM" or "AM".
- ② Press [DIRECT TUNING/DISC ENTER].
- ③ Press the numbered buttons to enter the frequency.

e.g. To select 107.9 MHz, press [1] → [0] → [7] → [9]

Tuning intervals: FM – 0.1 MHz  
AM – 10 kHz

- If you do not press a button while the cursor is flashing, the display returns to the frequency being received.
- If the frequency has not been input correctly, "ERROR" will be displayed.

## Automatic presetting

- ① Tune to "FM 87.9 MHz".
- ② Press and hold [MEMORY].  
The FM stations the unit can receive are preset in channels 1 to 30.
- ③ Tune to "AM 530 kHz".
- ④ Press and hold [MEMORY].  
The AM stations the unit can receive are preset in channels 21 to 30. (FM stations are replaced if any were preset in these channels.)

During automatic presetting, the memory indicator (M) flashes and the frequency scrolls. The memory indicator and channel numbers are displayed for a second when a station is preset. The last station to be preset is displayed when presetting finishes.

## Manual presetting

Preset the stations one at a time.

- ① Tune to the station.
- ② Press [MEMORY].
- ③ Press [TUNING ∨ or ∧] to select a channel.
- ④ Press [MEMORY].

## Selecting channels

- ① Press [PRESET].  
The channel number flashes for about 5 seconds.
- ② Press [TUNING ∨ or ∧].  
Hold down the buttons to change channels faster.

### On the remote control

Press [CH ∨ or ∧].

or

Press the numbered buttons.

For channels 1 to 9, press the corresponding number.

For channels 10 or over, press [≥10/ENTER], then the two digits.

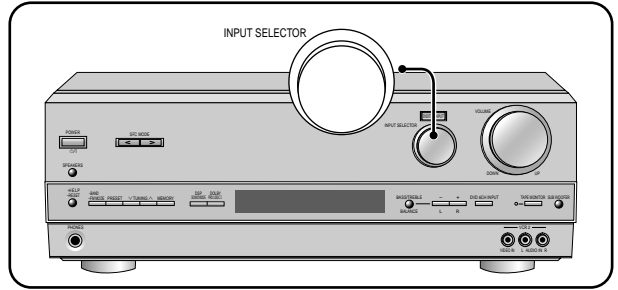
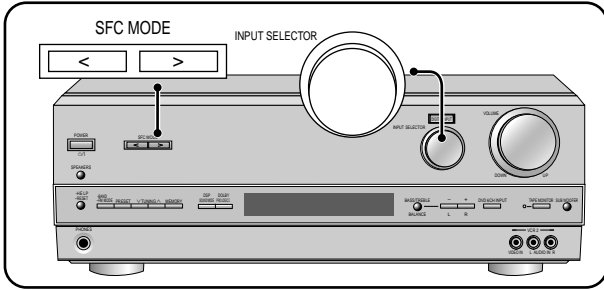
e.g. To select channel 21: [≥10/ENTER] → [2] → [1]

### For your reference

Even if the power supply cord is disconnected from the household AC outlet, the stations remain in memory for approximately one month.

## Other settings

## Making a recording



### DR COMP – Dynamic range compression

Change this setting to listen to content recorded with Dolby Digital at low volume (such as late at night) and maintain audio clarity. It reduces the peak level in loud scenes without affecting the sound field.

**OFF:** The software is played with the original dynamic range (factory setting).

**STANDARD:** The level recommended by the producer of the software for household viewing.

**MAX:** The maximum allowable compression (recommended for night viewing).

- ① Press [SFC MODE < and >] at the same time to enter the setting mode.
- ② Press [SFC MODE <] to select “DR COMP”.
- ③ Turn [INPUT SELECTOR] to select “OFF”, “STANDARD” or “MAX”.
- ④ Press [SFC MODE < and >] at the same time to exit the setting mode.

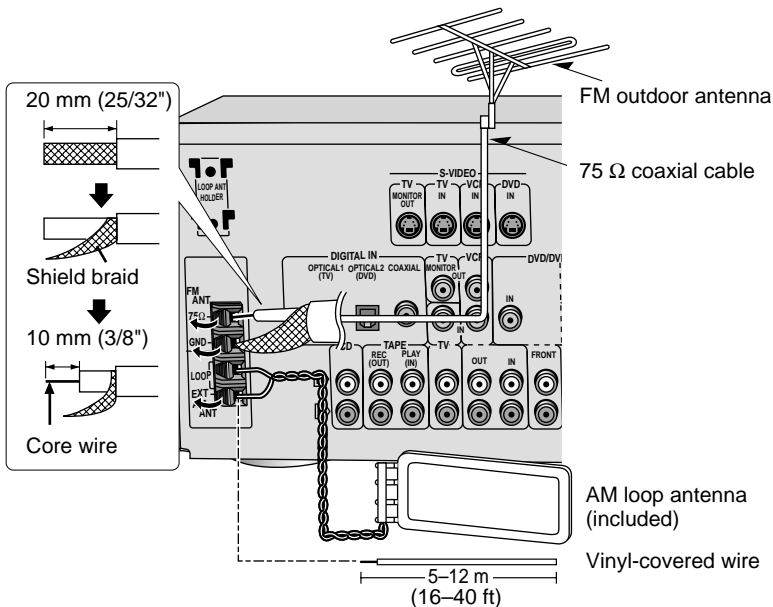
### DIMMER

The factory setting is OFF (normal brightness).

Dim the unit's display for better viewing in a darkened room

- ① Press [SFC MODE < and >] at the same time to enter the setting mode.
- ② Press [SFC MODE <] to select “DIMMER”.
- ③ Turn [INPUT SELECTOR] to select “OFF” or “ON”.
- ④ Press [SFC MODE < and >] at the same time to exit the setting mode.

## Using outdoor antennas



### FM outdoor antenna

- Disconnect the FM indoor antenna.
- The antenna should be installed by a competent technician.
- Twist the coaxial cable's shield braid firmly and connect it to the GND terminal.

### AM outdoor antenna

- Run a piece of vinyl wire horizontally across a window or other convenient location.
- Leave the loop antenna connected.
- Disconnect the antenna when the unit is not in use. Do not use the antenna during an electrical storm.

### Recording on a tape deck or VCR

You can record to a tape deck connected to TAPE REC (OUT) or to a VCR connected to VCR 1 OUT.

See the recording unit's operating instructions for details on how to prepare it for recording.

When recording with a tape deck, you can record any source except TAPE.

When recording with a VCR (connected VCR 1), you can record any source except TAPE or VCR 1.

- ① Turn [INPUT SELECTOR] to select the source to be recorded.
- ② Begin recording.  
Follow your recording unit's operating instructions.
- ③ Start the source to be recorded.  
Follow your equipment's operating instructions.

### Note

- You cannot record a source connected through a digital terminal. When recording CD, DVD, or TV, ensure the source is connected through the corresponding analog terminals and “ANALOG” input is selected.
- When you select DVD 6CH INPUT mode, only sound from the front left and right channels is recorded.



## If the surfaces are dirty

To clean this unit, wipe with a soft, dry cloth.

- Never use alcohol, paint thinner or benzine to clean this unit.
- Before using chemically treated cloth, read the instructions that came with the cloth carefully.

# Product Service

- 1. Damage requiring service** — The unit should be serviced by qualified service personnel if:
  - (a) The AC power supply cord or the plug has been damaged; or
  - (b) Objects or liquids have gotten into the unit; or
  - (c) The unit has been exposed to rain; or
  - (d) The unit does not operate normally or exhibits a marked change in performance; or
  - (e) The unit has been dropped or the cabinet damaged.
- 2. Servicing** — Do not attempt to service the unit beyond that described in these operating instructions. Refer all other servicing to authorized servicing personnel.
- 3. Replacement parts** — When parts need replacing ensure the servicer uses parts specified by the manufacturer or parts that have the same characteristics as the original parts. Unauthorized substitutes may result in fire, electric shock, or other hazards.
- 4. Safety check** — After repairs or service, ask the servicer to perform safety checks to confirm that the unit is in proper working condition.

## Product information

For product information or assistance with product operation:

In the U.S.A., contact the Panasonic Customer Call Center at 1-800-211-7262, or e-mail [consumerproducts@panasonic.com](mailto:consumerproducts@panasonic.com), or web site (<http://www.panasonic.com>).

In Canada, contact Panasonic Canada Inc. Customer Care Centre at 905-624-5505, or web site ([www.panasonic.ca](http://www.panasonic.ca)), or an authorized Servicentre closest to you.

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Manufactured under license from Digital Theater Systems, Inc. US Pat. No. 5,451,942, 5,956,674, 5,974,380, 5,978,762 and other world-wide patents issued and pending. "DTS" and "DTS Digital Surround" are registered trademarks of Digital Theater Systems, Inc. © 1996, 2000 Digital Theater Systems, Inc. All rights reserved.

## ■ AMPLIFIER SECTION

Rated minimum sine wave RMS power output	
40 Hz–20 kHz both channels driven	
0.9 % total harmonic distortion	100 W per channel (6 Ω)
1 kHz continuous power output both channels driven	
0.05 % total harmonic distortion	105 W per channel (6 Ω)
Total harmonic distortion	
rated power at 40 Hz–20 kHz	0.9 % (6 Ω)
half power at 1 kHz	0.07 % (6 Ω)
Power output at 1 kHz each channel driven	
0.9 % total harmonic distortion	
Front	2 x 100 W (6 Ω)
Center	100 W (6 Ω)
Surround	2 x 100 W (6 Ω)
Low frequency damping factor	30 (6 Ω)
Load impedance	
Front	6–8 Ω
Center	6–8 Ω
Surround	6–8 Ω
Dynamic headroom	2 dB (6 Ω)
Frequency response	
CD, TAPE, DVD, TV, VCR 1, VCR 2	10 Hz–70 kHz, ±3 dB
Input sensitivity	
CD, TAPE, DVD, TV, VCR 1, VCR 2	27 mV (200 mV, IHF '66)
S/N (IHF A)	
CD, TAPE, DVD, TV, VCR 1, VCR 2	75 dB (85 dB, IHF '66)
Input impedance	
CD, TAPE, DVD, TV, VCR 1, VCR 2	22 kΩ
Tone controls	
BASS	50 Hz, +10 to –10 dB
TREBLE	20 kHz, +10 to –10 dB
Subwoofer frequency response (–6 dB)	7–200 Hz

Digital input	
Optical	2
Coaxial	1

## ■ FM TUNER SECTION

Frequency range	87.9–107.9 MHz
Sensitivity	11.2 dBf (2 μV, IHF '58)
50 dB quieting sensitivity	
MONO	18.3 dBf (4.5 μV, IHF '58)
STEREO	38.3 dBf (45 μV, IHF '58)
Total harmonic distortion	
MONO	0.2 %
STEREO	0.3 %
S/N	
MONO	73 dB
STEREO	67 dB
Frequency response	20 Hz–15 kHz, +1 dB, –2 dB
Alternate channel selectivity	65 dB
Capture ratio	1.5 dB
Image rejection at 98 MHz	40 dB
Spurious response rejection at 98 MHz	75 dB
AM suppression	50 dB
Stereo separation	
1 kHz	40 dB
10 kHz	30 dB
Antenna terminal	75 Ω (unbalanced)

## ■ AM TUNER SECTION

Frequency range	530–1710 kHz
Sensitivity	20 μV, 330 μV/m
Selectivity	55 dB
IF rejection at 1000 kHz	50 dB

## ■ VIDEO SECTION

Output voltage at 1 V input (unbalanced)	1±0.1 Vp-p
Maximum input voltage	1.5 Vp-p
Input/output impedance	75 Ω

## ■ GENERAL

Power supply	AC 120 V, 60 Hz
Power consumption	410 VA, 320 W
Dimensions (W x H x D)	430 x 158 x 367 mm (16-15/16" x 6-7/32" x 14-15/32")
Mass	9.1 kg (20.1 lb.)

Power consumption in standby mode: **1 W**

## Notes:

1. Specifications are subject to change without notice. Mass and dimensions are approximate.
2. Total harmonic distortion is measured by the digital spectrum analyzer.

# Troubleshooting guide

Before requesting service, make the below checks. If you are in doubt about some of the check points, or if the remedies indicated in the chart do not solve the problem:

In the U.S.A., contact the Panasonic Customer Call Center at 1-800-211-7262, or e-mail [consumerproducts@panasonic.com](mailto:consumerproducts@panasonic.com), or web site (<http://www.panasonic.com>).

In Canada, contact Panasonic Canada Inc. Customer Care Centre at 905-624-5505, or web site ([www.panasonic.ca](http://www.panasonic.ca)), or an authorized Servicentre closest to you.

Common problems		Pages	
No power.	▶	• Ensure the power cord is connected.	7
		<ul style="list-style-type: none"> <li>• Turn the volume up.</li> <li>• Check connections to speakers and other equipment.</li> <li>• Turn on the speakers.</li> <li>• Turn off the tape monitor.</li> <li>• Select the correct source.</li> <li>• Change the D-INPUT setting to suit the type of connection you have made.</li> <li>• Check that the digital signals can be decoded by this unit.</li> <li>• Turn PCM FIX or DTS FIX off.</li> </ul>	10 4-7 10 13 10 9 10 10
No sound.	▶		
Cannot select "DIGITAL" input.	▶	• Cancel "DSP DEFEAT".	13
Sound stops. "OVERLOAD" appears on the display.	▶	• Switch off the unit, determine and correct the cause, then switch the unit on. Causes include:	
		–Shorting (bare wires touching) of positive and negative speaker wires.	5
		–Using speakers with an impedance lower than that rated for this unit.	4-5
"F 70" appears on the display.	▶	–Straining of the speakers through excessive volume or power.	–
		–Using the unit in a hot environment without proper ventilation.	–
		• Turn the unit off, disconnect the AC power supply cord, and consult your dealer.	–

DSP sound modes		Pages	
Sound is not heard from the center, surround, or subwoofer speakers.	▶	• Ensure the SIZE settings for your speakers are correct.	8
		• Check the DSP sound mode.	10
		• Cancel "DSP DEFEAT".	13
DSP sound modes cannot be selected.	▶	• Cancel "DSP DEFEAT".	13
		• Turn DVD 6CH INPUT off.	13

Radio		Pages	
The radio cannot be tuned in or there is a lot of noise and interference.	▶	• Connect the appropriate antenna. (You may need an outdoor antenna or one with more elements.)	7, 16
		• Adjust the position of the FM or AM antenna.	7
		• Reduce the treble.	13
		• Select "DSP DEFEAT".	13
		• Turn off nearby televisions video players, DVD players, and satellite receivers.	–
		• Separate the antenna from other cables, leads, and appliances.	–
		• Turn the DVD player off or move it further away from the antennas if this occurs.	–

# Warranty (U.S.A.)

Panasonic Consumer Electronics Company,  
Division of Matsushita Electric Corporation of America  
One Panasonic Way Secaucus, New Jersey 07094

Panasonic Sales Company, Division of Matsushita Electric  
of Puerto Rico, Inc.  
Ave. 65 de Infantería, Km. 9.5  
San Gabriel Industrial Park, Carolina, Puerto Rico 00985

## Panasonic/Technics Audio Products Limited Warranty

### Limited Warranty Coverage

If your product does not work properly because of a defect in materials or workmanship, Panasonic Consumer Electronics Company or Panasonic Sales Company (collectively referred to as "the warrantor") will, for the length of the period indicated on the chart below, which starts with the date of original purchase ("warranty period"), at its option either (a) repair your product with new or refurbished parts, or (b) replace it with a new or a refurbished product. The decision to repair or replace will be made by the warrantor.

Product or Part Name	Parts	Labor
Audio Products (except items listed below)	One (1) year	One (1) year
All Audio Racks (cabinets)	Thirty (30) days	Not Applicable
Technics Stand Alone Speakers, Subwoofer Speakers	Three (3) years	Three (3) years
USB Reader-Writer, Personal Computer Card Adapters (in exchange for defective item)	One (1) year	Not Applicable
Accessories: Headphones, Cartridges, Microphones, Adapters	Ninety (90) days	Ninety (90) days
Rechargeable Batteries (in exchange for defective item)	Ten (10) days	Not Applicable
SD Memory Cards, Rechargeable Battery Packs (in exchange for defective item)	Ninety (90) days	Not Applicable

During the "Labor" warranty period there will be no charge for labor. During the "Parts" warranty period, there will be no charge for parts. You must carry-in or mail-in your product during the warranty period. If non-rechargeable batteries are included, they are not warranted. This warranty only applies to products purchased and serviced in the United States or Puerto Rico. This warranty is extended only to the original purchaser of a new product which was not sold "as is". A purchase receipt or other proof of the original purchase date is required for warranty service.

### Carry-In or Mail-In Service

For Carry-In or Mail-In Service in the United States call 1-800-211-PANA (1-800-211-7262) or visit Panasonic web site: <http://www.panasonic.com>

For assistance in Puerto Rico call Panasonic Sales Company (787)-750-4300 or fax (787)-768-2910.

### Limited Warranty Limits And Exclusions

This warranty ONLY COVERS failures due to defects in materials or workmanship, and DOES NOT COVER normal wear and tear or cosmetic damage. The warranty ALSO DOES NOT COVER damages which occurred in shipment, or failures which are caused by products not supplied by the warrantor, or failures which result from accidents, misuse, abuse, neglect, mishandling, misapplication, alteration, faulty installation, set-up adjustments, misadjustment of consumer controls, improper maintenance, power line surge, lightning damage, modification, or commercial use (such as in a hotel, office, restaurant, or other business), rental use of the product, service by anyone other than a Factory Servicenter or other Authorized Servicer, or damage that is attributable to acts of God.

**THERE ARE NO EXPRESS WARRANTIES EXCEPT AS LISTED UNDER "LIMITED WARRANTY COVERAGE". THE WARRANTOR IS NOT LIABLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM THE USE OF THIS PRODUCT, OR ARISING OUT OF ANY BREACH OF THIS WARRANTY.** (As examples, this excludes damages for lost time, travel to and from the servicer, loss of media or images, data or other memory content. The items listed are not exclusive, but are for illustration only.) **ALL EXPRESS AND IMPLIED WARRANTIES, INCLUDING THE WARRANTY OF MERCHANTABILITY, ARE LIMITED TO THE PERIOD OF THE LIMITED WARRANTY.**

Some states do not allow the exclusion or limitation of incidental or consequential damages, or limitations on how long an implied warranty lasts, so the exclusions may not apply to you.

This warranty gives you specific legal rights and you may also have other rights which vary from state to state. If a problem with this product develops during or after the warranty period, you may contact your dealer or Servicenter. If the problem is not handled to your satisfaction, then write to the warrantor's Consumer Affairs Department at the addresses listed for the warrantor.

**PARTS AND SERVICE WHICH ARE NOT COVERED BY THIS LIMITED WARRANTY ARE YOUR RESPONSIBILITY.**

## Customer Services Directory (U.S.A.)

**For Product Information, Operating Assistance, Literature Request, Dealer Locations, and all Customer Service inquiries please contact:**

**1-800-211-PANA (7262), Monday-Friday 9 am-9 pm; Saturday-Sunday 9 am-7 pm, EST.**

**or send e-mail:**

**[consumerproducts@panasonic.com](mailto:consumerproducts@panasonic.com)**

**For hearing or speech impaired TTY users, TTY: 1-877-833-8855**

**Web Site: <http://www.panasonic.com>  
You can purchase parts, accessories or locate your nearest servicenter by visiting our Web Site.**

### Accessory Purchases:

1-800-332-5368 (Customer Orders Only)

For hearing or speech impaired TTY users, TTY: 1-866-605-1277

Panasonic Services Company 20421 84th Avenue South, Kent, WA 98032

(6 am to 5 pm Monday-Friday; 6 am to 10:30 am Saturday; PST)

(Visa, MasterCard, Discover Card, American Express, Check)

### Service in Puerto Rico

**Matsushita Electric of Puerto Rico, Inc. Panasonic Sales Company/Factory Servicenter:  
Ave. 65 de Infantería, Km. 9.5, San Gabriel Industrial Park, Carolina, Puerto Rico 00985  
Phone (787) 750-4300 Fax (787) 768-2910**

# Listening caution



Selecting fine audio equipment such as the unit you've just purchased is only the start of your musical enjoyment. Now it's time to consider how you can maximize the fun and excitement your equipment offers. This manufacturer and the Electronic Industries Association's Consumer Electronics Group want you to get the most out of your equipment by playing it at a safe level. One that lets the sound come through loud and clear without annoying blaring or distortion—and, most importantly, without affecting your sensitive hearing.

We recommend that you avoid prolonged exposure to excessive noise.

Sound can be deceiving. Over time your hearing "comfort level" adapts to higher volumes of sound. So what sounds "normal" can actually be loud and harmful to your hearing.

Guard against this by setting your equipment at a safe level BEFORE your hearing adapts.

To establish a safe level:

- Start your volume control at a low setting.
- Slowly increase the sound until you can hear it comfortably and clearly, and without distortion.

Once you have established a comfortable sound level:

- Set the dial and leave it there.

Taking a minute to do this now will help to prevent hearing damage or loss in the future. After all, we want you listening for a lifetime.

User memo:

DATE OF PURCHASE \_\_\_\_\_  
DEALER NAME \_\_\_\_\_  
DEALER ADDRESS \_\_\_\_\_  
TELEPHONE NUMBER \_\_\_\_\_

The model number and serial number of this product can be found on either the back or the bottom of the unit. Please note them in the space provided below and keep for future reference.

MODEL NUMBER \_\_\_\_\_ SA-HE75 \_\_\_\_\_

SERIAL NUMBER \_\_\_\_\_

THE FOLLOWING APPLIES ONLY IN THE U.S.A.

## CAUTION:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Any unauthorized changes or modifications to this equipment would void the user's authority to operate this device.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

## CAUTION!

**DO NOT INSTALL OR PLACE THIS UNIT IN A BOOKCASE, BUILT-IN CABINET OR IN ANOTHER CONFINED SPACE. ENSURE THE UNIT IS WELL VENTILATED. TO PREVENT RISK OF ELECTRIC SHOCK OR FIRE HAZARD DUE TO OVERHEATING, ENSURE THAT CURTAINS AND ANY OTHER MATERIALS DO NOT OBSTRUCT THE VENTILATION VENTS.**

### For U.S.A.



As an ENERGY STAR® Partner, Panasonic has determined that this product meets the ENERGY STAR® guidelines for energy efficiency.

**Panasonic Consumer Electronics Company, Division of Matsushita Electric Corporation of America**  
One Panasonic Way Secaucus,  
New Jersey 07094  
<http://www.panasonic.com>

**Panasonic Sales Company, Division of Matsushita Electric of Puerto Rico, Inc. ("PSC")**  
Ave. 65 de Infantería, Km. 9.5  
San Gabriel Industrial Park, Carolina,  
Puerto Rico 00985

**Panasonic Canada Inc.**  
5770 Ambler Drive  
Mississauga, Ontario  
L4W 2T3  
[www.panasonic.ca](http://www.panasonic.ca)



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